

# Tactical Rifle Self-Test

For this test you will need your rifle, a sling and 16 rounds of ammunition. The time standards for this test were designed for real-life situations in deadly encounters.

The targets that you need to use for this test are CSAT target from LE Targets.com or you may download a target set from [this](#) page that you can print and use.

These drills represent some of the core skills that you must have for self-defense purposes. The first drill tests your ability to make hits at distance from a prone position. The second drill represents making hits on target at medium ranges from a kneeling position. The last drill represents a solo bad guy response at CQB distances.

\*\*\*Note: If any of this sounds foreign or you're questioning your ability to execute the skills needed to do these drills, STOP. You likely need training. I'm happy to get you up to speed\*\*\*

To pass these drills at 100 and 75 yards all but one round must fall within the box or touch the line to count as a hit. At 7 yards all rounds must be in the correct box. Not making the hit or the time is a failure of the drill. Use masking tape to cover the holes outside the boxes to keep using the targets until they are no good. To pass you get only one chance per run and must pass all three drills in a row. **No do overs.** On the score sheet below, record the time and number of misses. Circle the failed drills. See the example in line 1 of the score sheet.

**Drill #1 - 100 yards Prone:** Start standing and go to a prone position on the buzzer. Fire 5 rounds to center mass in **20 seconds.**

**Drill #2 – 75 yards Kneeling:** Start standing and go to a kneeling position on the buzzer. Fire 5 rounds to center mass in **20 seconds.**

**Drill #3 - Solo Bad Guy Response:** From low ready, fire 5 rounds center mass and 1 to the head. The time standard for this drill is **3 seconds** or less.

