

THE BRIDAL BAR

MAKEUP & CUSTOM SPRAY TANS

SPRAY TAN PREP

- **Exfoliate!** Please don't forget to exfoliate the area to be treated 24 hours prior to the appointment. This is the most important pre-tan step. If exfoliation is skipped or not done properly sunless application will be applied to dead skin cells that naturally shed causing discoloration and blotchiness.
- **Allow 5 hours in between your shower and spray tan.** Sometimes tan doesn't stick or it becomes blotchy if you shower too close to your appointment.
- **Hair removal must be made 24 hrs in advance**
- **No makeup, lotions, deodorant or perfumes the day of your appointment.**
- **Garments worn during your session determine tan lines.** bathing suits, strapless bras, no bras, thongs are highly recommended as long as your comfortable!
- **Please wear dark, loose long pants and shirts.** After your session avoid wearing tight elastic bands around the waist and ankles, jeans, tight tank tops. It will interfere with the absorption process. After your first rinse you can continue wearing whatever you want.

THE BRIDAL BAR

MAKEUP & CUSTOM SPRAY TANS

AFTER YOUR CUSTOM TAN

- Avoid contact with any water and and refrain from any physical activity that may cause you to sweat until you rinse.
- Showering is recommended at least 8-12 hours after your spray tan for optimal results.
- Your first shower should be a body rinse. Try not to use a loofa or a wash cloth it can lift your spray tan.
 - Avoid applying anti-aging lotions (BHA, AHA), Salicylic acid & retinoids will lift your spray tan.
 - To maintain your spray tan make sure you are constantly moisturizing your entire body.

If you love your tan please tag us on your instagram story for \$5 off your next spray tan!



thebridalbar_ny

THE BRIDAL BAR

MAKEUP & CUSTOM SPRAY TANS

FAQ

-HOW LONG WILL MY TAN LAST?

Your tan will last anywhere from 5-10 days depending on a few factors. Everyones skin is different. People who sweat more on a daily basis will see their tan fade more quickly. A tans duration depends on an individuals lifestyle and career. How much contact you have with moisture or products that can strip your tan will be a huge factor.

- HOW MANY DAYS PRIOR TO MY EVENT SHOULD I BOOK A SPAY TAN?

We recommend anywhere from 1-3 days

-WILL I BE ORANGE?

No! With our knowledge on skin tones and solution and as long as you follow pre and post tan instructions your tan will be perfect!

-I AM PREGNANT, CAN I STILL GET A CUSTOM TAN?

Yes, most doctors allow spray tans. If you have any concerns consult with your doctor.

-CAN YOU COVER TAN LINES?

No, this is just a bronzer. It will make tan lines appear darker but not fully cover them.

-WHEN CAN I SHAVE AND WAX?

Any hair removal done after your session can cause fading or discoloration. If you shave you must be gentle and use coconut oil as shaving cream.

Waxing will fully take your tan off.

CAN I STICK TO MY NORMAL SKINCARE ROUTINE?

It's best to keep your skin as natural as possible. Anything with harsh chemicals can strip or fade your tan.