

Vedder – Gratitude Paper Chain

Aligns to the following Common Core Standards for K-5

(ELA = English Language Arts)

! **ELA Speaking and Listening** - Standards 1, 4 & 6

! **ELA Writing** – Standards 3 & 8

Aligns to Social Emotional Learning Outcomes

! **Self Awareness:** Identifying emotions, thoughts and values

! **Self Management:** Self-discipline - Impulse control

! **Social Awareness:** Perspective-taking - Empathy - Respect for others - Diversity

! **Relationship Skills:** Communication - Relationship building

! **Responsible Decision-making:** Identifying problems - Analyzing situations - Solving Problems - Ethical responsibility - Reflecting

OBJECTIVE: To inspire children to feel Gratitude. Children will develop vocabulary and writing skills while they critically think of ways they can choose to live with gratitude.

PREPARATION: Students will meet Pawfessor Vedder, watch his video and participate in a group discussion. Prompt students to think of a challenge they have faced and to find a reason to be grateful during that challenge. (did someone help them? Did they learn an important lesson? Did they grow stronger from it?)

IMPLEMENTATION:

Give students a strip of construction paper and a marker. Ask them to write what or who they are grateful for during their challenge. Have each child and their loop to a class paper chain, symbolizing that we are stronger together.

Materials: Construction paper, markers, glue or stapler for loops

Concepts: Building Character, helping children think about reasons to be grateful.

CONCLUSION: Hang Paper chain in classroom under the word GRATEFUL.

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