

# National Human Trafficking Survivor Action Plan

## 1. Secure Yourself Legally

Instructions:

File a preventive report with your local police, stating your family is making false accusations against you. Inform them that you will NOT be traveling under false pretenses and any claims made about your presence elsewhere are false.

*Relevant Contacts: Local police, legal counsel*

## 2. Gather and Preserve Evidence

Instructions:

Collect all call logs, text messages, emails, and documents related to your case. Keep a detailed record of any threats, false accusations, or attempts to lure you into danger.

*Relevant Contacts: Personal documentation*

## 3. Report Human Trafficking & Forced Institutionalization

Instructions:

Contact human trafficking hotlines and law enforcement:

- National Human Trafficking Hotline (USA): 1-888-373-7888 / Text: 233733
- FBI Tip Line: <https://tips.fbi.gov>
- U.S. Department of Justice Human Trafficking Unit: [www.justice.gov/humantrafficking](http://www.justice.gov/humantrafficking)
- Interpol Human Trafficking Contact: [www.interpol.int/Crimes/Human-Trafficking](http://www.interpol.int/Crimes/Human-Trafficking)

*Relevant Contacts: National & international human trafficking hotlines*

## 4. File a Legal Demand Letter for Records

Instructions:

Send a formal legal demand letter to:

- The hospital or mental health facility that held the survivor
- National Department of Health & Human Services (HHS)
- Law enforcement (FBI, Homeland Security, National Human Trafficking Hotline)
- CC: Civil rights attorneys, human trafficking organizations

*Relevant Contacts: Health departments, law enforcement, human trafficking orgs*

## 5. Contact Investigative Journalists

Instructions:

Reach out to investigative journalists anonymously:

- Julie K. Brown (Miami Herald) - Epstein Case
- Sarah Stillman (New Yorker) - Trafficking & Institutional Abuse
- ProPublica & The Intercept - Investigative Platforms
- The Appeal - Covers wrongful arrests & coerced institutionalization

*Relevant Contacts: Investigative journalists*

## **6. Protect Against Retaliation & Smear Campaigns**

Instructions:

Secure all online accounts (email, social media) with two-factor authentication.

Warn local law enforcement about potential false accusations or retaliation.

Keep detailed records in case of a defamation lawsuit.

*Relevant Contacts: Law enforcement, cybersecurity measures*

## **7. Seek Legal Assistance & Safe Support Networks**

Instructions:

Find legal assistance from:

- National Human Trafficking Legal Center: [www.htlegalcenter.org](http://www.htlegalcenter.org)
- ACLU Legal Aid: [www.aclu.org](http://www.aclu.org)
- National Center for Missing & Exploited Children (NCMEC): [www.missingkids.org](http://www.missingkids.org)
- National Network to End Domestic Violence: [www.nnedv.org](http://www.nnedv.org)

*Relevant Contacts: Human rights organizations, civil rights attorneys*