FASTKIX TAEKWONDO & KICKBOXING 2023 CLASS SCHEDULE - MATAWAN

Effective January 2, 2023	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
COMPETITION CLASS	4:30 pm- 5:30 pm (Spotswood)	4:45 pm- 5:45 pm	4:30 pm 5:30 pm (Spotswood)	4:45 pm- 5:45 pm		
MINI-MASTERS (Ages 3 & 4)		5:45 pm- 6:15 pm		5:45 pm- 6:15 pm		MATAWAN CLOSED ALL SATURDAY CLASSES ARE HELD IN SPOTSWOOD
Childrens Taekwondo Green Belt & Above	5:30 pm- 6:15 pm	6:15 pm- 7:00 pm	5:30 pm- 6:15 pm	6:15 pm- 7:00 pm	ALL RANKS ALL AGES TAEKWONDO 6:15 pm- 7:00 pm	
Childrens Taekwondo New Students, White Belt - Senior Yellow Belts	6:15 pm- 7:00 pm		6:15 pm- 7:00 pm			
Teen & Adult Taekwondo		7:45 pm- 8:30 pm		7:45 pm- 8:30 pm	, 135 p	
Cardio Kickboxing	7:00 pm- 7:45 pm	7:00 pm- 7:45 pm	7:00 pm- 7:45 pm	7:00 pm- 7:45 pm	7:00 pm- 7:45 pm	



74 Freneau Avenue (Route 79), Matawan, NJ 07747
732-254-1214

www.fastkix.com info @fastkix.com

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