

Who we are



Chona Care is a boutique service provider that was established by Allied health and Registered Nurses in response to the need of quality psychosocial support services.

We have extensive experience supporting people transitioning from hospital and providing ongoing supports within the community, rehabilitative and health systems to promote wellbeing and relapse prevention.

Chona Care takes a holistic view of an individual's mental health and recognises the importance of collaborative working, not only with participants but also their families, carers and treating teams.



What we offer



We specialise in supporting NDIS participants living with psychosocial disabilities and complex changing care needs to promote recovery, independence and positive health outcomes.

We are a Registered NDIS provider offering a range of personalised and flexible support services within the home and community settings.



Chona Care
0405830653
Little Bay Sydney
info@chonacare.com.au
www.chonacare.com.au



CHONA  CARE

Supporting your Mental health and Wellbeing.

In-home and Community Supports

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Daily Personal Activities

Our team will support you in your own home or shared accommodation to maximise your independence.

Some of the services we provide include:

- Assistance to manage life admin tasks such as planning for future appointments and tasks.
- Medication supervision supports.
- Prompting personal care tasks including showering and dressing.
- Meal planning and preparation
- Domestic assistance
- Transport to get where you need to go, be it to a doctor's appointment, work or social outing.
- Shopping, bill payments and much more.



Social and Community Participation

We provide assistance for you to get involved in activities of your choice in your local community. Led by your identified goals we will assist you to:

- Explore, connect and participate in recreational and leisure activities.
- Maintain relationships and connections with family, friends and the local community.
- Attend medical and personal appointments.
- Better manage your schedule and activities.



Capacity Building

We support you in building skills for future independent living. This can include areas like housing, socialising, job searching and everyday life skills.

What does this look like?

- Assistance with housing applications and maintaining a tenancy.
- Helping connect with meaningful social groups
- Developing skills to promote future independence with tasks like shopping, cooking, attending appointments and paying bills
- Exploring and applying for employment and education options
- Staff assistance to practice and implement recommendations made by your OT, Psychologist or clinical team.

