



## Microblading Short and Long Term After Care

### Immediately After

- Avoid touching your eyebrows within the first 24 hours
- After 24 hours, the area should be cleaned gently 2 times a day with warm water, soap and clean cotton pads. Movement is done in the direction of hair growth, without forcing the skin. Apply a thin layer of aftercare serum. ATTENTION! Do not apply excessive oil; this leads to the formation of unwanted unsightly shells!
- **DO NOT** apply Vaseline, any White Petroleum, A&D Ointments or the like as the risk of infection is very high.
- Exposure to sunlight or any other form of UV rays for 1 month after the procedure is strictly prohibited. Wear a hat when outside, and SPF 50 sunscreen.
- Applying foundation, powder and blush eyebrows in the eyebrow area for the next 2 weeks is also strictly prohibited.
- It is recommended for one (1) week after the procedure to avoid the use of saunas and swimming. Chlorine can cause irritation.
- Fitness and any activities that require effort and sweat should be avoided in the next 5 days.
- During healing, small skin peels may appear. DO NOT remove or peel them using any abrasive creams or sea salt.
- Avoid sleeping with your head in the pillow or on a specific part for a period of 2 weeks. Pillow contact during the healing process can remove pigment in some areas, creating an uneven appearance of the eyebrows.

### Long Time After Care

- Bear in mind that the sun and any other form of UV rays are the main "enemies" of this procedure.
- Skin deteriorates from excessive, uncontrolled peeling and improper hydration. This leads gradually to premature fading of the microbladed area. For any exposure to the sun it is mandatory to use SPF-50 for those with white/medium skin types and SPF-30 for those with dark/very dark skin types.
- Make-up, excessive powder and eyebrow makeup are other factors that lead to premature fading, color peeling, skin irritation and an over charged eyebrow look. The eyebrow area is normally difficult to clean and often neglected. This lack of attention produces skin peels with sebum (weeping and scabbing), which, besides being unsightly, can cause serious irritation.

### Yearly Color Refresh

- To maintain the result of microblading a yearly refresh is recommended.
- Unlike classic tattoo ink, these pigments will fade over time if you do not "refresh".
- It is normal to see with the passage of time; the strokes will start to blur. Usually after 1 year we will use soft shading in between and hold the old strokes as a base.