

Lucky Dog Humane Education

Proud to Be Me – Roll & Tell Activity

Aligns to the following Common Core Standards for K-5

(ELA = English Language Arts)

! **ELA Speaking and Listening** - Standards 1, 4 & 6

Aligns to Social Emotional Learning Outcomes

! **Self Awareness:** Identifying emotions, thoughts and values

! **Self Management:** Self-discipline - Impulse control

! **Social Awareness:** Perspective-taking - Empathy - Respect for others - Diversity

! **Relationship Skills:** Communication - Relationship building

! **Responsible Decision-making:** Identifying problems - Analyzing situations - Solving Problems - Ethical responsibility - Reflecting

OBJECTIVE: To inspire children to feel proud of who they are and celebrate their uniqueness.

PREPARATION: Students will meet Cynthia and her PAWfessors and watch their video, they will learn about what it means to accept and be proud of their uniqueness. Students will see how BEAUTIFUL and LOVABLE Cynthia's dogs are, and learn how Cynthia helps her dogs feel happy, confident, and full of love for themselves and others. Meeting them will reinforce the fact that differences are BEAUTIFUL and encourage children to be proud of themselves and celebrate their uniqueness.

IMPLEMENTATION:

Group students into a circle (or multiple circles of 6-12 students). Give each group a dice and prompt poster. The prompts can be modified to fit unique needs of the group, the unit the class is learning about, or the age of the students.

Example Prompts:

1. What is one thing about yourself that you are proud of?
2. What is an activity or school subject that you feel confident doing?
3. What do you do when you wake up on Saturday mornings?
4. What do you do after dinner on school nights?
5. What makes you truly happy?
6. What is one word that describes you?
7. Tell about a time when someone took the time to be kind to you.
8. Describe your view when you look out of your window.
9. What are you scared of? (everyone has fears)
10. Who is your hero? Why?

Materials:

Dice and poster with prompts

Concepts: Celebrating uniqueness. Building confidence and self-love.

CONCLUSION: collect dice and posters after every student has had a chance to roll and tell at least once (better if the dice can move around the circle multiple times)

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Roll and Tell

Roll the die

Answer the prompt for the number you rolled.

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1. What is something about yourself that you are proud of?
2. What is something you do well?
3. What makes you truly happy?
4. What is one word that describes you?
5. Who is your hero? Why?
6. What are you scared of? (everybody has fears)