

# Pistol Self-Test

For this test, you will need your pistol and holster (external or concealed) and 11 rounds of ammunition. The times for this test were designed for law enforcement holsters with retention devices that must be defeated in order to draw the pistol. Drawing from concealment can be done in this same timeframe.

The targets that you need to use for this test are CSAT target from LE Targets.com or you may download a target set from [this](#) page that you can print and use.

These drills represent some of the core skills that you must have for self-defense purposes. The first drill tests your ability to draw and quickly make a hit on target, much like what might happen in a real-life defensive shoot. The second drill represents how you might engage a solo bad guy to ensure that you stop the threat. The last drill represents dealing with 2 or more bad guys and getting effective hits on target quickly.

\*\*\*Note: If any of this sounds foreign or you're questioning your ability to execute the skills needed to do these drills, STOP. You likely need training. I'm happy to get you up to speed\*\*\*

All drills are to be shot at 7 yards. To pass these drills, all rounds must fall within the box or touch the line to count as a hit. Not making the hit or the time is a failure of the drill. Use masking tape to cover the holes outside the boxes to keep using the targets until they are no good. To pass, you get only one chance per run and must pass all three drills in a row. **No do overs.** On the score sheet below record the time and number of misses. Circle the failed drills. See the example in line 1 of the score sheet.

**Drill #1 Drawing from a retention holster or concealment:** From the holster, draw and fire one round into the torso box (center mass) in **1.7 seconds** or less.

**Drill #2 Solo Bad Guy Response:** From the high ready position, fire 5 shots to center mass and 1 to the head. The time standard for this drill is **3 seconds** or less.

**Drill #3 Multiple Bad Guy Response:** Set up two sets of targets about 3 feet apart. From the high ready position, fire 2 shots to center mass on each target. The time standard for this drill is **3 seconds** or less.

