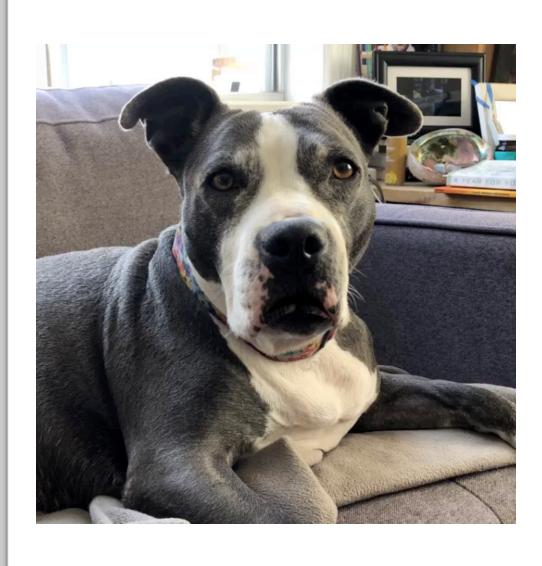


#### Learn with Lucky

LUCKY teaches us about FORGIVENESS and SELF ACCEPTANCE

PITTY PAWFESSORS

# What does FORGIVENESS mean to you?



https://vimeo.com/404366509

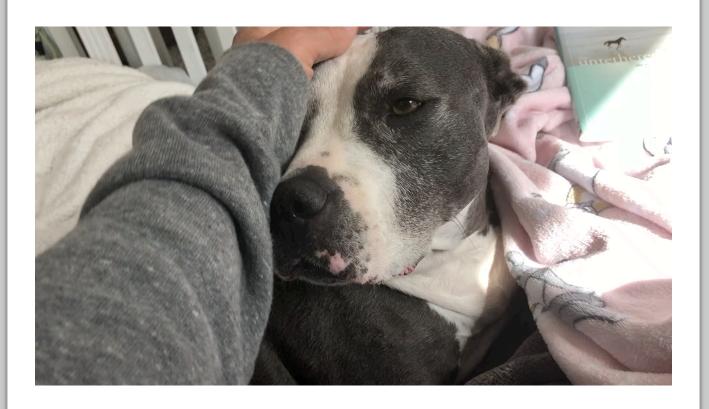
What does Lucky mean when she says, "you are so much more than the worst thing you've ever done"?





Share about a time that you made a bad choice or hurt someone.

How did you feel?
Did you apologize?
Did you forgive yourself?
Did you learn and grow?



### Storytime with Lucky

• https://vimeo.com/398119537



## Dear Diary,

Activity: Fill out a diary page (or pages) in the same format as Lucky's Diary. Write about a mistake or bad choice you have made Make up a silly "label" that you are NOT Make an inspirational name for yourself. Write what you can try to do next time.

Dear Diary,
I
But I am not a
I am
But I
Next time I will try to



Everyone makes mistakes, makes bad choices, has bad days and has fears. It is important to work through these things so we can forgive ourselves and move forward. By talking and writing about experiences, we can learn from them and we can accept and allow ourselves to be exactly who we are.

Activity: Fill out a diary page (or pages) in the same format as Lucky's Diary.

Example from Lucky's Diary:
Dear Diary,
I chewed my daddy's favorite shoe.
But I am not a "Slipper Ripper".
I am "Lovable Lucky" and I made a bad choice.
Next time I will try to chew my toy instead.



Dear Diary,

I (write about a	mistake or	bad choice	you have made)	
<u> </u>			-	

But I am not a (make up a silly "label" that you are NOT)

I am (make an inspirational name for yourself)

Next time I will try to (write what you can try to do next time)



#### Your Turn: How can you use Lucky's Lesson to:

- Help an animal?
- Help a person in your community?
- Help yourself?

### Download more activities

www.pittypawfessors.org