



THIS WEEK AT FASTKIX

May 15, 2021-May 22, 2021

THIS WEEK'S TAEKWONDO FOCUS is FORMS & KICKS! Every day all week! Board breaking will be done on Monday and Wednesday this week.

STARTING WEDNESDAY, MAY 19TH, we will no longer be requiring pre-registration for live classes! The state has lifted covid related capacity limits, so we no longer have to ask you to pre-register for class.

PLEASE CONTINUE TO REGISTER FOR LIVE CLASS THROUGH TUESDAY, MAY 18TH!

This means you can come right to class – NO MORE SUPERSAAS login! We'll still track your attendance using our tablet at the school, but you don't need to pre-register for live classes. THANK YOU for helping us with this since we reopened!

A few other updates:

- No more temperature check before class. Every member will get an updated Covid waiver to sign online acknowledging this. If you feel sick, are coughing or sneezing, please stay home. We know it might be allergies, but please, for everyone's comfort, stay home if you have any covid-like symptoms.
- Masks are still required at all times in Taekwondo, Mini-Masters and Competition class. Masks are optional for kickboxing
- ALL classes will enter and exit at our main front doors! Parents who are picking up young children-please park in the lot and walk up to meet your child. We worry about children running through the parking lot, so we are extra cautious about letting kids run to cars in the parking lot.

PLEASE NOTE THAT AS OF POSTING THIS UPDATE, NJ HAS NOT LIFTED THE MASK REQUIREMENT FOR ALL INDOOR ACTIVITIES. We will keep you posted of any updates as we hear them.



UPCOMING EVENTS

Sunday, May 16th – No Kickboxing

Friday, May 21st – No Kickboxing

Friday, May 21st – NERF WARS!!!

Registration at www.fastkix.com/events



Tuesday, May 25th – BREAKATHON for St. Peter's Childrens Hospital (Mr. Connor's community service project)

Friday, May 28th through Monday, May 31st – CLOSED for Memorial Day weekend

Sunday, June 6th – INSTRUCTOR CLASS 10:30 am – 12:00 pm

STAFF INSTRUCTORS 9:45 am – 10:30 am

Please note – Our instructor program is full, so we are unable to add any new instructor trainees at this time.

Registration info coming soon

Sunday, June 13th – BLACK BELT MASTER CLASS

10:00 am – 11:00 am

Self Defense and Weapons training

FREE for all black belts-Registration info coming soon

CONGRATULATIONS TO ALL OF OUR NEW COLOR BELT RANKS!

We are very proud of all of you!

CONGRATULATIONS TO OUR SPECIAL AWARD WINNERS OUTSTANDING STUDENTS

Natale Pitti
Armaan Patel
Aaron Thomas

OUTSTANDING INSTRUCTOR Aarav Patel



PLEASE SUPPORT CONNOR CORCORAN'S 3RD DEGREE BLACK BELT TESTING COMMUNITY SERVICE PROJECT

Connor successfully passed his 3rd Degree Black Belt test in March, and to complete his requirements, he is sponsoring a BREAKATHON on Tuesday, May 25th to support St. Peter's Children's Hospital.

For every \$5 donated, you earn 1 board to break! Pledges can be made via the link on our website (check out our community service page) or in class on the 25th. Donations by students will earn them boards to break themselves, and all other donations will earn boards to be broken in all classes. Please be sure to check out his video on our website!



**Fastkix Taekwondo
Board-Break-A-Thon**

Come support us on May 25th to help raise money for St. Peter's Children's Hospital

Fastkix Taekwondo 100 Summerhill Road,
Spotswood, NJ 08884

All proceeds will go to St. Peter's Children's Hospital and allow them access to the latest technology, medicine, and therapy New Brunswick, New Jersey

<https://www.saintpetershcs.com/>



The Children's Hospital at Saint Peter's...
We're All About Kids.

The Children's Hospital
AT SAINT PETER'S UNIVERSITY HOSPITAL
A MEMBER OF SAINT PETER'S HEALTHCARE SYSTEM

