

Informed Consent for Injection: _____

Circle any allergies: Latex Nitrite Rubbing alcohol Iodine Stanhexidine Lidocaine Cortisone Band-aids

Have you ever fainted due to a medical procedure?	NO <input type="checkbox"/>	YES <input type="checkbox"/>	<i>If yes, lie down for 5mins after injection.</i>
Are you on blood thinners? (eg Aspirin, Warfarin)	NO <input type="checkbox"/>	YES <input type="checkbox"/>	<i>If yes, hold pressure for 5mins after injection.</i>
Do you have diabetes?	NO <input type="checkbox"/>	YES <input type="checkbox"/>	<i>If yes, monitor your glucose 8x in the next 48h.</i>
Do you think you have any infections today?	NO <input type="checkbox"/>	YES <input type="checkbox"/>	<i>If yes, we may need to postpone injection.</i>
Have you had a vaccination in the last 30 days?	NO <input type="checkbox"/>	YES <input type="checkbox"/>	<i>If yes, we may need to postpone injection.</i>

Please list any medical conditions or surgeries you have had:

Please list any medications or vitamins / supplements you have taken in the past 7 days:

Risks of Injections

90% MINOR ACHING AT THE INJECTION SITE: This is similar to the feeling of the ache from any injection.

10% SEVERE PAIN FLAREUP: It is a simple immune system reaction. Use ice and take Advil, Aleve or Tylenol.

**(With PRP into a soft tissue or Viscosupplement into a joint, as many as 75% may get this)*

10% FACIAL REDNESS / FLUSHING: This is temporary and does not need treatment.

10% BLOOD SUGAR RISE: This is important if you have diabetes.

10% FAILURE OF TREATMENT: It may not be helpful or may make things worse for a period of time.

5% FEMALE ONLY: Menstrual irregularities may occur.

5% TISSUE INJURY OR DAMAGE: Avoid intense activity for 7 days to reduce this risk, but it still may occur later.

2% SKIN CHANGES: Skin colour may change or skin may get thinner. This may be permanent.

2% ANXIETY, MOOD SWINGS OR RESTLESSNESS: These are temporary.

2% FAINTING: Some people may faint. Please tell us if this has happened to you before.

1% NERVE INJURY OR DAMAGE: Report any nerve pain during or after the injection immediately.

0.1% INFECTION: If you develop fever, chills, redness or heat in the injected area, go to Urgent Care/ER that day.

0.1% ALLERGIC REACTION: You may have an unexpected allergic reaction to an injection.

0.1% OTHER ADVERSE EFFECTS: Other reactions to injections cannot be ruled out, such as tissue death.



Signature: _____ Name: _____ Date: _____