Sara Alonso Sancho

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LINK TO:

Blog: Saraspathways

Non- Profit Organization: Anthro-Links

EDUCATION

- The Awty International School in Houston
- Class of 2026
- Unweighted GPA: 95.08
- IB Courses: IB English A: Language and Literature HL, IB Math Applications SL, IB Environmental Systems & Societies HL, IB Psychology HL, IB Economics SL, IB French A: Language and Literature HL

STATEMENT OF PURPOSE:

Curious about people, cultures and the systems that shape our world, I am passionate about using anthropology to promote understanding, equity, and change. Whether through my writing, nonprofit, or leadership roles, I aim to connect academic insights to real life situations. My goal is to pursue a college experience that challenges me intellectually, supports my passion for social impact and empowers me to advocate for inclusive solutions on a global scale.

HONORS AND AWARDS

- National Junior Honors Society (2 years) 2022-2024 (9th-10th grade)
- National Honors Society (2 years) 2024-2026 (11th-12th grade)
- National French Honor Society (2 years) 2024-2026 (11th-12th grade)
- French Award (Level 5)
 - Gold Metal, National French Contest (Grand Concours) in May 2025
 - Silver Metal, National French Contest (Grand Concours) in May 2024
- Field Hockey "Most Valuable Player" Award in November 2023

EXPERIENCES

Founder – Anthro-Links (Nonprofit) | Aug 2024–Present

- · Created educational site on anthropology
- Collected stories from local elders for student awareness

Founder & Writer – Sara's Pathways Blog | Aug 2024–Present

- Share monthly blog posts on culture and identity
- Connect anthropology to real life experiences

Intern – LINCOLN Leadership Foundation July 2025–Present

- Helped with launch, branding, and research
- Continuous engagement in document and planning work

Coursera Certificate "Social Norms, Social Change" July 2025

- Studied how norms shape behavior
- · Learned strategies for social change
- · Earned certificate

Research Paper – Environmental Sexism June 2025 (Published)

- Researched gender inequality in environmental issues
- · Analyzed global case studies

Co-President - UNICEF Club 2024-Present

- · Led fundraising and awareness campaigns
- · Organized schoolwide humanitarian initiatives

Volunteer – Thangkar Dechen Choling Monastic Institute (in Nepal) | April 2025

- Taught English lessons to young monks to strengthen language and communication skills
- Led environmental cleanup of the monastery grounds to promote sustainability and community care

Business & Entrepreneurship – Oxford College Summer 2024

- Explored leadership, innovation, global business
- · Created full business model and presented final pitch

French Program – Village Camps | Summer 2022 & 2023

- Two-week immersive program (2 summers)
- Took Advanced French: working on essays, debates, cultural activities
- · Improved fluency and confidence

Intern – The French Farm | April 2022

- · Helped with marketing and social media
- Supported product promotion and brand outreach

Volunteer Work

- Spain (2022): Taught Spanish to Ukrainian kids
- Houston Food Bank (continuous): Packed and distributed meals
- Babysitting (Spain summers): Regular childcare

Field Hockey | Athletics

- Player (8th–12th): 5-year school team commitment
- Captain (Fall 2023): Led team and mentored players
- PRIDE Club (Spring 2022): Competitive training
- UMD Camp (Aug 2024): Trained with D1 coaches
- ESPN (Fall 2024): Goal submitted in Top 10 Plays