



THIS WEEK AT FASTKIX
October 16-23, 2021

REGULAR SCHEDULE BOTH LOCATIONS ALL WEEK!

TAEKWONDO FOCUS

Monday, 10/18-Self Defense/Breaking

Tuesday, 10/19 – Footwork/Sparring

Wednesday, 10/20 – Kicks/Self defense

Thursday, 10/21 – Forms/Sparring

Friday, 10/22 – Review

IMPORTANT DATES

Sunday, October 17, 2021 9:45 am to 10:15 am DEMO TEAM TRYOUTS!

Did you love our cool demo at Matawan Day last week? Come check out our NEW DEMO TEAM! Tryouts open to all students!

Sunday, October 17, 2021 INSTRUCTOR CLASS & TRYOUTS 10:15 am-11:00 am

Want to join the BEST instructor team in the world?

Sunday, October 24- Master Charles will be co-hosting the Catskills Championship! Info on our website!

Friday, October 29, 2021 – HALLOWEEN PARTY 7-9 PM IN SPOTSWOOD!

Open to students and siblings. Admission fee is 2 bags (regular size) of candy!

Must wear a costume and your taekwondo uniform doesn't count!

All Matawan classes cancelled

Friday, November 5, 2021- BEY BLADE NIGHT 7-9 pm!

Saturday, November 20, 2021 – COLOR BELT TESTING IN SPOTSWOOD

All regular classes in both locations cancelled



DON'T MISS OUR HALLOWEEN PARTY!

Friday, October 29 from 7-9 pm

All ages welcome!

Students and siblings welcome!

MUST WEAR COSTUME (Parents too!)

Admission: 2 standard size bags of candy per attendee

WELCOME NEW STUDENTS!

MINI MASTERS

Carter Frazier

TAEKWONDO

Nathanel Ilizirov

Loren Ilizirov

KICKBOXING

Diane Ilizirov

Evy Ilizirov

Antoine Qua

Jim Granito

Liz Patterson

J.H. DeSousa

Kristen DeStefano