



Bones for Life® Teacher Training/Didactic Online Training

Taught by: Elizabeth Keith,
Certified Bones for Life® Trainer
Certified Solutions for Optimal Mobility® Trainer
Guild Certified *Feldenkrais* Practitioner^{cm}

Our Didactic Teacher Training Will Include:

- Analysis of the 90 program processes
- Deepening of our comprehension, observation, and knowledge
- Classification of the processes according to functional themes
- Discussion of issues regarding the experience of teaching to the public
- Opportunities for Supervised Practicum in teaching
- Exploration of specific functional issues
- Enhancing our confidence in teaching the program

Program Schedule:

The Bones for Life® Teacher Training/Didactic is a 30 hour program.

Tuesday Mornings: 9:00AM-12:00 PM Arizona Time
January 12-March 16, 2021

Tuition: \$500

**This will be an Online Training using Zoom.
Students will receive the recordings of each segment.**

Register Early. Space is limited to 10 Participants.

Please Call: 602-885-8006 or e-mail ekeithaz@gmail.com to register



Elizabeth Keith
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