

# FASTKIX TAEKWONDO

## CLASS SCHEDULE - SPOTSWOOD

Effective November 7, 2022	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>COMPETITION TEAM</b>	<u>Level 1</u> 4:30 pm- 5:30 pm	<b>Matawan</b> 4:45 pm- 5:45 pm	<u>Level 1</u> 4:30 pm- 5:30 pm	<b>Matawan</b> 4:45 pm- 5:45 pm		<u>Level 1</u> 11:15 am- 1:15pm
	<u>Level 2</u> 3:30 pm- 5:30 pm		<u>Level 2</u> 3:30 pm- 5:30 pm			<u>Level 2</u> 1:15 pm- 3:15pm
<b>MINI MASTERS (ages 3 &amp; 4)</b>		5:00 pm- 5:30 pm		5:00 pm- 5:30 pm		10:00 am- 10:30 am
New Students, White Belt & Yellow Belt Children's Taekwondo	6:15 pm- 7:00 pm	5:30 pm- 6:15 pm	6:15 pm- 7:00 pm	6:15 pm- 7:00 pm	5:30 pm- 6:15 pm	10:30 am- 11:15 am
Senior Yellow Belt - Senior Green Children's Taekwondo	5:30 pm- 6:15 pm	6:15 pm- 7:00 pm	7:00 pm- 7:45 pm	7:00 pm- 7:45 pm	6:15 pm- 7:00 pm	
Blue Belt & Above Children's Taekwondo	7:00 pm- 7:45 pm	7:00 pm- 7:45 pm	5:30 pm- 6:15 pm	5:30 pm- 6:15 pm	7:00 pm- 7:45 pm	
Color Belts Teen/Adult Taekwondo	7:45 pm- 8:30 pm	7:45 pm- 8:30 pm	7:45 pm- 8:30 pm	7:45 pm- 8:30 pm		
Black Belts Teen/Adult Taekwondo	8:30 pm- 9:15 pm	8:30 pm- 9:15 pm	8:30 pm- 9:15 pm	8:30 pm- 9:15 pm		
<b>Cardio Kickboxing</b>	9:00 am- 10:00am	9:00 am- 10:00 am	9:00 am- 10:00 am	9:00 am- 10:00 am	9:00 am- 10:00 am	9:00 am- 10:00 am
	<b>Matawan</b> 7:00 pm- 7:45 pm	<b>Matawan</b> 7:00 pm- 7:45 pm	<b>Matawan</b> 7:00 pm- 7:45 pm	<b>Matawan</b> 7:00 pm- 7:45 pm		



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*Have your child's next birthday party at Fastkix!*

