

News Release:

Attention Local Newspaper, Psychology, Mental Health, Lifestyle, Parenting, and other Editors.

Psychological, Counselling, and Family Wellness Services:

December 1st, 2020 - This Winter, Stratford welcomes to the community, its first multidisciplinary centre for psychological counselling and family wellness. Stratford is an ideal location for Brighter Vision, conveniently serving our local and rural communities as far as London, Goderich, Kitchener/Waterloo, Guelph, Brantford, and Mt. Forest.

Brighter Vision will open it's doors to the public on December 1st and is the first and only of it's kind to offer multidisciplinary services that include individual, couple, and family counselling; psychological testing and assessment; registered massage therapy; and a number of other whole health and wellness services. The team consists of a Psychological Associate; Registered Social Workers; Psychotherapists; and Registered Massage Therapist. Services offered by Brighter Vision will appeal to anyone seeking mental health and relational counselling for individuals, couples and families; ASD and ADD/ADHD assessment, testing, and support; physical and somatic therapies; and mindfulness teaching. Many of Brighter Vision's services are covered by private insurance and employee assistance plans (EAPs).

"We're passionate about filling the need in our community for a comprehensive range of psychological health and wellness services. The new centre offers a range of multidisciplinary services under one roof that individuals and families would otherwise have to travel far distances to access. It's all right here in this beautiful space" - Dowsett

"It's important we also let everyone know Brighter Vision does not offer crisis services. For anyone in need of immediate mental health or crisis support, please contact emergency services at the Huron Perth Helpline and Crisis Response Team at: 1-888-829-7484 or call 9-1-1. You can also visit our website at www.brightervision.ca for a more complete list of services in our community." - Rueffer

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About Brighter Vision:

Brighter Vision is located in the south east end of beautiful Stratford ON at 488 Erie St. Co-founders Kelly Rueffer, Psychological Associate and Sherri Dowsett, Clinical Family Therapist are passionate about offering families access to exceptional evidence-based psychological health services in one convenient location.

For Further Information contact:

Call Brighter Vision at 519-305-5900; email brightervisioncpw@gmail.com; or visit www.brightervision.ca