

Precision Rifle Self-Test

For this test you will need your precision rifle, bipod or ruck for front support and a rear bag. The time standards for this test were designed for self-defense, hunting and competition purposes.

The targets that you need to use for this test are CSAT target from LE Targets.com or you may download a target set from [this](#) page that you can print and use. You'll need 3 sets for this test – one each at 100, 200 and 400 yards.

These drills represent some of the core skills that you must have to properly employ your precision rifle. The first drill tests your ability to make hits quickly at 100 yards from a prone position. The second drill represents building a solid kneeling position to make an effective hit at 200 yards. The last drill represents a longer distance shot from a supported standing position.

Note: If any of this sounds foreign or you're questioning your ability to execute the skills needed to do these drills, STOP. You likely need training. I'm happy to get you up to speed

To pass these drills your shots must fall within the designated box. Not making the hit or the time is a failure of the drill. You're only shooting one round on each target, so these will last some time if you mount the targets on a cardboard backer and keep re-using it. Tape your holes until it is time to set up a new one. To pass you get only one chance per run and must pass all three drills in a row. **No do overs.** On the score sheet below, record the time and number of misses. Circle the failed drills. See the example in line 1 of the score sheet.

Drill #1 - 100 Yards Prone: Set up the rifle on the ground oriented on target using a bipod or other front support and a rear support with the bolt open and to the rear. Start standing and go to a prone position on the buzzer. Mount the rifle and fire 1 round to the head box in **7 seconds.**

Drill #2 – 200 Yards Kneeling: Start standing with rifle in one hand and shooting sticks in the other. On the buzzer, build a kneeling position using the sticks and fire one round to center mass in **30 seconds.**

Drill #3 – 400 Yards Supported Standing: Start with the rifle in your hands at a port carry or other safe handheld position. On the buzzer, create a supported standing position and fire one round at 400 yards to center mass. The time standard for this drill is **10 seconds** or less.

