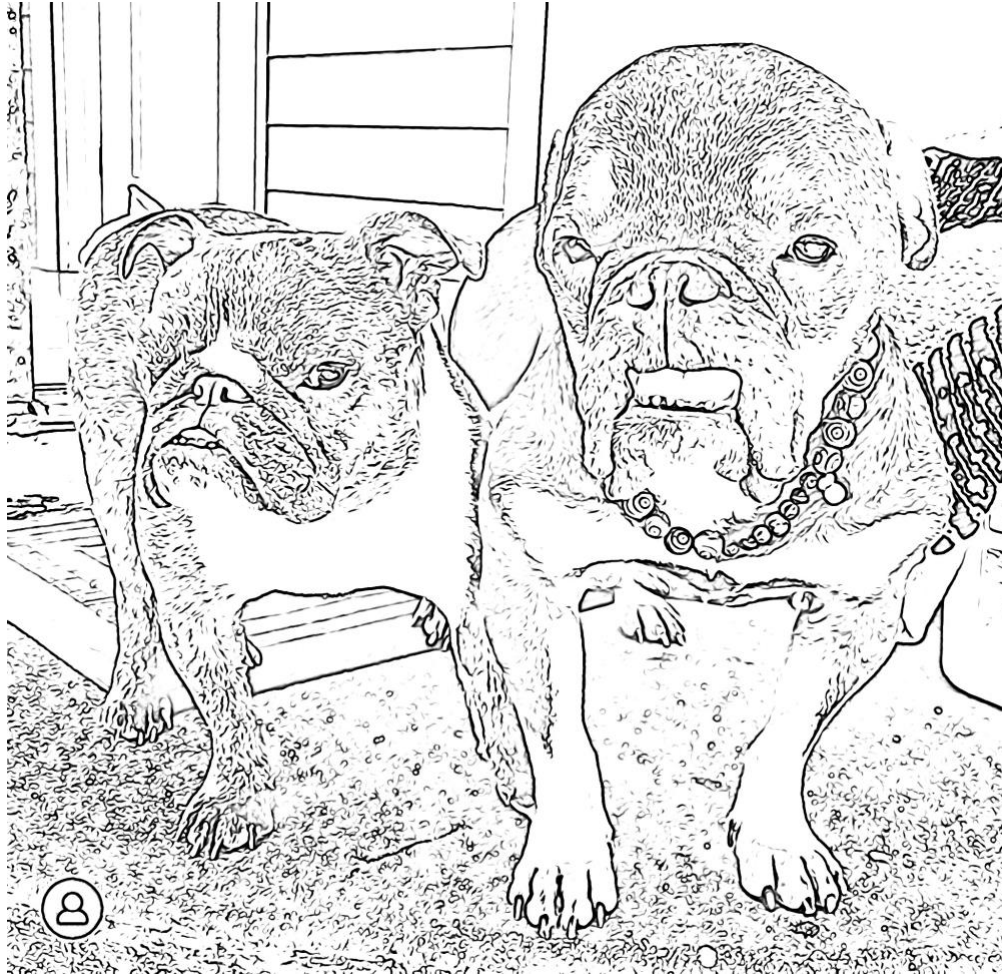




Name: _____



I can practice self-love and self-care by:


 Be accepting of all

 Be inclusive

 Be compassionate

 Practice Self-Love

 Practice Self-Care

 Teach your friends & family

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