

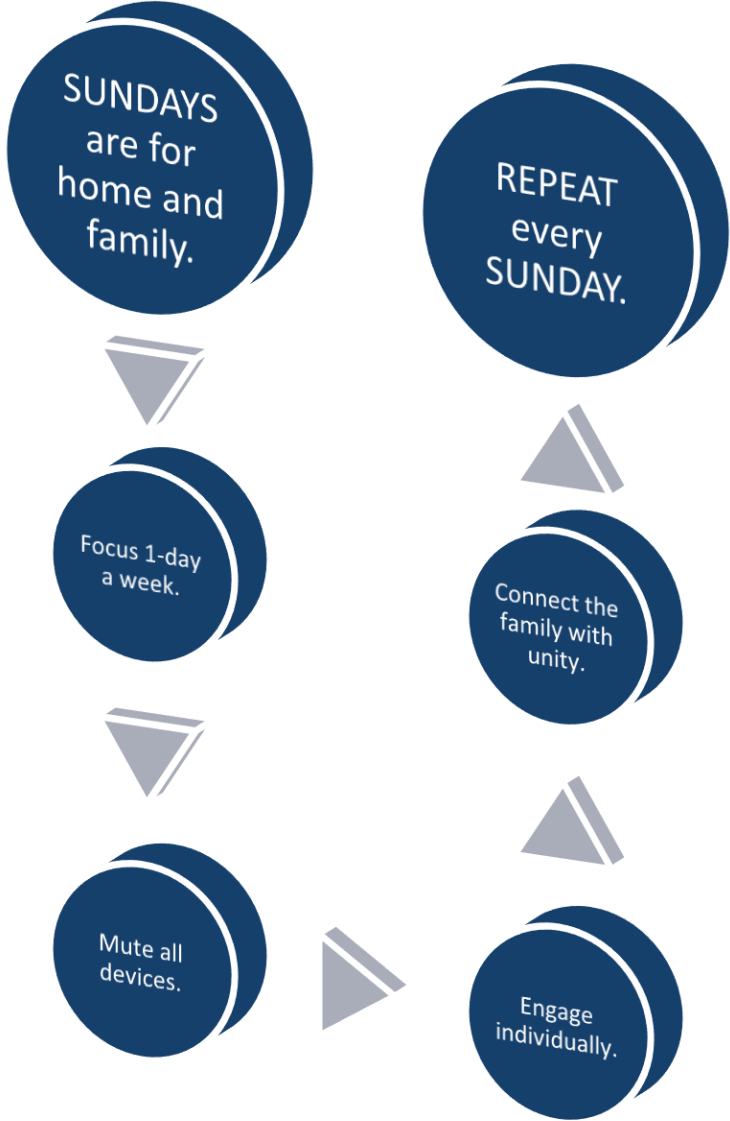
The Bible tells us to, "To train up a child in the way he should go and when he is old, he will not depart from it." --Proverbs 22:6

Train'Em Up_#Blessed4Success_

Online: Thee_LEMONADEVILLAGE -SUNDAY- CHALLENGE 2023-2024

- **4-STEPS FOR POSITIVE PARENTING OF 21ST CENTURY AFRICAN AMERICAN CHILDREN ***

- **Purpose: To Do Something Different to HEAL African American Cultural pains, the HEALING must begin at HOME.**



BASED UPON THE
RECALIBRATE MELANIN MINDSETS (RMM)
CURRICULUM. THIS CHALLENGE MAP IS YOUR
2023 JUNETEENTH GIFT FROM

FEENIXX RESOURCE GROUP, a subsidiary of
Treehouse Society, Incorporated.

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POST THIS MAP ON YOUR REFRIDGERATOR AS
A REMINDER FOR THE FIRST 30 DAYS TO HELP
CREATE THE HABIT.

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RMM's #1 Cultural GOAL: To raise OUR 21st century CHILDREN #Blessed4Success.

DIRECTIONS to Parents: TO ACCEPT THE CHALLENGE, JOIN OUR ONLINE GROUP: **THEE_LEMONADEVILLAGE (Private Group)** ON FACEBOOK. Before your family starts the challenge, bring family members together to set House rules, procedures, and expectations. Everyone agrees on this intentional family-focused collaboration to improve the Quality-of-Life, the Peace-of-Mind, and family relationships INSIDE your 21st century African American home. Then, repeat Steps I-IV every week for one year. Post highlights to our -Private- FACEBOOK group. *This activity is an example of the Social/Cultural immersive teaching and guidance tasks students experience in the #Blessed4Success Cultural Empowerment Workshops. For 2023, JULY Workshop spaces available.*

Thee_LemonadeVillage Sunday CHALLENGE: Instead of waiting for the next AFRICAN AMERICAN -or- personal family incident resulting from mental health breakdown, gun violence, political assault, or crime trauma against our Melaninated nation of households to appreciate the loss of another life, WE CAN start now and work together to change avoidable outcomes. Let us begin appreciating each other now--starting Juneteenth 2023 (Monday, June 19, 2023).

Primary GOAL: To Experience Intentional FAITH & FUN

As an African American family every weekend for a year.

❖ **STEP I** FOCUS on ***YOUR FAMILY MEMBERS***.

Gift One Day a Week (Sunday) to your family. Everyone uses this time to Slow Down; to Pray; to Talk; to Listen, to Eat; to Play/Sport/Exercise... **WITH EACH OTHER – Face to Face**.

Do Something Different. Get up early on Sunday and eat breakfast together. Dress up and take your children to Sunday School, THEN attend the Church service...TOGETHER. **Repeat**.

❖ **STEP II** MUTE electronics one day each week to intentionally focus on family. Mute all electronic devices including the tv and ignore all notifications for 24 hrs. (from 7pm Saturday to 7pm Sunday for one year.) **Repeat**.

❖ **STEP III** ENGAGE INDIVIDUALLY with each other. Rotate time w/ everyone. Hug and hold each member of your household for a whole minute once a week. Make eye contact. Say something positive to that person. Talk and listen to each other's concerns and joys from the previous week. Show interest in school / friends / hobbies of children. **Repeat**.

❖ **STEP IV** CONNECT all members of your family tribe in whole group activities. Attend church together. Visit elder family members. Prepare and eat meals together. Do laundry, chores, and mow the lawn together. Parents assign children responsibilities and accountabilities that support adult self-care. Discuss vacation plans and family finance goals for college and/or business. To show appreciation for each life in your African American home, DO these RMM strategies consistently for a year. Watch God change things. **Repeat**.

THIS CHALLENGE MAP IS YOUR 2023 JUNETEENTH GIFT FROM FEENIXX RESOURCE GROUP. PUT IT ON YOUR REFRIGERATOR AS A WEEKLY REMINDER. TO ACCEPT THE CHALLENGE, JOIN OUR PRIVATE ONLINE GROUP: **THEE_LEMONADEVILLAGE** ON FACEBOOK. OTHER SOCIAL MEDIA PLATFORMS ARE COMING SOON. **THANK YOU FOR PARTICIPATING.**

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