

# Ink Me Tattoo Aftercare – First Week

Proper aftercare during the first week is critical for healing and long-term tattoo quality. Always follow your artist's specific instructions. The guidelines below are general aftercare recommendations.

## What You Will Need

- Antibacterial, fragrance-free soap.
- Recommended ointment such as Aquaphor or Tattoo Goo (ointment only, not lotion).
- Clean paper towels.

## First 24 Hours

- Keep the bandage on as directed by your artist.
- Wash hands thoroughly before touching your tattoo.
- Gently wash the tattoo with lukewarm water and antibacterial soap.
- Pat dry with a clean paper towel. Do not rub.

## Days 2–7 (First Week Healing)

- Wash the tattoo 2–3 times daily with antibacterial soap.
- Always wash and dry the tattoo before applying more ointment.
- Apply a very thin layer of recommended ointment (Aquaphor or Tattoo Goo).
- Do NOT use lotion during the first week.
- Wear loose, breathable clothing over the tattoo.
- Expect light redness, flaking, and itching.

## Avoid During First Week

- No swimming, soaking, hot tubs, oceans, or pools.
- No direct sunlight or tanning beds.
- Do not scratch, pick, or peel.
- Avoid excessive sweating and friction.
- No scented, exfoliating, or alcohol-based products.

*Ink Me provides general aftercare guidance only. Each artist is an independent professional. Ink Me is not responsible for complications caused by improper aftercare or individual skin reactions.*