



PITTY PAWFESSORS

SELF
CARE

4

KIDS

BINGO

BUILD A
BLANKET
FORT

GIVE
YOURSELF
A HUG

FACETIME
WITH A
FRIEND OR
COUSIN

TAKE A
BUBBLE
BATH



BREATHE

ARRANGE
STUFFED
ANIMALS
INTO A
♥ SHAPE

PAINT
OR
DOODLE

DANCE TO
YOUR
FAVE SONG

NAME ONE
THING YOU
LOVE ABOUT
YOURSELF

@PITTYPAWFESSORS @MONTGOMERYTWIX
@HEARTANDCROWNREIKI