



Piranhas

Lake of the Pines
Swim Team

Swim Meet Volunteers

A HUGE THANK YOU TO ALL OUR VOLUNTEERS. Our
meets wouldn't be possible without you!!!!

**Volunteering is at the
very core of being a human.
No one has made it through life
without someone else's help.**

HEATHER FRENCH HENRY



Volunteering

Volunteering: As a competitive/recreational swim team, we participate in weekly swim meets. Swim meets are run entirely by volunteers. There are no hired officials, just average moms and dads spending a Saturday with their kids. As such, it is incumbent upon each and every family to perform a minimum level of volunteer duties.

Standard Requirement: Each family is required to work a total of four (4) volunteer shifts (or "jobs") per regular swim season, and one (1) shift at Champs.

Volunteer Positions: There are a variety of volunteer positions available that can accommodate just about every need and ability. Volunteer positions, time and dates are assigned on a "first come, first served" during the registration process. Once your registration check and volunteer deposit are received, please visit [here](#) and select "Job Signup" adjacent to the meet(s) for which you would like to volunteer.

Volunteer Positions

- Set up for home meets
- Swim area Stager
- Swim Lane Timer and Back Up timer
- Water/Timer Sheet Runner
- DQ Slip Runner
- Baby pool monitor
- Announcer/Starter
- Snack Bar Workers: Coordinator, BBQ Cook, Server, Setup and Clean up
- Data entry /Computer Support
- Floater
- Stroke and Turn Judges
- Break down and clean up for home meets

Event Set-up

- Setup/Cleanup the Event area: tables, chairs, EZ Ups, trash cans, pick up trash, etc. Helps the Meet Manager with setting up the PA and Starting System
- Please follow the instructions on the white board inside the swim room.

Post-Meet Tear-down

- For home meets, tears down all equipment following the swim meet and places equipment back into the storage room, ensuring that all equipment is properly locked away.

Starter

- Start each race using the Starting System.
- Announce event and heat at start of race. This is the person who says, “Swimmers step up, take your mark, go!”
- Signal swimmers to come back to starting blocks if there is a false start.
- Turns the race/heat/event flip chart

Helpful skills/experience

- Ability to speak clearly on microphone.

Announcer

- Announce the races and swimmers at home meets.
- You get to sit in the announcer's chair, where you can watch all the races.

Helpful skills/experience:

- Ability to speak clearly and pronounce swimmers' names correctly.
- Comfortable speaking on microphone

Swim Lane Timer and Back Up Timer

Lane Timer:

1. Uses stopwatch to time and then record swimmer's time for each event.
2. 2 Timers are assigned to a single lane and are responsible for timing the swimmer in that lane.
3. A back-up timer is available if anyone misses the **Start**.
4. Involves standing on pool deck and operating a stopwatch.

****You get to get very close to all the action and cheer swimmers on as they race!****

See this YouTube video for a better idea of what to expect: <https://www.youtube.com/watch?v=ZX0KFjoh194>

Backup Timer:

1. Duties are the same as Lane Timer.
2. This person times every race. This time will be used in the event of a technical problem (e.g. forget to press start on stop watch) with one of the other lane Lane Timers.

Stager

- You will be provided a list of events along with swimmers names in a time card.
- Organizes swimmers so they are ready before their event. Swimmers report to the staging area when their event is announced. Stagers get the swimmers organized by lane into the proper order for their events and heats. The job is critical in making the swim meet run smoothly and on time.

Timesheet Runner and Water Runner

- Collects time slips from the Lane Timers. Brings them to the computer room.
- Distributes small cups of water to all volunteers at the meet.

DQ Slip Runner

- Collects DQ slips from the stroke and turn judges ever 1-2 races and brings them to the computer room.
- The volunteer coordinator will tell you who the stroke and turn judges are for each meet.

Ribbon Writer

- Works in computer room attaching printed labels to ribbons.
- Take a break when your child is swimming!
- Need to stay at meet until all Ribbons are completed

Video: <https://www.youtube.com/watch?v=gEKY-MHuQxg>

Computer Support/Data Entry

- Works in computer room organizing time slips and assisting the computer person inputting swim times.
- You get to take a break when your child is swimming!

Floater

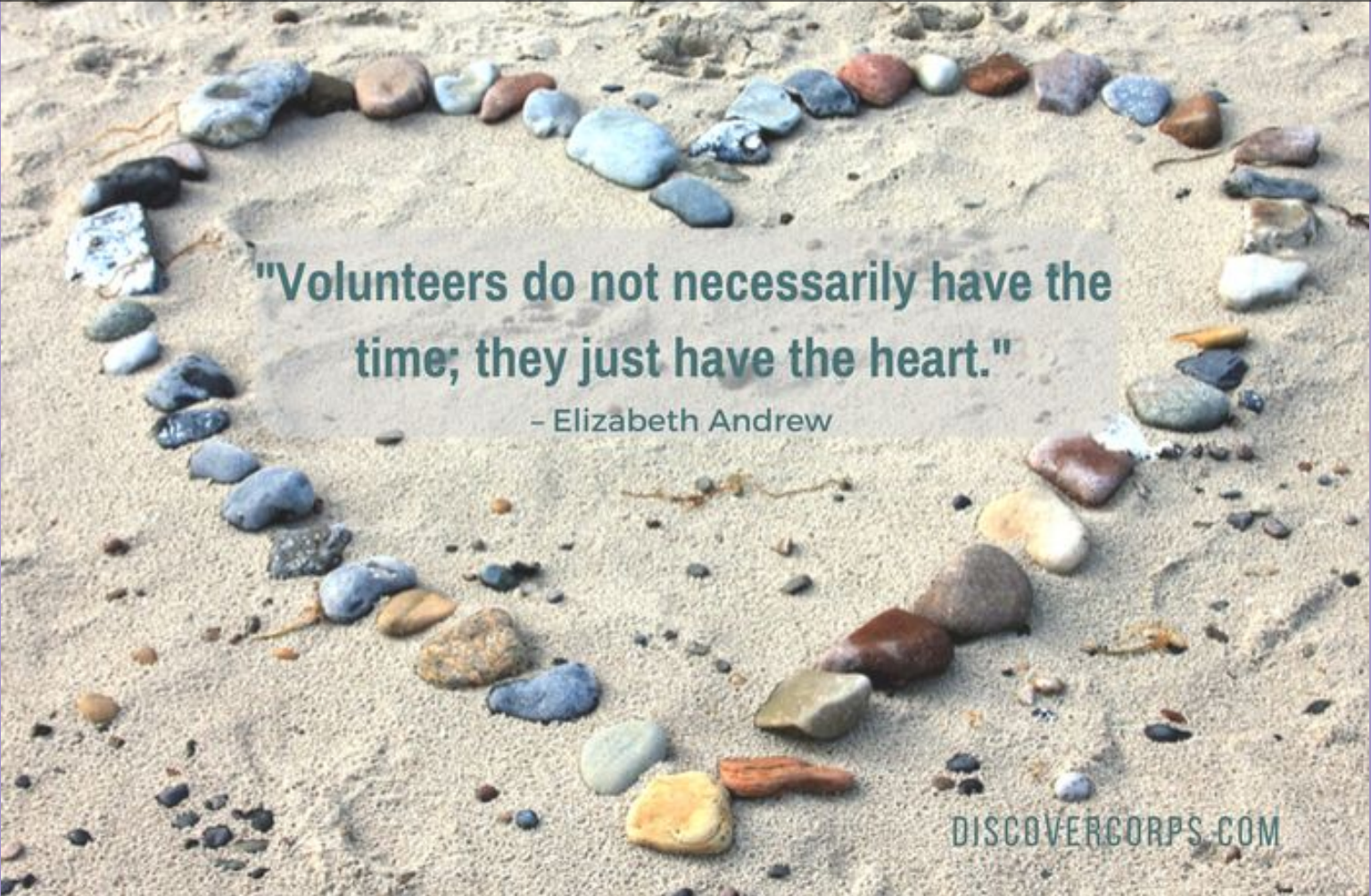
- The floater position is a backup role designed to fill any one of the Easy to Moderate difficulty positions in the event of a cancellation on the day of a swim event.
- The floater position may or may not be needed but if needed, the individual will be expected to fulfill the full shift

Snack Bar Workers

- Servers - Organize, restock, assist with sales of snack bar items including hot food.
- Cash Register - Responsible for handling money, calculating orders and giving change.
- BBQ Cook - Hottest job around the pool! Must be clean and have some experience in cooking large volumes of hamburgers and hot dogs.

Stroke and Turn Judge

- This position requires careful focus and knowledge of swim technique.
- To fulfil this role, you will need to attend one of two training classes that occur in the spring.
- The training class itself will count as one full volunteer shift.

A heart shape is drawn on a sandy beach using smooth, colorful stones. The stones are arranged in a circular pattern, with some stones being blue, white, brown, and orange. The sand is light-colored and textured. The heart shape is centered in the image, and the text is overlaid on it.

**"Volunteers do not necessarily have the
time; they just have the heart."**

- Elizabeth Andrew

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Training Videos

Ribbon Writer Video: <https://www.youtube.com/watch?v=gEKY-MHuQxg>

Timer Training Video : [videos on swim meet timers - Google Search](#)

Starter Training Video: [Swim meet volunteer starter training video youtube - Google Search](#)

Announcer Training Video: [Swim meet announcer !\[\]\(cbe80b694ebd74fcfe136a095b608235_img.jpg\) - YouTube](#)