

Warning Signs of Social Grooming & Ritual Abuse

1. Behavioral Changes & Psychological Manipulation

Checklist Items:

- Does the individual show drastic mood swings, fearfulness, or unexplained emotional distress?
- Have they suddenly changed their personality, beliefs, or behaviors in ways that seem forced?
- Do they express fear or extreme reverence toward specific family members or religious figures?
- Have they spoken of 'tests of loyalty' or punishments for disobedience?

2. Unusual Family or Religious Dynamics

Checklist Items:

- Is the family highly secretive, with strict rules about discussing internal matters?
- Do they claim to be 'righteous' but engage in covert immoral or criminal activity?
- Are there powerful figures within the religious circle who are never questioned?
- Are women and children within the family expected to be submissive and obedient without question?

3. Signs of Grooming & Indoctrination

Checklist Items:

- Is the individual being showered with extreme flattery, gifts, or promises of spiritual elevation?
- Are they required to participate in specific 'rituals' to prove their faith or loyalty?
- Have they been encouraged to cut off outside friendships and connections?
- Do they use language that suggests they are being controlled ('I must obey' or 'I have no choice')?

4. Indicators of Ritualistic Control

Checklist Items:

- Do they mention sacred or ritualistic objects they must wear, keep, or use?
- Are they involved in secret gatherings that cannot be discussed with outsiders?
- Have they mentioned seeing or participating in 'cleansing' ceremonies or punishments?
- Do they talk about spiritual debts, contracts, or oaths that they cannot break?

5. Physical & Medical Red Flags

Checklist Items:

- Are there signs of malnutrition, exhaustion, or unexplained physical injuries?
- Do they have recurring health issues with no clear medical explanation?
- Have they been subjected to forced fasting, unusual diets, or physical 'purifications'?
- Have they been denied access to doctors, therapy, or outside medical opinions?

6. Isolation & Restricted Access to Help

Checklist Items:

- Have they been removed from school, work, or outside engagements for 'spiritual reasons'?
- Are they watched or chaperoned whenever they leave the house?
- Do they lack access to personal identification, bank accounts, or personal communication devices?

- Are they afraid to speak privately, often glancing around as if being monitored?

7. Secretive or High-Risk Activities

Checklist Items:

- Are they taken to unknown locations for 'special meetings' or 'spiritual training'?
- Have they been involved in events where they were blindfolded or restricted in movement?
- Are they required to 'serve' high-ranking religious or Masonic figures?
- Have they expressed fear about leaving the family, claiming they would be cursed, harmed, or lose everything?