

MOUNTAIN OF FIRE AND MIRACLES MINISTRIES  
CANADA WEST MEGA REGIONAL HEADQUARTERS

Calgary



2025 Fruit Fast  
My Light Shall  
**Break Out**

Isaiah 58:8

5-Day Fruit Fasting & Prayers Program  
Booklet

Mon, Apr 14 – Fri, Apr 18, 2025

## WHEN YOU PRAY

**Matthew 6:5-6** – *“And when thou prayest, thou shalt not be as the hypocrites are: for they love to pray standing in the synagogues and in the corners of the streets, that they may be seen of men. Verily I say unto you, They have their reward. But thou, when thou prayest, enter into thy closet, and when thou hast shut thy door, pray to thy Father which is in secret; and thy Father which seeth in secret shall reward thee openly.”*

**Matthew 21:22** – *“And all things, whatsoever ye shall ask in prayer, believing, ye shall receive.”*

**John 14:13-14** – *“And whatsoever ye shall ask in my name, that will I do, that the Father may be glorified in the Son. If ye shall ask any thing in my name, I will do it.”*

**Philippians 4:6** – *“Be careful for nothing; but in every thing by prayer and supplication with thanksgiving let your requests be made known unto God.”*

## WHEN YOU FAST

**Matthew 6:16-18** – *“Moreover when ye fast, be not, as the hypocrites, of a sad countenance: for they disfigure their faces, that they may appear unto men to fast. Verily I say unto you, They have their reward. But thou, when thou fastest, anoint thine head, and wash thy face; that thou appear not unto men to fast, but unto thy Father which is in secret: and thy Father, which seeth in secret, shall reward thee openly.”*

**Daniel 10: 2-3** – *“In those days I Daniel was mourning three full weeks. I ate no pleasant bread, neither came flesh nor wine in my mouth, neither did I anoint myself at all, till three whole weeks were fulfilled.”*

We at this time in our Church Community, by the grace of God, have purposed to limit our choices to fruit fast and water, so that we may humble ourselves before the living God for our self, family, community, nation and situational needs.

We strongly believe that God will honor these promises, and many more, as we fast and pray before His throne.

### **We will obtain:**

- Divine Mercy to help in time of need.
- Guidance
- Divine Light
- Divine Guidance
- Divine Advantage
- Divine solution to outstanding requests and conditions
- Righteousness
- Glorification
- Grace for an enduring and fruitful stewardship in work and ministry
- Meaningful growth in relationship with God
- Answers to prayers and petitions.

## INSTRUCTIONS FOR PARTICIPANTS [FOR A FRUITFUL PROGRAM]

1. Purpose to encounter God personally.
2. Have faith that God is, and that He will reward you as you diligently seek His face in this program.
3. Abstain from all food, drink, and leisure from 12 midnight to 8pm daily.
4. You may break your fast with fruit and water.
5. During the fast, give yourself to reading the word of God, confession of scriptures, meditation on the word of God, singing hymns, praises, prayers, seeking the face of God and hearing from Him. *[Suggested bible reading, confessions and hymns are in this booklet].*
6. You are encouraged to write down instructions, words and revelations that you receive in the time of your meditation and prayers before God.
7. You are encouraged to make a list of your personal, family, business, community requests and petitions. Then daily, during your time of prayers, present them to God as we are instructed to do in Philippians 4:6-7.
8. You are encouraged to connect from Monday to Thursday on Zoom for 30 minutes, from 8:30 PM - 9 PM for sealing prayers.  
*[Zoom ID: 820 5389 4377 | Passcode:736561].*
9. You are strongly encouraged to join us in church for the concluding prayers on Friday, April 18th, 2025, at 11 PM *[In-person only]*.

## **IMPORTANT NOTE**

No one is under obligation to participate in this fasting and prayer program if you feel that it is not safe or healthy for you to abstain from food, drink, and leisure for 5 days.

You are personally responsible for your own decision to participate in this program. Your discretion and well-being in this regard is yours.

## **DAY ONE:**

**[April 14th, 2025]**

**Scripture Reading:** John 1

**Confession:** Psalm 18:28 – *“For thou wilt light my candle:  
The LORD my God will enlighten my darkness.”*

### **MFM Gospel Hymn #669**

**1. “Our times are in Thy hand:”**

Father, we wish them there;  
Our life, our soul, our all,  
We leave entirely to Thy care.

**2. “Our times are in Thy hand,”**

Whatever they may be;  
Pleasing or painful, dark or bright,  
As best may seem to Thee.

**3. “Our times are in Thy hand;”**

Why should we doubt or fear?  
Our Father’s hand will never cause  
His child a needless tear.

**4. “Our times are in Thy hand,”**

Jesus, the crucified!  
The hand our cruel sins had pierced.  
Is now our guard and guide.

### **Praises**

### **Prayer Points:**

1. Blood of Jesus, arise and cleanse me from all sin.
2. Blood of Jesus, purge my conscience from every act that leads to death, so that I may serve the living God acceptably.
3. Agenda of faith and destiny failure for my life, be wasted by the fire of God, in the name of Jesus.
4. My life, refuse to obey or surrender to the authority of darkness, in the name of Jesus.
5. Every arrow of darkness fired against my family, my destiny and testimonies, be arrested, be destroyed in the name of Jesus.
6. Force of bewitchment operating in my bloodline, be terminated by fire, in the name of Jesus.
7. You power of evil limitation assigned to my laughter and my family's celebrations, be broken by fire, in the name of Jesus.

8. My Father, let Your presence overshadow me now and always, in the name of Jesus.
9. Any program of hell fire for my life and family, be exposed and be terminated permanently, in the name of Jesus.
10. O God, arise and give me a mouth and wisdom for living, in the name of Jesus.
11. O God arise, and increase and enlarge my effectiveness in your kingdom, in the name of Jesus.
12. O God, perfect Your good work in my life and family, to the glory of Your name, in the name of Jesus.
13. My father, feed me with the food champions, in the name of Jesus.
14. Present your prayer list unto God now and give him thanks for answers.
15. Pray in the Holy Spirit now.

### **GLADLY DECLARE THIS**

My father, I believe You for uncommon breakthrough in this program. I Know that You will do the impossible in my situation, in the name of Jesus.

### **SHARE THE GRACE**

## **DAY TWO:**

**[April 15th, 2025]**

### **Scripture Reading: John 2**

**Confession:** Micah 7:18-19 – *“Who is a God like unto thee, that pardoneth iniquity, and passeth by the transgression of the remnant of his heritage? he retaineth not his anger for ever, because he delighteth in mercy. He will turn again, he will have compassion upon us; he will subdue our iniquities; and thou wilt cast all their sins into the depths of the sea.”*

### **MFM Gospel Hymn #685**

**1. Standing on the promises of Christ our King,**

Thro’ eternal ages let His praises ring;  
Glory in the highest, I will shout and sing,  
Standing on the promises of God.

**Chorus:**

*Standing, standing.  
Standing on the promises of God my Saviour;  
Standing, standing.  
I’m standing on the promises of God.*

2. Standing on the promises that cannot fail.  
When the howling storms of doubt and fear assail,

By the living Word of God I shall prevail,  
Standing on the promises of God.

3. Standing on the promises of Christ the Lord,  
Bound to Him eternally by love’s strong cord.  
Overcoming daily with the Spirit’s sword,  
Standing on the promises of God.

4. Standing on the promises I cannot fall,  
List’ning every moment to the Spirit call,  
Resting in my Saviour as my all in all,  
Standing on the promises of God.

### **Praises**

### **Prayer Points:**

1. My Father, make my life shine by your eternal fire now, in the name of Jesus.

2. Every journey into error in any area of my life, O God deliver me now, in the name of Jesus.
3. I speak unto the moon, sun, and stars that they will not smite me and my family in the name of Jesus.
4. My Father, connect my life to your socket of favor and power now, in the name of Jesus.
5. My Father, arise and defend your interest in my life and family now, in the name of Jesus.
6. My Father, arise and make me hear Your voice and directions for my life, in the name of Jesus.
7. My Father, arise and make me see Your glory and follow you, in the name of Jesus.
8. My Father, arise and advance Your word of life in our city by fire, in the name of Jesus.
9. O Lord of Hosts, arise in Your Power and silence every foundational and territorial Goliath afflicting my family, in the name of Jesus.
10. Let the heavens of my fruitfulness open and never close again, in the name of Jesus.
11. My Father, command Your angels and men to assist me in my destiny fruitfulness now, in the name of Jesus.
12. You habitation of cruelty and wickedness working against divine order in my life and family, receive destruction now, in the name of Jesus.
13. Every spiritual gift in my life that is dormant, receive the fire of God and manifest now, in the name of Jesus.
14. Present your prayer list to God now and give Him thanks for answers.
15. Pray in the Holy Spirit now.

## **GLADLY DECLARE THIS**

Father Lord, deliver me and my family from every negative environment and bring us into Your truth and glory now. My father, I have confidence in you that, you will change my story and situation for your name's sake. I believe and I rejoice in this testimony now.

## **SHARE THE GRACE**

## **DAY THREE:**

**[April 16th, 2025]**

**Scripture Reading:** John 3

**Confession:** Matthew 4:16 – *“The people which sat in darkness Saw great light; And to them which sat in the region and shadow of death Light is sprung up.”*

### **MFM Gospel Hymn #700**

**1 My faith looks up to Thee,**

Thou Lamb of Calvary,  
Saviour divine!  
Now hear me while I pray,  
Take all my guilt away,  
O let me from this day, Be wholly  
Thine!

2. May Thy rich grace impart  
Strength to my fainting heart,  
My zeal inspire;  
As Thou hast died for me,  
O may my love to Thee  
Pure, warm, and changeless be, A  
living fire!

3. While life's dark maze I tread  
And griefs around me spread,  
Be Thou my guide;  
Bid darkness turn to day,  
Wipe sorrow's tears away,  
Nor let me ever stray, From Thee  
aside.

4. When ends life's passing dream,  
When death's cold, threatening  
Stream  
Shall o'er me roll,  
Blest Saviour, then, in love.  
Fear and distrust remove;  
O lift me safe above, A ransomed  
soul!

### **Praises**

### **Prayer Points:**

1. I claim the power to shine and overcome every territorial darkness, in the name of Jesus.
2. By fire and by force, I remove my name from the register of the spiritual castaways, in the name of Jesus.
3. Every child of Belial pursuing my star and destiny to waste it, receive the judgment of God and now, in the name of Jesus.

4. Let every dark pronouncement against my success be nullified by fire, in the name of Jesus.
5. Conspiracies in the heavenlies, on earth, in the waters, and in the souls of men against my divine establishment, scatter to desolation, in the name of Jesus.
6. Oracles of darkness chanting my name, receive divine judgement and speak no more, in the name of Jesus.
7. Common and uniform affliction tormenting my bloodline, your end has come now, die, in the name of Jesus.
8. Powers and personalities that have made it their full-time or part-time duty to frustrate my life and bankrupt my destiny, receive the judgement of my God now, in the name of Jesus.
9. Every counsel and rage of satanic agents against my glorification, fall down and die, in the name of Jesus.
10. Lift up your heads, O you gates; and be you lifted up, you everlasting doors, and the King of glory shall come. King of glory, come into my life, my family and my work now, in the name of Jesus.
11. Covens of darkness in our city, receive destruction now, in the name of Jesus.
12. My Father, command men to circulate my name for promotion, in the name of Jesus.
13. My Father, make Your word fruitful in my life, family, calling and work, in the name of Jesus.
14. Present your prayer list to God now and give Him thanks for answers.
15. Pray in the Holy Spirit now.

## **GLADLY DECLARE THIS**

I know and believe that my labour in prayers has attracted divine mercy and miracles. My Father has given me beauty for ashes, the oil of joy for mourning, the garment of praise for the spirit of heaviness. And I shall be called a tree of righteousness, the planting of the Lord, and He shall be glorified continually in my life.

## **SHARE THE GRACE**

## **DAY FOUR:**

**[April 17th, 2025]**

### **Scripture Reading: John 4**

**Confession:** Matthew 5:14-16 – *“Ye are the light of the world. A city that is set on an hill cannot be hid. Neither do men light a candle, and put it under a bushel, but on a candlestick; and it giveth light unto all that are in the house. Let your light so shine before men, that they may see your good works, and glorify your Father which is in heaven.”*

### **MFM Gospel Hymn #674**

#### **1. My faith has found a resting place**

Not in device or creed;  
I trust the Everliving One  
His wounds for me shall plead.

#### **Chorus**

*I need no other argument,  
I need no other plea;  
It is enough that Jesus died,  
And that He died for me.*

2. Enough for me that Jesus saves  
This ends my fear and doubt;

A sinful soul I come to Him  
He'll never cast me out.

3. My heart is leaning on the Word  
The written Word of God:  
Salvation by my Saviour's name  
Salvation thru His blood.

4. My great Physician heals the sick  
The lost He came to save;  
For me His precious blood He shed  
For me His life He gave.

### **Praises**

### **Prayer Points:**

1. Let all the agenda of God for my life and family, find fulfilment continually, in the name of Jesus.
2. Every dark revelation projected into my spiritual heaven, clear away by fire, in the name of Jesus.
3. My heaven, reject pollution, in the name of Jesus.

4. O God, order my steps in righteousness, in the name of Jesus.
5. My Father, empower [*Mention their name here*] to find and walk in favor before his/her divine helper continually, in the name of Jesus.  
-My Wife -My Child - My Friend - My Father - My Mother - My Boss
6. You spirit of divination and manipulation assigned to oppose my advancements, be destroyed now, in the name of Jesus.
7. I bind every strongman delegated to hinder the advancement of the gospel of Christ in our city, in the name of Jesus.
8. Every satanic attack against my greatness, fail and scatter, in the name of Jesus.
9. Every dark oil speaking against my family, dry up permanently now, in the name of Jesus.
10. As the Lord lives and as His spirit lives, I shall fulfil my destiny well and strong, in the name of Jesus.
11. Help me, O Lord, to walk worthy of Your mandate for my creation, in the name of Jesus.
12. My Father, deliver my family from the spirit and influence of the wilderness now, in the name of Jesus.
13. Every curse of infirmity in my blood, bone and body, break now in the name of Jesus.
14. Present your prayer list/request to God now and give Him thanks for answers.
15. Pray in the Holy Spirit now.

## **GLADLY DECLARE THIS**

By faith in the living God, I obtain testimony to my prayers and my rejoicing will not be cut off. My Father shall make me manifest His glory and praise in the land of the living continually.

## **SHARE THE GRACE**

## **DAY FIVE:**

**[April 18th, 2025]**

### **Scripture Reading: John 5**

**Confession:** John 8:12 – *“Then spake Jesus again unto them, saying, I am the light of the world: he that followeth me shall not walk in darkness, but shall have the light of life.”*

Psalms 27:1 – *“The LORD is my light and my salvation; whom shall I fear? The LORD is the strength of my life; of whom shall I be afraid?”*

### **MFM Gospel Hymn #686**

**1. When we walk with the Lord in**  
the light of His Word,  
What a glory He sheds on our way!  
While we do His good will He  
abides with us still,  
And with all who will trust and obey.

*Chorus*  
*Trust and obey, for there's no other*  
*way*  
*To be happy in Jesus, But to trust and*  
*obey.*

2. Not a shadow can rise, not a  
cloud in the skies,  
But His smile quickly drives it away;  
Not a doubt nor a fear, not a sigh  
nor a tear,  
Can abide while we trust and obey.

3. Not a burden we bear, not a  
sorrow we share.  
But our toil He doth richly repay;  
Not a grief nor a loss, not a frown  
nor a cross.  
But is blest if we trust and obey.

4. But we never can prove the  
delights of His love  
Until all on the altar we lay;  
For the favour He shows and the  
joy He bestows  
Are for them who will trust and obey.

5. Then in fellowship sweet we will sit  
at His feet.  
Or we'll walk by His side in the way;  
What He says we will do, where He  
sends we will go  
Never fear, only trust and obey.

### **Praises**

### **Prayer Points:**

1. Blood of Jesus, arise and correct every crookedness in my life now.

2. Blood of Jesus, arise and fill up every valley in my family now.
3. My Father, level every mountain and hill troubling my family, in the name of Jesus.
4. Every wicked and dark imagination against me, be paralyzed and die, in the name of Jesus.
5. Every afflicted cell, tissue, organ and system in my body, receive life and be healed, in the name of Jesus.
6. I receive the energy and wisdom to accomplish the will of God in my generation, in the name of Jesus.
7. Holy Spirit, move in me and in my family continually, in the name of Jesus.
8. O God, transmit Your fire, Your life, and Your power into my personality, in the name of Jesus.
9. O Lord, make Your hand mighty upon me and my calling from now on, in the name of Jesus.
10. O Lord, send me and my family destiny helpers that will not disobey Your command, now, in the name of Jesus.
11. My Father, bring me into your transformational fire and keep me there, in the name of Jesus.
12. Holy Spirit, help me to breakthrough in my assignment in this country, in the name of Jesus.
13. My Father, make me know and walk in Your purpose and grace continually, in the name of Jesus.
14. Present your prayer list/request unto God now and give Him thanks for answers.
15. Pray in the Holy Spirit now.

## **GLADLY DECLARE THIS**

My Father has begun the work of restoration in my life, family and destiny and He will complete it gloriously in the name of Jesus! My Father has ordained and programmed His light to envelope me going out and coming in from this day forward.

## **SHARE THE GRACE**

# Mountain of Fire & Miracles Ministries

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- [www.youtube.com/mfmcalgarychurch](http://www.youtube.com/mfmcalgarychurch) -



## Weekly Programs

**Worship Service:** Sundays 9 AM

**Bible Study & Holy Ghost Hour:** Mondays 6:30 PM

**Revival Service / Manna Water Service:** Wednesdays 6:30 PM

**Early Morning Fire:** Mondays 5:30 - 6 AM **Tel:** +1 587 405 1252 **Code:** 5407376#

**Revival Hour:** Mondays 9 PM (WAT) – MFM Ministries HQ YouTube Channel

## Monthly Programs

**Power Must Change Hands** – 1<sup>st</sup> Saturday of Every Month - 7 AM

**The God that Doeth Wonders** – 3<sup>rd</sup> Friday of Every Month - 11 PM

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