


Name: _____



Just like Belle, YOU are Enough. Tell one thing you like about yourself:

Here are a few things you can do to honor your true self.

-  Remember that you are enough
-  Be YOU
-  Stay true to yourself
-  Tell the truth
-  Accept yourself, accept others

pittypawfessors.org

Follow @[pittypawfessors](#) @[ipittythebull](#) on Facebook and Instagram

Ask questions, post photos of your pets, post your reflections

Hashtag #[pittypawfessors](#) #[ipittythebull](#)