

Southwest Virginia Academy Volleyball 2023

Clinic Dates: Friday, June 9th; Thursday, June 22nd; Thursday, July 6th

Beginner Clinic from 4-5:30pm

This clinic is designed for any player from the practice squad last year and anyone interested in volleyball who has little to no experience.

Cost: \$10

Intermediate Clinic from 5:30-7pm

This clinic is designed for anyone who played on the Middle School squad last year (now known as the U14 Team), and anyone who played on the JV squad last year (now known as U16 Team). Anyone from the earlier beginner clinic who intends on trying out for a team should plan to stay for this clinic as well. Please note, you must turn 12 by 8/31/23 to try out for a team*

Cost: \$10

Cost for both beginner and Intermediate Clinic: \$15

Advance Clinic/Play from 7-8pm

This is designed for anyone who PLAYED on JV last year (now U16) and anyone who PLAYED on Varsity last year (now known as U18). This will be a time for advanced drills and court time.

Cost: \$5

Cost for both Intermediate and Advanced Clinic: \$12

Clinic Location:

Penn Forest Christian Church (PFCC)
3028 Penn Forest Blvd., Roanoke

*If there is enough interest from younger players and/or anyone not offered a spot on the U14 or U16 squad, we will offer a practice squad again this year.

Camp Week: July 17th, 18th*, 20th, and 21st

Camp is designed for everyone! It is for all returning players; those new to the sport just wanting to gain experience; and those desiring to make a team or be placed on the next age level team. There will be fun games and prizes, breakout sessions with skill level appropriate drills, and so much more. Camp will be divided into 2 groups:

Camp A:** 4-6pm

Group Devotional and Info Session: 6-6:15pm Everyone is encouraged to stay or come early for this time.

Camp B:** 6:15-8:15pm

****Very Important:**

- Anyone who will not turn 14 before 9/22/23 must attend Camp A
- If you are 14 years old but do not turn 15 by 9/22/23 you can choose to attend either camp
- Anyone turning 15 prior to 9/22/23 must attend Camp B

Camp will meet at PFCC, except for Tuesday when we will meet outside at Penn Forest Elementary School Park, also known as C. Darrell Shell Park. We will set up courts and play on the sand court. We will have some water games and ice cream as well!

Camp Fee: \$50 for the week

Evaluations and Try-Outs:

Monday, July 24th and Thursday, July 27th at PFCC. Times TBD, but will be between 4 and 8pm.

2023 Season:

Begins July 31st with practices every Monday, Thursday, and Friday at PFCC.

Practice Times:

U14: 4-5:30pm (Practice squad will also practice at this time, if there is enough interest.)

U18: 5:15-7:15pm

U16: 6:45-8:30pm