

FAMILY CONNECTIONS

CONEXIONES FAMILIARES



ROUTT COUNTY
YOUTH SERVICES
COALITION

A Family Resource Guide

For families with Children in Routt County
(pregnancy through the teen years)

*Una Guía de Recursos para las familias
con hijos en el condado Routt*

ROUTT COUNTY YOUTH SERVICES COALITION

RCYSC promotes connection, collaboration, and increased visibility among families and organizations to support youth services in Routt County.

youthinroutt.org.

As a parent or caregiver, it can be challenging to find or know about all of the resources available for your family. This guidebook is intended to be a comprehensive guide for families in Routt County to navigate community services, resources, and programs.

Disclaimer: RCYSC is not specifically endorsing/vetting entities listed in this directory. RCYSC is simply providing the most comprehensive and up-to-date info as possible.

Routt County Free Training Offerings

Interested in hosting a training at your organization, school or business? Are you a parent (or group of parents) interested in a community-based training? This is a list of offerings by local non-profits that can be set up anytime! Contact the listed person or organization to set it up. Community meeting space available for a group that does not have a location. Just ask!

Información de la Coalición de Servicios a la Juventud del Condado de Routt

RCYSC promueve la conexión, la colaboración y el aumento de la presencia entre las familias y las organizaciones para apoyar los servicios para jóvenes en el condado de Routt. youthinroutt.org.

Mensaje de bienvenida

Como padre o cuidador, puede ser difícil encontrar o conocer todos los recursos disponibles para su familia. Esta guía está destinada a ser una guía completa para las familias en el condado de Routt para navegar por los servicios, recursos y programas comunitarios.

Descargo de responsabilidad: RCYSC no respalda específicamente entidades de investigación/investigación que figuran en este directorio. RCYSC simplemente proporciona la información más completa y actualizada posible.

Ofertas de capacitación gratuita del condado de Routt

¿Interesado en organizar una capacitación en su organización, escuela o negocio? ¿Es usted un padre (o grupo de padres) interesado en una capacitación basada en la comunidad? ¿Esta es una lista de ofertas de organizaciones sin fines de lucro locales que se pueden configurar en cualquier momento! Póngase en contacto con la persona u organización listada para configurarlo. Espacio de reuniones comunitarias disponibles para un grupo que no tiene una ubicación. ¡Solo pregunta!

**QR Code to free trainings/
Código QR para la formación gratuita**



ROUTT COUNTY
YOUTH SERVICES
COALITION

WELCOME

BIENVENIDOS

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24/7/365 SERVICES

24/7/365 SERVICIOSA

Law Enforcement or
Emergency Medical Services
911

UCHealth Emergency Department - Yampa Valley Medical Center

970.879.1322
1024 Central Park Drive,
Steamboat Springs, CO 80487

Advocates of Routt County Safeline

970.879.8888

Confidential and immediate local support to those affected by domestic violence, sexual assault, or abusive relationships
Apoyo local confidencial e inmediato a los afectados por la violencia doméstica, la agresión sexual o las relaciones abusivas

Colorado Crisis Services Hotline

988 OR 844.493.8255 OR Text 38255

Mental health, substance use, or emotional crisis help, information and referrals. Local mobile crisis assessments available.

Ayuda, información y referencias sobre salud mental, consumo de sustancias o crisis emocionales. Evaluaciones locales de crisis móvil disponibles.

National Maternal Mental Health Hotline

1.833.943.5746

Confidential support, resources and referrals to any pregnant and postpartum mothers.

Apoyo confidencial, recursos y referencias a cualquier madre embarazada y posparto.



National Suicide
Prevention Lifeline
988 OR 1.800.273.8255

Colorado Child Abuse and Neglect Hotline

844.CO.4-KIDS or 844.264.5437

Rocky Mountain Poison and Drug Center

800.222.1222

URGENT CARE

Mind Springs Health

970.879.2141
407 S. Lincoln Ave., Steamboat
M-F / Lunes-Viernes 9am-5pm

For urgent support with mental health or substance use

Para apoyo urgente con la salud mental o el uso de sustancias

Steamboat Medical Group

970.879.0203
1475 Pine Grove Road #102, Steamboat
M-F / Lunes-Viernes 8am-5pm
Sa / Sabado 9am-3pm, Su/Domingo 9am-1pm

UCHealth Urgent Care - Steamboat Springs

970.871.9770
1600 Mid Valley Drive, Steamboat
M-F / Lunes-Viernes 8am-7pm,
Sa / Sabado & Sun / y Domingo 8am-6pm

MEDICAL

MÉDICO

CLINICS/CLINICAS

Steamboat Medical Hayden Clinic

All Ages/Todas las Edades
970.276.4270
150 West Jackson Ave., Hayden
steamboatmedical.com

Doctor's offices; walk-in or appointment
Consultorios médicos; walk-in o con cita

Northwest Colorado Health

All Ages/Todas las Edades
970.879.1632
940 Central Park Dr., Ste. 101; 745 Russell St,
Steamboat and Craig
northwestcoloradohealth.org

Community Health Center offering integrated primary care, dental and behavioral health for all ages. We serve all patients, regardless of ability to pay

Centro de salud comunitario que ofrece atención primaria integrada, salud dental y conductual para todas las edades. Servimos a todos los pacientes, independientemente de la capacidad de pagar

South Routt Medical Center

All Ages/Todas las Edades
970.736.8118
300 South Main St., Oak Creek
southrouttmedical.com

Walk-in and same-day appointments
Sin cita previa y citas de mismo día

Steamboat Medical Group

All Ages/Todas las Edades
970.879.0203
1475 Pine Grove Rd., Ste. 102, Steamboat
steamboatmedical.com

Doctor's offices; walk-in or appointment
Consultas médicas; sin cita previa o con cita

Steamboat Orthopedics and Spine Institute (SOSI)

All Ages/Todas las Edades
970.879.6663
705 Marketplace Plaza Suite 200, Steamboat
steamboatortho.com

Orthopaedics
Ortopedia

Steamboat Signature Specialty Clinic

All Ages/Todas las Edades
970.826.8840
2201 Curve Plaza, Unit A-101, Steamboat
memorialregionalhealth.com

Doctor's offices
Consultorios médicos

Steamboat Springs Family Medicine

All Ages/Todas las Edades
970.871.1323
501 Anglers Dr., Ste, 201, Steamboat
steamboatfamilydoc.com

Doctor's offices
Consultorios médicos

Yampa Valley Medical Associates (Hayden)

All Ages/Todas las Edades
970.276.4270
150 West Jackson Ave., Hayden
yvma.com

Doctor's offices *Consultorios médicos*

Yampa Valley Medical Associates (Steamboat)

All Ages/Todas las Edades
970.879.3327
940 Central Park Dr., Suite 100, Steamboat
yvma.com

Doctor's offices *Consultorios médicos*

PEDIATRIC OFFICES/CONSULTORIOS PEDIÁTRICOS

Pediatrics of Steamboat

Ages/Edades 0-20

970.871.1900

940 Central Park Dr., Ste. 201, Steamboat
pediatricsofsteamboat.com

**Pediatrics (infants, children, teens);
complimentary prenatal consultations**

*Pediatría (Bebés-Niños-Adolescentes) consultas
prenatales gratuitas*

Pediatrics of Steamboat (Hayden)

Ages/Edades 0-20

970.871.1900

168 S Walnut St., Hayden
pediatricsofsteamboat.com

**Pediatrics (infants, children, teens);
complimentary prenatal consultations**

*Pediatría (Bebés-Niños-Adolescentes) consultas
prenatales gratuitas*

UCHEALTH SPECIALTY CLINICS

**Talk with your primary care provider for a referral, additional specialists available through telehealth/UCHEALTH SPECIALTY CLINICS *Hable con su proveedor de atención primaria para obtener una referencia, especialistas adicionales disponibles a través de la telesalud*

Birthing Center

970.871.2412

1024 Central Park Dr., Steamboat
uchealth.org/locations/uchealth-birth-center-yampa-
valley-medical-center-steamboat-springs/

Birth Center, birthing classes

Centro de nacimiento, clases de parto

Ear, Nose, and Throat Clinic

970.875.2727

940 Central Park Dr. Suite 209, Steamboat
uchealth.org/locations/uchealth-ear-nose-and-
throat-steamboat-springs/

Ear, Nose, and Throat

Oído, nariz y garganta

Endocrinology Clinic

970.875.2708

1100 Central Park Dr., Steamboat
uchealth.org/locations/uchealth-
endocrinology-clinic-steamboat-springs/

**Hormone testing for the complete evaluation of
pituitary and adrenal gland function.**

*Pruebas hormonales para la evaluación completa
de la función de la glándula pituitaria y suprarrenal.*

Gloria Gossard Breast Care Center

970.875.2604

1100 Central Park Dr. Suite 1100, Steamboat
uchealth.org/locations/uchealth-
gloria-gossard-breast-care-center-
steamboat-springs/

Cancer treatment, mammography

Tratamiento del cáncer, mamografía

UCHEALTH SPECIALTY CLINICS

Heart and Vascular Clinic

970.870.1035

1100 Central Park Dr. Suite 1050, Steamboat
uchealth.org/locations/uchealth-heart-and-
vascular-clinic-steamboat-springs/

Cardiology, Heart and Vascular

Cardiología, corazón y vascular

Jan Bishop Cancer Center

970.870.1047

1100 Central Park Dr. Suite 2000, Steamboat
uchealth.org/locations/uchealth-jan-bishop-can-
cer-center-steamboat-springs/

Blood disorders, Cancer treatment,

Hematology

*Trastornos sanguíneos, tratamiento del cáncer,
hematología*

Neurology Clinic

970.875.2634

1100 Central Park Dr. Suite 1050, Steamboat
uchealth.org/locations/uchealth-
neurology-clinic-steamboat-springs/

Neurology Clinic

Clínica de neurología

Pain Management Clinic

970.871.2363

1100 Central Park Dr. Suite 1050, Steamboat
uchealth.org/locations/uchealth-
pain-management-clinic-steamboat-springs/

Pain Management

El manejo del dolor

Pediatric Heart and Vascular Clinic

970.871.2547

1100 Central Park Dr. Suite 1050, Steamboat
uchealth.org/locations/uchealth-pediatric-
heart-and-vascular-clinic-steamboat-springs/

Pediatric cardiology, heart and vascular

Cardiología pediátrica, corazón y vascular



Pulmonology Clinic

970.224.9102

1100 Central Park Dr. Suite 1050, Steamboat
uchealth.org/locations/uchealth-pulmoolgy-
steamboat-springs/

Respiratory

Respiratorio

Rheumatology Clinic

970.875.2619

1100 Central Park Dr. Suite 1050, Steamboat
uchealth.org/locations/uchealth-
rheumatology-clinic-steamboat-springs/

Musculoskeletal and autoimmune conditions

Condiciones musculoesqueléticas y autoinmunes

Women's Care Clinic

970.879.3738

1100 Central Park Dr. Suite 1000, Steamboat
uchealth.org/locations/uchealth-womens-care-
clinic-steamboat-springs/

**Obstetrics/Gynecology, Pregnancy Care,
Women's Health**

*Obstetricia/ginecología, atención durante el
embarazo, salud de la mujer*

UCHEALTH HOSPITAL

Yampa Valley Medical Center

970.879.1322

1024 Central Park Dr., Steamboat
uchealth.org/locations/uchealth-yampa-
valley-medical-center/

Hospital services and emergency department

*Servicios hospitalarios y departamento de
emergencias*

MENTAL HEALTH & SUBSTANCE USE

SALUD MENTAL Y USO DE SUSTANCIAS

CLINICS

Mind Springs Health

All Ages/Todas las Edades
970.879.2141 (office)
407 S Lincoln, Steamboat
mindspringshealth.org

Community Mental Health Center offering therapy, psychiatry, crisis, and substance abuse services

Servicios de terapia, psiquiatría, crisis y abuso de sustancias comunitarios de la salud mental

Northwest Colorado Health

All Ages/Todas las Edades
970.879.1632
970 Central Park Dr. Suite 101;
745 Russell St, Steamboat and Craig
northwestcoloradohealth.org/behavioralhealth

Community Health Center offering integrated behavioral health care for all ages and medication management. We serve all patients, regardless of ability to pay.

Community Health Center que ofrece atención de salud conductual integrada para todas las edades y gestión de medicamentos. Servimos a todos los pacientes, independientemente de la capacidad de pago.

I Matter

18 and under/ y menos
Telehealth
imattercolorado.org

6 free telehealth sessions
6 sesiones de telesalud gratuitas



ROUTT COUNTY
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UCHealth Behavioral Health Clinic - Yampa Valley Medical Center

Ages/Edades 18+
970.875.2633
940 Central Park Dr. Suite 202, Steamboat
uhealth.org/locations/uhealth-behavioral-health-clinic-yampa-valley-medical-center/

Behavioral health counseling employs psychotherapeutic principals and health psychology in order to help patients understand the role of the brain/mind in the process of healing or the possible creation/exacerbation of disease in the body.

El asesoramiento de salud conductual emplea a los directores psicoterapéuticos y la psicología de la salud para ayudar a los pacientes a comprender el papel del cerebro/mente en el proceso de curación o la posible creación/exacerbación de la enfermedad en el cuerpo.

Queer Asterisk

Ages/Edades 12+
720.507.6161
Telehealth
Queerasterisk.com

Queer Asterisk is a Colorado 501(c)(3) nonprofit organization guided by queer and transgender leadership and rooted in community. We provide counseling services, educational trainings, and therapeutic programs centering queer and trans experiences.

Queer Asterisk es una organización sin fines de lucro Colorado 501 (c) (3) sin fines de lucro guiada por el liderazgo queer y transgénero y enraizada en la comunidad. Brindamos servicios de asesoramiento, capacitaciones educativas y programas terapéuticos que centran experiencias queer y trans.

GROUP PRACTICES

MINDS IN MOTION

1169 Hilltop Pkwy. Ste 206A Steamboat • www.mindsinmotionco.com

Alex Osias, LCSW LMFT

Ages/Edades 10+
720.310.0714
alexosias.com\

Angela Melzer, LCSW

Ages/Edades 15+
970.846.1598
1169 Hilltop Pkwy. Ste 206A,
Steamboat

Cristen Malia, LPC

Ages/Edades 14+
970.846.8861

Dr. Fegley, MD

All Ages/Todas las Edades
Functional Medicine
Medicina funcional

Dr. Grace Charles

All Ages/Todas las Edades
Acupuncture and Naturopathic Medicine
Acupuntura y medicina naturópata

Jane Berryhill, MS

Ages/Edades 12+
970.761.2249

Lana Jarosch, RDN

970.761.2249
Registered Dietitian Nutritionist
Nutricionista dietista registrado

Lisa Wilkinson, NP

Ages/Edades 5+
Medication Management
Manejo de la medicación

Rudy Spector, NP

Ages/Edades 12+
Medication Management
Manejo de la medicación

Tom Welle, CAS

970.761.2249

PSYCHOTHERAPY OFFICES/ CONSULTORIOS DE PSICOTERAPIA

810 Lincoln Avenue Suite 200, Steamboat
<https://psychotherapy-offices.business.site/>

Barbara Philip, LCSW

Couples/Parejas
970.879.7637
810 Lincoln Ave., Steamboat
steamboatcounseling.com/
barbara-philip

Craig Thornhill, LPC, LAC

Ages/Edades 15+
970.879.7637 ext. 7
810 Lincoln Ave., Steamboat
Thornhillcounseling.com

Janelle Hoaglund, NP

Ages/Edades 8+
970.879.7637 ext 3
810 Lincoln Ave., Steamboat
psychotherapy-offices.business.site/
Medication Management
Manejo de la medicación

Margy Bookman, PA

Adults/Adultos
970.879.7637 ext 2
810 Lincoln Ave., Steamboat
steamboatcounseling.com/
margy-bookman

Medication Management
Manejo de la medicación

Meggan McBride Garwood, LCSW

All Ages/Todas las Edades
970.875.4461
810 Lincoln Ave., Steamboat
psychotherapy-offices.business.site/

Millie Flannigan, PA

Ages/Edades 12+
970.879.7637
810 Lincoln Ave., Steamboat
psychotherapy-offices.business.site/
Medication Management
Manejo de la medicación

Wendy Bauman, LCSW

Ages/Edades 16+
970.879.7637, ext 4
810 Lincoln Ave., Steamboat
steamboatcounseling.com/
wendy-baumann

Zak Conway, LPC, LAC, ADS

Ages/Edades 13+
970.879.7637
810 Lincoln Ave., Steamboat
zakconway.com

Routt County Alcohol and Drug

Ages/Edades 12+
970.879.7708
810 Lincoln Ave., Steamboat
Routt County Alcohol & Drug -
Community Service Supervision
& Alcohol Education Program
routt-county-alcohol-drug.
business.site/

Court ordered MIP Classes for ages 12+ and court ordered level II drug and alcohol classes for adults
Clases MIP ordenadas por el tribunal para mayores de 12 años y clases de drogas y alcohol de nivel II ordenadas por el tribunal para adultos

MENTAL HEALTH & SUBSTANCE USE

SALUD MENTAL Y USO DE SUSTANCIAS

GROUP PRACTICES

YAMPA VALLEY PSYCHOTHERAPISTS/ PSICOTERAPEUTAS

445 Anglers Dr. Suite 2G Steamboat Springs and
2045 W Victory Way • www.yvpllc.com/our-team

Carlos Cabrera, ACC

Ages/Edades 3+
970.870.9454
Se Habla Espanol

Gary Gurney, LCSW

Adults/Adultos
970.870.9454

Jacqueline Cabrera, NLC

Ages/Edades 13+
970.293.3980

Kymerly, LPCC

Ages/Edades 3+
970.870.9454

Liz Smith, LPC

Ages/Edades 13+
970.329.2461
lizsmithcounseling.com

Peggy Sammons, LPC

Ages/Edades 3+
970.870.9454

PRIVATE PRACTICE THERAPISTS

Alison Hobson, LCSW

Ages/Edades 14+
970.846.0755
419 Oak St., Steamboat
steamboatcounseling.com/copy-of-richard-boersma

Amy Ploeger, LPC

Ages/Edades 16+
970.875.4114
100 Park Ave., Suite 209B,
Steamboat
routtcountypsychotherapy.com

Beth Wendler, NLC

0+13
970.846.0746
1041 Lincoln Ave., Steamboat
bethwendler.com

Bob Kirchner, PhD

Ages/Edades 5+
970.846.1920
Steamboat

Brooke Lightner, LCSW

Ages/Edades 5+
970.457.0874
Steamboat
steamboatcounseling.com/brooke-lightner

Caelen Cann, LPC, LAC, ADS

Ages/Edades 18+
970.457.0505
100 Park Ave., Suite 204,
Steamboat
cscann.com

Carla Portigal, LCSW

Ages/Edades 15+
970.846.0390
Steamboat
steamboatcounseling.com/carla-portigal

Colleen Clark Lay, LCSW

970.819.1558
330 S. Lincoln Ave., Suite 210,
Steamboat
ccftherapy.com

Danielle Aimone, LCSW, LAC, ADS

Ages/Edades 11+
970.286.0907
Steamboat

Eddie Konold, LPC

Ages/Edades 10+
970.846.4620
1041 Lincoln Ave., Steamboat
eddiekonold.com

Ellen McGuinness, LPC

Ages/Edades 5+
970.846.0641
1041 Lincoln Ave., Suite 200,
Steamboat
mcguinesscounseling.com

Holly James, LPC

Ages/Edades 18+
970.871.7857
941 Lincoln Ave., Suite 200c
Steamboat
trailheadcounselingsteamboat.com

Janel Washington, LPC

Ages/Edades 5+

Jen Murphy, LPC

Ages/Edades 5+
970.871.1231
57 10th St., Steamboat
steamboatcounseling.com/jen-murphy

Kaitlyn Anderson, LPC

Ages/Edades 12+
720.993.9131
100 Park Ave. Suite 204 or
telehealth, Colorado
trueintegrativecounseling.com

Kathy Gibbs, PsyD

All Ages/Todas las Edades
970.879.7540
1955 Bridge Ln., Suite 1500,
Steamboat
drkatherinegibbs.com

Laurie Crider, PsyD

Ages/Edades 16+
970.875.4755
419 Oak St., Steamboat
Steamboatpsychologist.com

Linda Nolte, PHD

Ages/Edades 2-80
970.846.3925
Steamboat
steamboatcounseling.com/linda-nolte
evaluations and referrals only
evaluaciones y referencias
unicamente

Marchele McCarthy, LPC

Ages/Edades 16+
970.846.8504
419 Oak St., Steamboat
Marchelemccarthy.com

Meredith Van Ness, LCSW

Women/Mujeres 18+
303.717.9151
419 Oak St., Steamboat
balncedwell.org

Mary Ellen Lemieux, LCSW

Ages/Edades 13+
650.346.7698
Steamboat
steamboatcounseling.com/mary-ellen-lemieux

Matt LaRock, LCSW, LAC

Ages/Edades 13+
970.846.6379
Steamboat
Contact † Matt Larock Psycho-
therapist & Addiction Counselor

Natalie Gavic, LMFT

Ages/Edades 9+
970.367.7286
405 South Lincoln Ave, Suite
B-206, Steamboat
nataliegavictherapy.com

Nicole D. McGuffin, Psy.D

Ages/Edades 0+
970.439.1938
942 Oak St., Steamboat
drnicolemcguffin.com

Rachel Hirning, LPC

Ages/Edades 18+
970.819.1712
Call for Appointment,
Steamboat
steamboatcounseling.com/rachel-hirning

Roger Reynolds, LCSW

Ages/Edades 3 - Adult/Adulto
970.879.5520
1475 S Pine Grove Rd., Ste 205,
Steamboat
steamboatcounseling.com/roger-reynolds

Sara Ross, LCSW

Ages/Edades 5+
970.819.1714
1041 Lincoln Ave., Steamboat
steamboatcounseling.com/sara-ross

Sophie Berkley, LPC

Ages/Edades 2+
970.819.6751
1041 Lincoln Ave., Suite 120,
Steamboat
growingpotentialnow.com

Tiana Schneider, LPC

Ages/Edades 3+
970.457.0473
1041 Lincoln Ave., Suite 130,
Steamboat
Tianaschneidercounseling.com

Tina Harlow, Guiding Bright

Ages/Edades 5+
970.819.3577
Steamboat
guidingbright.com

Will Bishop, LPC, LMFT

Ages/Edades 5+
303.718.7292
810 Lincoln Ave.,
Suite 2000, Steamboat



SUBSTANCE USE TREATMENT /SUSTANCIA Y TRATAMIENTO

Barnes Family Institute

Families/Familias
720.477.6757
1915 Alpine Plaza C3, Telehealth
forgingnewlives.com

Intensive, two-level program teaching and coaching families to safely and effectively communicate to address root causes of dysfunction and create recovery-supportive lifestyles.

El programa intensivo de dos niveles, enseñando y entrenando a las familias para comunicarse de manera segura y efectiva para abordar las causas fundamentales de la disfunción y crear estilos de vida de soporte de recuperación.

Come as You Are (CAYA)

Adult Women/Mujeres adultas
970.879.8913
795 Daugherty Rd., Steamboat
cayasteamboat.com

Faith-based long term residential addiction treatment center

Centro de tratamiento de adicción residencial a largo plazo basado en la fe

Front Range Clinic

Ages/Edades 18+
970.761.2207
320 Oak St., Steamboat
fronrangemd.com

Variety of dual diagnosis SUD treatment, some peer support and MAT

Variedad de tratamiento de diagnóstico dual de trastornos por consumo de sustancias, apoyo entre compañeros y Tratamiento asistido con medicamentos.

Northwest Colorado Health

Ages/Edades 12+
970.879.1632
northwestcoloradohealth.org/what_we_do/
community-health-center/crisis-resources.html

Individual and MAT

Individual y tratamiento asistido con medicamentos.

Providence Recovery

Adult/Adultos
970.824.5433
390 Yampa Ave, Craig
providence-recovery.com

Offers peer support, IOP, group, MAT, and individual counseling sessions.

Ofrece apoyo entre compañeros, IOP, grupo, tratamiento asistido con medicamentos y sesiones de asesoramiento individual.

The Foundry Intensive Outpatient

Ages/Edades 18+
720.477.6757
1915 Alpine Plaza C3, Telehealth
forgingnewlives.com

Individual and group intensive substance use outpatient program

Programa de uso ambulatorio de uso de sustancias intensivas individuales y grupales

The Foundry Residential

Adult Men/Hombres adultos
720.477.6757
1915 Alpine Plaza C3, Steamboat
forgingnewlives.com

Men's Residential Program experiencing substance use, co-occurring mental health conditions and trauma

Programa residencial para hombres que experimenta uso de sustancias, condiciones de salud mental y trauma concurrentes

The Health Partnership Recovery Program

18 and over/ y mas
970.875.3630
2722 Lincoln Ave., Steamboat
thehealthpartnership.org/recovery-support/
Peer Recovery Specialists and Support Coordinators assist in connecting to a network of treatment facilities, accessing services and reducing barriers

Travis House

Adult Men/Hombres adultos
970.846.6451
2111 Lincoln Ave., Steamboat
travishouse.org

Men's Faith-Based Sober Living

Vida sobria basada en la fe para hombres

Acronyms Explained

ADS

Acudetox Specialist-5 point ear acupuncture protocol to help with substance use and nervous system regulation
Especialista en Acudetox-Protocolo de acupuntura en la oreja de 5 puntos para ayudar con el uso de sustancias y la regulación del sistema nervioso

LAC/CAS

Licenses or Certified Addictions Counselor
Licencias o consejero de adicciones certificadas

LCSW

Licensed Clinical Social Worker, masters level therapist
Trabajador social clínico con licencia, terapeuta de nivel de maestría

LMFT

Licensed Marriage and Family Therapist
Terapeuta matrimonial y familiar con licencia

LPC

Licensed Professional Counselor, masters level therapist
Consejero profesional con licencia, terapeuta de nivel de maestría

LPCC

Licensed Professional Counselor Candidate, provisional license therapist
Candidato de Consejero Profesional Licenciado, Terapeuta Provisional de Licencia

MAT

Medication Assisted Therapy
Terapia asistida por medicamentos

ND

Naturopathic Doctor
Doctor naturopático

NLC, MS, MA

Unlicensed Psychotherapist
Psicoterapeuta sin licencia

NP/APN

Nurse Practitioner-Medical Professionals who can prescribe medication
Enfermera practicante: profesionales médicos que pueden recetar medicamentos

PA

Physician Assistant-Medical Professionals who can prescribe medication
Asistente médico: profesionales médicos que pueden recetar medicamentos

PsyD and PhD

Doctoral Level Psychologist
Psicóloga a nivel de doctorado

RD

Registered Dietitian
Dietista registrado



DENTAL

DENTAL

A Kidz Dentist

Ages/Edades 0-18
970.879.7976
1560 Pine Grove Rd., Steamboat
akidzdentist.com

Dr. Paul Andrews

Ages/Edades 3+
970.879.1815
505 Anglers Dr., Ste 204, Steamboat

Avant Garde Dental

Ages/Edades 3+
970.871.0033
1169 Hilltop Pkwy., Unit 203, Steamboat
avantgardedental.com

High Country Dentistry - Steamboat

Ages/Edades 2+
970.879.2290
501 Anglers Dr., Ste 102, Steamboat
highcountrydentistry.net

High Country Dentistry - Hayden

Ages/Edades 2+
970.276.3123
150 West Jackson Ave., Hayden
highcountrydentistry.net

McCreight Progressive Dentistry

Ages/Edades 1+
970.879.4703
940 Central Park Dr., Ste 206, Steamboat
steamboatdentistry.com

Northwest Colorado Health

All Ages/Todas las edades
970.824.8000
940 Central Park Dr., Ste 101, Steamboat
300 Main St., Oak Creek
485 Yampa Ave., Craig
northwestcoloradohealth.org/dental

Northwest Colorado Health School-Based Dental Health Program

Ages/Edades 0-18
970.824.8000
940 Central Park Dr., Ste 101,
Steamboat and Hayden
northwestcoloradohealth.org/schoolbasedhealth

Pine Grove Dental Arts

Ages/Edades 1.5+
970.879.1959
1475 Pine Grove Rd., Ste 107, Steamboat
pinegrovedentalarts.com

Steamboat Dental Center

Ages/Edades 18+
970.528.1632
1495 Pine Grove Rd. Ste 101-A, Steamboat
steamboatdentalcenter.com

Steamboat Family & Aesthetic Dentistry

Ages/Edades 2+
970.879.3565
940 Central Park Dr., Ste 107, Steamboat
steamboatsmiles.com

Sweet Fix Dental, P.C.

Ages/Edades 2+
970.276.3123
150 W Jackson St, Hayden

Sunshine Dentistry

Ages/Edades 2+
970.879.7572
100 Park Ave, Ste 212,
Steamboat
mysteamboatdentist.com



OTHER HEALTH SERVICES

OTROS SERVICIOS DE SALUD

Physical and Social/Emotional Health Salud física y social/emocional

NORTHWEST COLORADO HEALTH

Child Health Plan Plus (CHP+)

Ages/Edades 0-18
970.871.7330
940 Central Park Dr., Ste. 101, Steamboat
northwestcoloradohealth.org

Low-cost health and dental insurance for children and pregnant women.

Un seguro médico y dental de bajo costo para niños y mujeres embarazadas.

Community Grief Support

All Ages/Todas las Edades
970.846.8319
480 Rollingstone Dr., Routt and Moffat County
northwestcoloradohealth.org/what_we_do/hospice/grief-support.html

Grief support groups, counseling and group education

Grupos de apoyo al luto, asesoramiento y educación en grupo

CO Medicaid

All Ages/Todas las Edades
970.871.7330
940 Central Park Dr., Ste. 101, Steamboat
northwestcoloradohealth.org

Health coverage for eligible low-income adults, children, pregnant women, elderly adults and people with disabilities.

Cobertura de salud para adultos elegibles con bajos ingresos, niños, mujeres embarazadas, adultos mayores y personas con discapacidades.

Health Insurance Assistance

All Ages/Todas las Edades
970.871.7330
940 Central Park Dr., Ste. 101, Steamboat
northwestcoloradohealth.org

Assistance in securing health insurance for children and families.

Asistencia para asegurar un seguro médico para nuevas madres y sus bebés.

Immunization Program

All Ages/Todas las Edades
970.879.1632
940 Central Park Dr., Ste. 101, Steamboat
northwestcoloradohealth.org

Child, adult and travel immunizations; low to no cost immunizations for children and adults.

Vacunas para niños, adultos y de viaje; bajo o ningún costo vacunación para niños y adultos.

Nurse Family Partnership Program

Ages/Edades 0-2
970.879.1632
940 Central Park Dr., Ste. 101, Steamboat
northwestcoloradohealth.org/nfp

This free program provides regular home visits from specially trained nurses during pregnancy and through a child's second birthday.

Visitas de enfermera al hogar para madres primerizas

Youth Resiliency Program

Ages/Edades 5-22
970.846.0787
480 Rollingstone Dr., Routt and Moffat County
northwestcoloradohealth.org/youth-resiliency

The Youth Resiliency Program is a trauma-informed education program teaching youth and trusted adults how to respond adaptively in the face of adversity through art and music
El Programa de Resiliencia Juvenil es un programa de educación basado en trauma que enseña a los jóvenes y a los adultos de confianza cómo responder adaptativamente ante la adversidad a través del arte y la música.

THE HEALTH PARTNERSHIP

Care Coordination

All Ages/Todas las Edades
970.875.3630
2721 Lincoln Ave., Steamboat
thehealthpartnership.org

Care Connection and Coordination - Supporting for Social Determinants of Health including access to food, transportation, housing assistance, education and medical and mental health services.

Conexión y coordinación de atención: apoyo a los determinantes sociales de la salud, incluido el acceso a alimentos, transporte, asistencia para la vivienda, educación y servicios médicos y de salud mental.

Health Coverage Guide

All Ages/Todas las Edades
970.875.3630
2720 Lincoln Ave., Steamboat
thehealthpartnership.org

Assist with acquiring healthcare coverage whether navigating the State healthcare exchange website or Medicaid enrollment

Asistir con la cobertura de atención médica de acumulación, ya sea que navegue por el sitio web estatal de intercambio de salud o la inscripción de Medicaid

The Health Partnership Clean and Sober Steamboat

Ages/Edades 19 and over/y más
970.875.3631
2723 Lincoln Ave., Steamboat
thehealthpartnership.org/recovery-support/

Community-based activities for those in recovery, loved ones supporting those in recovery, Actividades comunitarias para aquellos en recuperación, seres queridos que apoyan a los que están en recuperación,

The Health Partnership Recovery Program

Ages/Edades 18 and over/y más
970.875.3630
2722 Lincoln Ave., Steamboat
thehealthpartnership.org/recovery-support/

Peer Recovery Specialists and Support Coordinators assist in connecting to a network of treatment facilities, accessing services and reducing barriers

Los especialistas en recuperación de pares y los coordinadores de soporte ayudan a conectarse a una red de instalaciones de tratamiento, acceder a servicios y reducir las barreras

Oak Creek SportsMed

All Ages/Todas las Edades
970.736.2294
300 Main Street, Oak Creek
uhealth.org/locations/uhealth-sportsmed-clinic-oak-creek/

Physical Therapy, Rehabilitation
Fisioterapia, rehabilitación

Occupational Medicine

All Ages/Todas las Edades
970.875.2750
1600 Mid Valley Dr., Steamboat
uhealth.org/locations/uhealth-occupational-medicine-clinic-steamboat-springs/

Alcohol testing, drug screening, rehabilitation services
Pruebas de alcohol, detección de drogas, servicios de rehabilitación

Pediatric SportsMedClinic

All Ages/Todas las Edades
970.879.8826
940 Central Park Dr. Suite 290, Steamboat
uhealth.org/locations/uhealth-sportsmed-pediatric-therapy-clinic-steamboat-springs/

Physical Therapy, Occupational Therapy, Speech-Language Therapy
Fisioterapia, terapia laboral ocupacional, habla y lenguaje

Sleep Lab

All Ages/Todas las Edades
970.871.2342
1024 Central Park Dr., Steamboat
uhealth.org/locations/uhealth-sleep-lab-steamboat-springs/

Sleep Disorders
Trastornos del sueño

SportsMed Clinic

All Ages/Todas las Edades
970.871.2370
1024 Central Park Dr., Steamboat
uhealth.org/locations/uhealth-sportsmed-clinic-steamboat-springs/

Occupational Therapy, Physical Therapy, Rehabilitation, Speech Therapy, Sports Medicine, Wound Care
Terapia ocupacional, terapia física, rehabilitación, terapia de lenguaje, medicina deportiva, tratamiento de heridas

SportsMed Clinic Wildhorse

All Ages/Todas las Edades
970.871.2370
705 Marketplace Plaza, Suite 250, Steamboat
uhealth.org/locations/uhealth-sportsmed-clinic-wildhorse/

Occupational Therapy, Physical Therapy, Rehabilitation, Speech Therapy, Sports Medicine, Wound Care
Terapia ocupacional, fisioterapia, rehabilitación, terapia del habla, medicina deportiva,

UCHEALTH YAMPA VALLEY MEDICAL CENTER *

***Consult with Primary Care Physician before going to specialist/ CENTRO MÉDICO UCHEALTH YAMPA VALLEY**

***Consultar con su médico de cabecera antes de ir al especialista**

Diabetes Education

All Ages/Todas las Edades
970.870.1048
1024 Central Park Dr., Steamboat
uhealth.org/locations/uhealth-diabetes-education-yampa-valley-medical-center-steamboat-springs/

Diabetes Management Education Program
Programa de educación de gestión de diabetes

Hayden Sports Med

All Ages/Todas las Edades
970.276.1663
302 S. Shelton Lane, Hayden
uhealth.org/locations/uhealth-sportsmed-clinic-hayden/

Physical Therapy, Rehabilitation
Fisioterapia, rehabilitación

Integrative Medicine Clinic

All Ages/Todas las Edades
970.875.2731
940 Central Park Dr. Suite 202, Steamboat
uhealth.org/locations/uhealth-integrative-medicine-clinic-steamboat-springs/

Integrative Care including massage, acupuncture, private yoga, Qi Gong
Atención integradora que incluye masaje, acupuntura, yoga privado, qi gong

Nutritional Services

All Ages/Todas las Edades
970.870.1048
1024 Central Park Dr., Steamboat
uhealth.org/locations/uhealth-nutrition-services-yampa-valley-medical-center-steamboat-springs/

Medical Nutritional Therapy
Terapia médica nutricional



Backsmith Chiropractic

All Ages/Todas las Edades

970.846.8769

467 7th St., Steamboat

backsmithchiropractic.com

Family chiropractic center

Centro de quiropráctica familiar

Blue Skies Nursing

All Ages/Todas las Edades

970.200.8385

Steamboat

blueskiesnursing.com/services/

Concierge Nursing including Post Natal/Baby

Transition Care and Post Surgical Care

Enfermería de consejería, incluida la atención de transición post natal/bebé y la atención post quirúrgica

Dr. Jennifer McPeck

All Ages/Todas las Edades

970.879.9362

942 Oak St., Steamboat

drmcpeek.com

Osteopathic Manual and

Neuromusculoskeletal Medicine

Osteopatía Manual y Medicina Neuromusculoesquelética

Eyecare Specialties

All Ages/Todas las Edades

970.879.2020

365 Anglers Dr. Ste A, Steamboat

eyecare-specialties.com

Eye exams for people of all ages

Exámenes de la vista para personas de todas las edades

Helm Eye Center

All Ages/Todas las Edades

970.879.3750

505 Anglers Dr. Ste 202, Steamboat

helmeyecenter.com

Eye exams for people of all ages

Exámenes de la vista para personas de todas las edades

Holistic Health Center

All Ages/Todas las Edades

970.879.1845

435 Oak St., Steamboat

Family chiropractic center

Centro de quiropráctica familiar

Jo Anne Grace, PhD

Ages/Edades 4+

970.404.0627

Steamboat

neurohealthcentercolorado.wixsite.com/info

Brain training through neurofeedback to improve mental, emotional and behavioral health.

Entrenamiento cerebral a través de neurofeedback para mejorar la salud mental, emocional y conductual.

Lifted Chiropractic

All Ages/Todas las Edades

970.367.7187

2700 Lincoln Ave., Steamboat

liftedchiropractic.com

Specializing in pediatric, pregnancy and athlete care

Especializado en cuidado pediátrico, embarazo y cuidado de atleta

Mountain Eyeworks

All Ages/Todas las Edades

970.879.2595

1755 Central Park Dr., Steamboat

mountaineyeworks.com

Eye exams for people of all ages

Exámenes de la vista para personas de todas las edades

Northwest Hearing

All Ages/Todas las Edades

970.879.7286

Medical Office Building, 940 Central Park Dr.,

Ste 208, Steamboat

northwesthearing.com

Hearing testing (as young as newborns)

Pruebas de audición (tan jóvenes como recién nacidos)

Plastic and Reconstructive Surgery Clinic

970.875.2628

940 Central Park Dr., Steamboat

steamboatspringsplasticsurgery.com/meetourteam

Surgical and Non-Surgical Procedures

Procedimientos quirúrgicos y no quirúrgicos

Sanford Chiropractic

All Ages/Todas las Edades

970.879.8040

1560 Pine Grove Rd., Ste A, Steamboat

sanfordchiropractic.com

Family chiropractic center

Centro de quiropráctica familiar

Selah

Ages/Edades 13+

970.871.1307

1560 Pine Grove Rd., Ste C, Steamboat

selahsteamboat.com

Holistic reproductive health center, medical services and resources

Holístico centro de salud reproductiva, servicios médicos y recursos

Sounds of the Valley Audiology

All Ages/Todas las Edades

970.879.4327

440 S Lincoln Ave., Steamboat

soundsofthevalley.net

Hearing testing

Pruebas de audición

Steamboat Chiropractic Center

All Ages/Todas las Edades

970.639.0055

505 Anglers Dr. Ste 12, Steamboat

steamboatchiropracticcenter.com

Chiropractic

Quiropráctico

Steamboat Naturopathic

All Ages/Todas las Edades

970.870.7829

1169 Hilltop Parkway, Unit 206A, Steamboat

steamboatnaturopathic.com

Naturopathic healthcare provider

Proveedor de atención naturopática

Steamboat Vision Clinic

All Ages/Todas las Edades

970.879.4266

130 N. 9th St., Steamboat

steamboatvisionclinic.com

Eye exams for people of all ages

Exámenes de la vista para personas de todas las edades

Sumovia Naturopathic Healthcare

All Ages/Todas las Edades

970.778.4222

1041 Lincoln Ave. #310, Steamboat

sumovia.com

Naturopathic healthcare provider

Proveedor de atención naturopática

Thrival Mode

All Ages/Todas las Edades

970.717.0012

1815 Central Park Pl., Steamboat

thrivalmode.com

Family chiropractic center

Centro de quiropráctica familiar

Vaccines for Children (VFC) Program Routt County Public Health

Ages/Edades 0-18

970.870.5341

136 6th Street, Suite 112, Steamboat

co.routt.co.us/641/Public-Health

Provides free vaccines to children who are 18 years old or younger and who are medicaid-eligible, uninsured, underinsured, or American Indian or Alaska Native.

Proporciona vacunas gratuitas a los niños que tienen 18 años o menos y que son elegibles para Medicaid, sin seguro, bajo seguro o nativo de Alaska.

Werner Athletics

All Ages/Todas las Edades

970.620.9020

2645 Jacob Circle, Steamboat

drjameswerner.com

Sports Performance Therapy

Terapia de rendimiento deportivo

Yampa Valley Acupuncture and Chinese Herbs

All Ages/Todas las Edades

970.819.6738

100 Park Ave., Steamboat

yvacupuncture.com

Acupuncture and Chinese Medicine

Acupuntura y medicina china

Yampa Valley Chiropractic Center

All Ages/Todas las Edades

970.846.3265

2851 Riverside Plaza, Ste. 200, Steamboat

yampavalleychiro.com

Family chiropractic center

Centro de quiropráctica familiar

SPECIALIZED COMMUNITY RESOURCES

RECURSOS DE LA COMUNIDAD ESPECIALIZADOS

ADDITIONAL SERVICES + RESOURCES

Advocates of Routt County

All Ages/Todas las Edades
970.879.8888 (24/7 Safe Line) 970.879.2034 (Office)
465 Anglers Dr. Ste B, Steamboat
advocatesrc.org

Confidential agency serving victims of domestic and sexual abuse, providing 24-hour crisis support, emergency shelter for victims, and has a robust social change program to prevent violence before it happens. All services are available to people of all genders and orientations as well as all ages.

Agencia confidencial que atiende a víctimas de abuso doméstico y sexual, brindando apoyo de crisis de 24 horas, refugio de emergencia para víctimas y tiene un programa de cambio social sólido para evitar la violencia antes de que suceda. Todos los servicios están disponibles para personas de todos los géneros y orientaciones, así como todas las edades.

Brighter World Child Advocacy Center

Ages 0-18 and at risk adults/Edades 0-18 y adultos en riesgo
970.875.6984
465 Anglers Dr. Ste C, Steamboat
brighterworldcac.org

Offers safety, security, and a wide range of victim services for kids and families exposed to violence or abuse. Services are available by referral from law enforcement or the Department of Human Services only.

Ofrece seguridad, protección y una amplia variedad de servicios a las víctimas para niños y familias expuestos a la violencia o el abuso. Los servicios están disponibles únicamente por referencia de las autoridades policiales o del Departamento de Servicios Humanos.



**ROUTT COUNTY
YOUTH SERVICES
COALITION**

CHOW

Ages/Edades 18+
1585 Mid Valley Dr. Unit 4, Steamboat
chowco.org

CHOW hosts meetings centered around supporting wellness for those in the hospitality industry. They meet weekly in Steamboat and also offer virtual meetings.

CHOW organiza reuniones centradas en el apoyo de bienestar para aquellos en la industria hotelera. Se reúnen semanalmente en Steamboat y también ofrecen reuniones virtuales.



Integrated Community

All Ages/Todas las Edades
970.871.4599
443 Oak St., Steamboat
ciiccolorado.org

Primarily works with immigrants, limited English speaking, low income, under-employed families, and community members in Routt and Moffat counties. Services include a resource and referral program, Language Justice, Immigration and Education programs such as English Tutoring for adults and children as well as Early Childhood Education.

Trabaja principalmente con inmigrantes, personas de habla inglés limitada, de bajos ingresos, familias subempleadas y miembros de la comunidad en los condados de Routt y Moffat. Los servicios incluyen un programa de recursos y referencias, Justicia Lingüística, Inmigración y programas de Educación como Tutoría de Inglés para adultos y niños, así como Educación Infantil.

Legal Self-Help

Ages/Edades 18+
970.879.5020 ext. 7
1955 Shield Dr. Unit 200, Steamboat
courts.state.co.us/Self_Help/Index.cfm

Provides self-help assistance to Self-Represented Litigants to facilitate access to the courts

Brinda asistencia de autoayuda a los litigantes autodeclarados para facilitar el acceso a los tribunales

Northwest Rocky Mountain CASA (Court Appointed Special Advocates)

Ages/Edades 0-18
970.819.0660
465 Anglers Dr., Steamboat
kidscasa.org

Provides advocacy services to child victims of abuse and neglect in Dependency and Neglect court cases.

Proporciona servicios de defensa a las víctimas infantiles de abuso y negligencia en dependencia y negligencia en casos judiciales.



Partners for Youth

Ages/Edades 6-18
970.879.6141
2673 Jacob Circle, Unit 1, Steamboat
PartnersRouttCounty.org

One-on-one mentoring for youth in community and school based settings. Coordination of Youth Action Councils throughout Routt County; Youth Mental Health First Aid and Positive Youth Development training for adults; the Strengthening Families 10-14 Program.

Tutoría individual para jóvenes en entornos comunitarios y escolares. Coordinación de los Consejos de Acción Juvenil en todo el condado de Routt; formación de Primeros Auxilios para la Salud Mental de los Jóvenes y Desarrollo Juvenil Positivo para adultos; el Programa de Fortalecimiento de las Familias 10-14.

Reaching Everyone Preventing Suicide (REPS)

All Ages/Todas las Edades
844.493.8255 or text TALK to 38255 (Crisis Line)
or 970.846.8128 (Info)
465 Anglers Dr. Unit B, Steamboat
nwcosuicideprevention.com

Provides proactive suicide prevention services, payment gap support for therapy, and complimentary education and training.

Ofrece servicios proactivos de prevención del suicidio, apoyo para el pago de la terapia y educación y formación complementarias.

Rocky Mountain Center Supervised Visitation Program

Ages/Edades 0-18
970.819.6233
465 Anglers Dr., Steamboat
kidscasa.org

Provides supervised visitation enabling a child to meet with non-custodial parent(s) in a safe, comfortable, and conflict-free environment. Services provided in Routt, Moffat, and Grand Counties.

Proporciona visitas supervisadas que permiten a un niño reunirse con padres no custodiales en un entorno seguro, cómodo y libre de conflictos. Servicios proporcionados en los condados de Routt, Moffat y Grand.

Routt County United Way

All Ages/Todas las Edades
970.879.5605
443 Oak St., Steamboat
routtcountyunitedway.org

Free Community Thanksgiving Dinner, Human Service Resource & Referral, school supplies for families in need.

Cena gratuita de Acción de Gracias comunitaria, recursos y referencias de servicios humanos, suministros escolares para familias necesitadas.



Solving SUD Together

Ages/Edades 18+
solvingsudtogether.org

Rural Alliance Addressing Substance Use Disorder-Colorado works to improve prevention, treatment and recovery from the growing problem of substance use disorder and overdose in Jackson, Moffat, Rio Blanco and Routt Counties.

Rural Alliance Addressing Substance Use Disorder-Colorado trabaja para mejorar la prevención, el tratamiento y la recuperación del creciente problema de los trastornos por consumo de sustancias y las sobredosis en los condados de Jackson, Moffat, Río Blanco y Routt.

Steamboat Reading

Ages/Edades 5-18
970.367.7670
100 Park Ave. Ste 203, Steamboat
steamboatreading.org

Supporting struggling readers and their families with tutoring, assessment, and advocacy
Apoyando a los lectores con dificultades y sus familias con tutoría, evaluación y abogacía

Yampa Valley Community Foundation

All Ages/Todas las Edades
970.879.8632
P.O. Box 881869, Steamboat
yvcf.org

Supports students in their pursuit of higher education and attainment of academic, trade and life skills.
Apoya a los estudiantes en su búsqueda de educación superior y el logro de habilidades académicas, comerciales y para la vida.

DEVELOPMENTAL & DISABILITY SUPPORT

BOCES

Ages/Edades 3-18
970.879.0391
325 7th St., Steamboat
nwboces.org

Disability, special education, and diagnostic services
Servicios de discapacidad, educación especial y diagnóstico

Horizons Specialized Services

All Ages/Todas las Edades
970.879.4466
405 Oak St., Steamboat
horizonsnwc.org

Provides person centered services and programs for children and adults with developmental delays and cognitive disabilities.
La intervención temprana, apoyo familiar y las exenciones de Medicaid para las personas con un retraso o discapacidad del desarrollo.



ROUTT COUNTY
YOUTH SERVICES
COALITION

Northwest Colorado Center for Independence (NWCCI)

All Ages/Todas las Edades
970.871.4838
1855 Shield Drive, Suite 300, Steamboat
nwcci.org

Provides support for people with disabilities and seniors by connecting them with numerous resources in the community.
Brinda apoyo a las personas con discapacidades y personas mayores al conectarlos con numerosos recursos en la comunidad.

Yampa Valley Autism

Individuals with special needs including autism from birth to age 21/Personas con necesidades especiales, incluido el autismo, desde el nacimiento hasta los 21 años
Office: 970.870.4263, Mobile: 970.846.1519
2201 Curve Plaza Ste. A105, Steamboat
yampavalleyautism.org

Provides therapies, education, programming, and support resources to special needs children, youth, and their families.
Proporciona terapias, educación, programación y recursos de apoyo a niños con necesidades especiales, jóvenes y sus familias.

NEW PARENT SUPPORT

Boot Camp for New Dads

Expectant Fathers/Futuros padres
970.875.4229
135 6th St., Steamboat
facebook.com/dadswz

A men-only workshop for dads-to-be to learn the ropes from new dads and their babies
Un taller solo para hombres para que los futuros padres aprendan las cuerdas de los nuevos padres y sus bebés

Child Care Network

All Ages/Todas las Edades
970.879.7330
2875 Village Dr., Steamboat
familydevelopmentcenter.org/child-care-network

Child care referral service for families and for individuals for resource opportunities interested in pursuing child care as a business.
Servicio de referencia para el cuidado de niños para familias y para individuos en busca de recursos interesados en dedicarse al cuidado de niños como negocio.

Child Safety Seat Inspections

Ages/Edades 0-12
970.879.7170
2600 Pine Grove Rd., Steamboat
steamboatsprings.net/124/Safety-Education

Child care resource and referral agency in Routt County; and Parents as Teachers adult education
Agencia de recursos y referencias de cuidado infantil en el condado de Routt; y los padres como maestros de educación para adultos

Discovery Learning Center

Ages/Edades 3-5
970.879.5973
2875 Village Dr., Steamboat
familydevelopmentcenter.org/discovery-learning-center

Provides high quality accredited early childhood care and education in a supportive environment.
Proporciona atención y educación acreditada de alta calidad en la primera infancia en un entorno de apoyo.

Dolly Parton's Imagination Library

Ages/Edades 0-5
865.428.9606
imaginationlibrary.com/us/affiliate/COROUTT/
Gifts free books to children from birth to age five.
Regala libros a los niños desde el nacimiento hasta los cinco años.

Family Development Center

Ages/Edades 0-8
970.879.5973
2875 Village Dr., Steamboat
familydevelopmentcenter.org

Provides parents with the supports they need to be the best parents they can be. Programs include Newborn Network, Child Care Network, Discovery Learning Center and Summer Camp.
Proporciona a los padres los apoyos que necesitan para ser los mejores padres que pueden ser. Los programas incluyen la red de recién nacidos, la red de cuidado infantil, el centro de aprendizaje de descubrimiento y el campamento de verano.

Fatherhood Program of Routt County

Dads of All Ages/Padres de todas las edades
970.875.4229
135 6th St, Steamboat
facebook.com/dadswz

One-on-one support, workshops, bonding activities, education, discussion groups, and guidance for dads.
Apoyo personalizado, talleres, actividades de vinculación para padres

First Impressions of Routt County

Ages/Edades 0-5
970.870.5270
135 6th St., Steamboat
firstimpressionsofrouttcounty.org

Works to ensure all children have access to resources that promote healthy development and school readiness.
Trabaja para asegurar que todos los niños tengan acceso a los recursos que promueven el desarrollo saludable

La Leche League of Steamboat Springs

Prenatal through childhood/Prenatal hasta la infancia
970.717.0012
1815 Central Park Dr. Unit 101A, Steamboat
llsteamboatsprings.com

Breastfeeding support, encouragement, information and education

Apoyo, aliento, información y educación de la lactancia materna

Newborn Network

Families with a child 0-36 months of age and pregnant mothers/Familias con un niño de 0 a 36 meses y madres embarazadas

970.879.0977
2875 Village Dr., Steamboat
familydevelopmentcenter.org/newborn

A parent education and networking system serving all families starting during pregnancy until their child turns 36 months of age. All families who live in Routt County are eligible.

Un sistema de educación y redes de padres que sirve a todas las familias que comienzan durante el embarazo hasta que su hijo cumple los 36 meses de edad. Todas las familias que viven en el condado de Routt son elegibles.

Parents As Teachers

Ages prenatal/Edades prenatal-3
970.879.5973
2875 Village Dr, Steamboat Springs, Routt County
familydevelopmentcenter.org/newborn

Promotes the optimal early development, learning and health of young children by supporting and engaging their parents and caregivers

Promueve el desarrollo óptimo, aprendizaje y la salud de los niños pequeños a través de apoyo y la participación de sus padres y cuidadores

SafeCare Colorado

Ages/Edades 0-5
970.824.8233
940 Central Park Dr., Ste. 101, Steamboat
northwestcoloradohealth.org/safecare

A free and flexible home visitation program provided in English and Spanish that gives parents tools, information and is a trusted partner to help make parenting easier, less stressful, and more fun. Supports families with children birth to 5 years old.

Un programa de visitas domiciliario gratuito y flexible proporcionado en inglés y español que brinda a los padres herramientas, información y es una pareja de confianza para ayudar a que la crianza de los hijos sea más fácil, menos estresante y más divertida. Apoya a las familias con niños que nacen a 5 años.

Sage Family Parenting Lauren Patton, IMH-E, LLLI

Prenatal and postpartum/Prenatal y posparto 0-3
970.846.2801
30311 Unit 106, Oak Creek
sagefamilyparenting.com

Infant Family Specialist, prenatal and postpartum support, mental health and wellness coach, night time parenting and sleep support, breastfeeding expert

Especialista en familia infantil, apoyo prenatal y posparto, entrenador de salud mental y bienestar, crianza nocturna y apoyo al sueño, experto en lactancia materna

Steamboat MOPS (Mothers of Preschoolers)

Mothers with children birth to kindergarten age/
Madres con hijos desde el nacimiento hasta el preescolar
720.600.3754
821 Dougherty Road, Steamboat
facebook.com/SteamboatMOPS

A program for mothers who have children from birth to kindergarten age to connect with other local moms. Child care is provided.

Un programa para madres que tienen hijos desde el nacimiento hasta la edad de jardín de infantes para conectarse con otras madres locales. Se proporciona cuidado infantil.

FOOD & FINANCE

COMIDA Y FINANZAS

Colorado Workforce Center

Ages/Edades 14 +
970.879.3075
425 Anglers Dr., Steamboat
nwcworkforce.cdle.co

Job seeking resources, career counseling and training, recruitment and referral services, tax credits and training reimbursement for employers

Recursos para la búsqueda de empleo, asesoramiento y formación profesional, servicios de contratación y referencia, créditos de impuestos y reembolso a los empresarios

Routt County Department of Human Services

All Ages/Todas las edades
970.870.5533
3001 S. Lincoln Ave. Ste E, Steamboat
Co.routt.co.us/180/Human-services

Public assistance programs, child and adult protection services, child support services, food assistance, family preservation, Fatherhood Program, and Temporary Assistance to Needy Families (TANF) through Colorado Works

Programas de asistencia pública, servicios de protección para niños y adultos, servicios de manutención infantil, asistencia alimentaria, preservación familiar, programa de paternidad y asistencia temporal a familias necesitadas (TANF) a través de Colorado Works

Women Infants and Children (WIC)

Ages/Edades 0-5
970.879.1632
940 Central Park Dr., Ste. 101, Steamboat
northwestcoloradohealth.org/wic

A free nutrition program for women, children and families. Services include nutrition counseling, breastfeeding support and supplemental healthy foods.

Un programa gratuito de nutrición para mujeres, niños, y familias. Los servicios incluyen asesoría nutricional, apoyo para amamantamiento, y alimentos saludables suplementarios

LiftUp - Steamboat

All Ages/Todas las edades
970.870.0727
2125 Curve Ct., Steamboat
liftuprc.org

Donation Center, emergency financial assistance, thrift store, community gardens, food bank/community support center, Rocket Pack healthy snacks and summer lunches for children

Centro de donación, asistencia financiera de emergencia, tienda de segunda mano, jardines comunitarios, banco de alimentos/centro de apoyo comunitario, bocadillos saludables de cohetes y almuerzos de verano para niños

LiftUp - Hayden

All Ages/Todas las edades
970.870.0727
495 Jefferson Ave., Hayden
liftuprc.org

Emergency assistance, food bank, Rocket Pack healthy snacks and summer lunches for children

Asistencia de emergencia, banco de alimentos, bocadillos saludables de cohetes y almuerzos de verano para niños

LiftUp - Oak Creek

All Ages/Todas las edades
970.870.0727
227 Dodge Ave., Oak Creek
liftuprc.org

Emergency assistance, food bank, Rocket Pack healthy snacks and summer lunches for children

Asistencia de emergencia, banco de alimentos, bocadillos saludables de cohetes y almuerzos de verano para niños



PRESCHOOLS & EARLY CHILDHOOD

PREESCOLARES Y PRIMERA INFANCIA

STEAMBOAT

Discovery Learning Center

Ages/Edades 3-6
970.879.5973
2875 Village Dr., Steamboat
familydevelopmentcenter.org
Year-Round/Todo el año

Grandkids Child Care Center

Ages 2 months/meses - 5 years/años
970.870.1140
1100 Central Park Dr., Steamboat
facebook.com/GrandKidsChildCare-Center
Year-Round/Todo el año

Heritage Park Preschool

Ages/Edades 1-5.5
970.879.7811
27285 Brandon Cir., Steamboat
heritageparkpreschool.com
Year-Round/Todo el año

Holy Name Preschool

Ages/Edades 2.5-5.5
970.879.8228
514 Oak St., Steamboat
holynameschool.org
Year-Round/Todo el año

Kids Garden

Ages/Edades 1-5
970.457.4466
345 Anglers Dr., Steamboat
kidsplaygarden.com
Year-Round/Todo el año

Steamboat Montessori

Ages/Edades 3-6
970.879.6653
27285 Brandon Cir., Steamboat
steamboatmontessori.org
School Year/Año escolar

Steamboat Springs Early Childhood Center

Ages/Edades 3-5
970.871.3178
325 7th St., Steamboat
ssps.steamboatschools.net
School Year/Año escolar

Young Tracks

Ages 2 months/meses - 5 years/años
970.879.5790
1647 Mid Valley Dr., Steamboat
youngtracks.com
Year-Round/Todo el año

LICENSED HOME PROVIDERS

Katina Kline-Katina's Wee Care

Ages/Edades 6 weeks/semanas - 5 years/años
970.276.3431
680 W Washington Ave., Hayden
facebook @katinasweecarecenter
Year-Round/Todo el año

Julie Carey- Stellar Beginnings

2-5 years/años
970.276.7261
650 W Jefferson, Hayden
jcarey12@icloud.com
Year-Round, Tu, We, Th/ todo el año, Martes, Miércoles y Jueves

Leneh Wingard-Nature and Nurture

2-5 years/años
971.219.2259
3419 Hiawatha Ct, Steamboat
leneht.wixsite.com/naturenurture
School Year/Año escolar

Truie Goldey

2 month/meses -5 years/años
870.819.8541
1360 Indian Trails #23,
Steamboat

Monica Demara

2 months/meses -5 years/años
970.846.0738
1108 Longfellow Cir, Steamboat
School Year/Año escolar

Amber Anderson

6 weeks/semanas-5 years/años
970.819.1781
27683 Winchester trl, Steamboat
Year-Round/Todo el año

Juanita Rastello

6 months/meses-5 years/años
970.819.3650
1360 Indian trails #8, Steamboat
M-Th, year round/Lunes-Jueves, todo el año

Interested in starting your own in-home childcare program? Contact the Child Care Network for information and support. <https://familydevelopmentcenter.org/child-care-network/>

¿Estás interesado en poner en marcha tu propio programa de cuidado de niños en casa? Póngase en contacto con la Red de Cuidado de Niños para obtener información y apoyo. <https://familydevelopmentcenter.org/child-care-network/>

BABYSITTING SERVICES

SERVICIOS DE CUIDADO DE NIÑOS

Baby Business with Naomi

All Ages/Todas las edades
970.879.6645 - Steamboat
babybusiness.org

Babysitting services by bonded, insured and CPR certified staff
Servicios de personal como niñera garantizado, asegurado y certificado de Colorado
Year-Round/Todo el año

Child Care Network

Ages/Edades 0-5
970.879.7330
2875 Village Dr., Steamboat
familydevelopmentcenter.org/childcare

Referrals for child care, training for child care providers, and child care resources for the community
Referencias para cuidado infantil, capacitación para proveedores de cuidado infantil y recursos de cuidado infantil para la comunidad

Kids Garden

Ages/Edades 1-5
970.457.4466
345 Anglers Dr., Steamboat
kidsplaygarden.com
Drop-in and full time childcare
Guardería a tiempo completo y sin cita previa
Year-Round/Todo el año

Resort Sitters

Ages/Edades 0-19
970.748.3012 - Steamboat
resortsitters.com
Babysitting for local and visiting families
Niñera/o para familias locales o familias visitantes
Year-Round/Todo el año

Steamboat Babysitting Company

Ages/Edades 0-19
509.432.6312 - Steamboat
steamboatbabysitting.com
Safe, reliable childcare by bonded, insured and CPR certified professionals
Cuidado de niños; seguro, confiable, Y por profesionales asegurados, certificados en CPR,
Year-Round/Todo el año

HAYDEN

Hayden Valley Preschool

Ages/Edades 3-5
970.276.3756
300 Breeze Basin Blvd., Hayden
facebook.com/HaydenValleyPreschool
School Year/Año escolar

Totally Tots

2 months/meses to 5 years/años
970.846.9083
495 W Jefferson, Hayden
haydentotallykids.com
Year-Round/Todo el año

NORTH ROUTT

North Routt Community Charter School: Early Childhood Center

Ages/Edades 2-5
970.871.4559
26999 Eagle Ln., Clark
northrouttcharter.org
Year-Round/Todo el año

SOUTH ROUTT (OAK CREEK, YAMPA, PHIPPSBURG)

Soroco Preschool

Ages/Edades 2-5
970.638.1065
26 W 5th St., Yampa
preschool.southroutt.k12.co.us
Year-Round/Todo el año

SCHOOLS

ESCUELAS

AFTER SCHOOL

DESPUÉS DEL COLEGIO

CHARTER SCHOOLS / ESCUELAS CONCERTADAS

Mountain Village Montessori Charter School

Pre-K-8th grade/grado
970.871.6062
27285 Brandon Circle, Steamboat
mvmcs.org
School Year/Año escolar

North Routt Community Charter School

Pk-8th grade/grado
970.871.6062
26990 Eagle Ln., Clark
northrouttcharter.org
School Year/Año escolar

PRIVATE SCHOOLS / ESCUELAS PRIVADAS

Steamboat Mountain School

9th-12th grade/grado
970.879.1350
42605 RCR 36, Steamboat
steamboatmountainschool.org
School Year/Año escolar

PUBLIC SCHOOLS / ESCUELAS PÚBLICAS

Hayden School District

K-12th grade/grado
970.276.3864
300 Breeze Basin Blvd, Hayden
haydenschools.org
School Year/Año escolar

Steamboat School District

K-12th grade/grado
970.871.3199
325 7th St., Steamboat
steamboatschools.net
School Year/Año escolar

South Routt School District

K-12th grade/grado
970.870.3799
305 S Grant St., Oak Creek
southroutt.k12.co.us
School Year/Año escolar

Colorado Mountain College (CMC)

Ages/Edades 18+
970.870.4444
1275 Crawford Ave., Steamboat
coloradomtn.edu
Early childhood education, effective teaching and other classes/degrees offered
Educación temprana, enseñanza eficaz y otras clases / títulos ofrecidos
Year-Round/Todo el año



ROUTT COUNTY
YOUTH SERVICES
COALITION

Afterschool Action and School Days Off

Ages/Edades 5-11
970.879.4300
245 Howelsen Pkwy., Steamboat
steamboatsprings.net

Programs for afterschool & no school days
Programas para después de días escolares y los días cuando no hay clases
School Year/Año escolar

Boys & Girls Club of Northwest Colorado

Ages/Edades 6-18
970.871.3160
325 7th St., Steamboat
bgcnwc.org

Afterschool and summer program. Activities & programs focusing on leadership, healthy lifestyles & academic success
Actividades y programas que se centran en la capacidad de liderazgo, estilos de vida saludables y el éxito escolar
Year-Round/Todo el año

Hayden Center

Ages/Edades 3-18
970.276.3741
178 W Jefferson Avenue, Hayden
haydencolorado.com/haydencenter/

Summer camp, afterschool programs and youth recreation

Campos de verano, programas después de la escuela, y recreo para jóvenes
Year-Round/Todo el año

Recreation Department of Oak Creek

Ages/Edades 5-12
970.736.2422
129 Nancy Crawford Blvd., Oak Creek
townof oakcreek.com/parks-recreation

Summer camp, afterschool programs and youth recreation

Campos de verano, programas después de la escuela, y recreo para jóvenes
Year-Round/Todo el año

Totally Kids

Ages/Edades 5 to 11
970.846.9083
178 W Jefferson Avenue, Hayden
haydentotallykids.com

Programs for afterschool, no school days, and summer day camp. Programs are geared to the needs of children with concern for their interests, special talents, and individual style.
Programas para después de la escuela, días no escolares y campamentos de verano. Los programas se adaptan a las necesidades de los niños teniendo en cuenta sus intereses, talentos especiales y estilo individual.
Year-Round/Todo el año



ART, DANCE, MUSIC

ARTE, DANZA, MÚSICA

Elevation Dance Studio

Ages/Edades 3-18
970.871.1880
326 Oak St., Steamboat
elevationdancestudio.com

Dance classes in ballet, contemporary, jazz, hip-hop and tap

Clases de danza jazz contemporáneo, ballet, hip-hop y tap
Year-Round/Todo el año

Hayden Center

Ages/Edades 0-18
970.276.0500
495 W Jefferson Ave., Hayden
haydencolorado.com/haydencenter/

Creative arts, vocal lessons, and dance classes for youth

Artes creativas, lecciones vocales y clases de baile para la juventud
Summer/Verano

Let's Play Music Program

Ages/Edades 4-6
970.371.7137
Steamboat
letsplaymusic.com

Classes that emphasize total musicianship accomplished through play

Clases que se enfocan en actividades musicales realizadas a través de juegos
Year-Round/Todo el año

Music Together of Steamboat

Ages/Edades 0-5 with caregiver/con cuidador
619.838.1008
1955 Bridge Ln., Steamboat
musictogethersteamboat.com

Music classes for children and families

Clases de música para niños y familias
Year-Round/Todo el año

Perry-Mansfield

Ages/Edades 7-21
970.879.7125
40755 County Rd. 36, Steamboat
perry-mansfield.org

Nationally recognized performing arts and equestrian summer programs

Programas reconocidos a nivel nacional de artes escénicas y ecuestres
Year-Round/Todo el año

Pik-Nik Theater

Ages/Edades K-12
pikniktheatre.org

This musical theater summer camp and workshops will give students an opportunity to explore their love for singing and being onstage.

Este campamento y talleres de verano de teatro musical les dará a los estudiantes la oportunidad de explorar su amor por cantar y estar en el escenario.

Steamboat Academy of Music

970.716.7262
steamboatacademy.com

Strings Music Pavilion

All Ages/Todas las edades

970.879.5056
900 Strings Rd., Steamboat
stringsmusicfestival.com

Weekly summer kids concerts, and family concerts throughout the year

Concierto de niños de verano semanales y conciertos de la familia a lo largo del año
Year-Round/Todo el año

Ware Home Studios - Kids Ceramics

All Ages/Todas las edades
970.846.5156
2520 Copper Ridge Dr. Unit C2, C3 & C4, Steamboat
warehomestudios.com

Youth Camps, Workshops

Campamentos juveniles, talleres

Winter Gardens Children's Orchestra

Ages/Edades 9+
970.291.1028
Steamboat
wintergardensconservatory.org

Providing stringed instrument instruction to youth

Clases en tocar instrumentos musicales para niños
Year-Round/Todo el año

You Out Loud

High School/Escuela preparatoria
Steamboat
yououtloudroutt.com

Self-expression through the arts, in all mediums

Autoexpresión a través de las artes, en todos los medios
Workshops throughout the year

ATHLETICS / ATLETISMO

Flag Football - Steamboat Youth Athletics

jeff@steamboatchristian.com
steamboatyouthathletics.com

Youth Flag Football

Fútbol de la bandera juvenil
Summer/Verano

Gymkhana

gymkhanaroping@icloud.com

Hayden Youth Sports

All Ages/Todas las edades
970.276.0500
haydencolorado.com/haydencenter/

Youth Athletics offered through Hayden Community Center

Jóvenes Athletics ofrecidos a través de Hayden Community Center

High Altitude Basketball

Ages/Edades 6-18
844.578.5553
Steamboat
highaltitudebasketball.org

Designed for boys and girls who want to learn the fundamentals of basketball

Diseñado para niños y niñas que quieren aprender los fundamentos del baloncesto

Horseback Riding

All Ages/Todas las edades
970.291.1255
crsummit.com

Horseback Riding

970.457.7766
Routtcountyhorserescue@gmail.com
routtcountyhorserescue.org/summer-camps

Horseback riding lessons and camps

Lecciones de equitación y campamentos

Jr. PGA League

Ages/Edades 4 - 13
970.846.3863
pgajrleague.com

Jr. Golf program

Programa de golf de Jr.
Summer/Verano

Old Town Hot Springs

All Ages/Todas las edades
970.879.1828
136 Lincoln Ave., Steamboat
oldtownhotsprings.org

Family fun, swim lessons, kids programs, health, wellness & recreation

Diversión familiar, lecciones de natación, programas para niños, salud, bienestar y recreación

Routt County 4-H Shooting Sports

Ages/Edades 8-18

970.879.0825

RC4H@co.routt.co.us

youthshootingusa.com/product/routt-county-4-h-shooting-sports/

Routt County 4-H offers shooting sports to ages 8-18

Routt County 4-H ofrece deportes de tiro a

las edades de 8 a 18 años

Fall & Spring/Otoño y primavera

Steamboat Youth Baseball Association

Ages/Edades 5-14

970.367.6777

County-wide

yampabaseball.org

Youth baseball and softball programs offering instructional and competitive leagues

Programas de beisbol y softball juvenil con ligas educacionales y competitivas

Steamboat Adaptive Recreational Sports (STARS)

All Ages/Todas las edades

970.870.1950

2200 Village Inn Ct., Steamboat

steamboatstars.com

Adaptive recreational activities, programs and camps

Actividades recreativas adaptativas, programas y campamentos

Steamboat Shorty's - Toddler Soccer

Ages/Edades 3-5

steamboatshortys@gmail.com

sites.google.com/view/steamboatshortys/home

Toddler Summer Soccer Sessions

For 3 to 5 year olds

Sesiones de fútbol de verano para niños pequeños

Para niños de 3 a 5 años

Steamboat Soccer Club

Ages/Edades 5+

970.870.1520

2667 Copper Ridge Cir. Unit 2, Steamboat

steamboat-soccer.com

Youth soccer offering clubs and coaching for youth

Fútbol juvenil y entrenamiento para jóvenes

Steamboat Springs Brazilian Jiu Jitsu

Ages/Edades K-8th

970.367.7353

1955 Bridge Lane, Suite 1500, Steamboat

steamboatbjj.com

Steamboat Springs Parks and Community Services Youth Programs

Ages/Edades 2.5+

970.879.4300

245 Howelsen Pkwy., Steamboat

steamboatsprings.net/youth

Quality, affordable and accessible youth programs

Programas juveniles de calidad, asequibles y accesibles

Steamboat Springs Swim Team

Ages/Edades 6-12

teamunify.com/team/recwslssts/page/home

Competitive swim team

Equipo de natación competitivo

Steamboat Springs Winter Sports Club

Ages/Edades 3+

970.879.0695

845 Howelsen Pkwy., Steamboat

sswsc.org

Provides sports, training, coaching and youth development

Deportes, formación, entrenamiento y desarrollo juvenil

Steamboat Youth Hockey

Ages/Edades 5+

970.871.0063

285 Howelsen Pkwy., Steamboat

steamboatyouthhockey.com

Hockey programs

Programas de hockey

Steamboat Youth Lacrosse

Ages/Edades 5+

steamboatyouthlacrosse.org

Lacrosse programs

Programas de lacrosse

Steamboat

The Cycle Effect

Ages/Edades 10-18

970.306.7572 • info@thecycleeffect.org

2673 Jacob Circle, Steamboat

thecycleeffect.org

Provides young women equal opportunity and access to mountain biking

Proporciona a las mujeres jóvenes igualdad de oportunidades y acceso al ciclismo de montaña

Routt County year round/todo el año

Track and Field Camp

Ages/Edades K-8th grade

ltumminello@msn.com

runsignup.com/Race/CO/SteamboatSprings/

SteamboatTrackFieldYouthCamp

Summer/Verano

Whiteout Volleyball Club

Ages/Edades 10-18

Steamboat

whiteoutvolleyball.com

Traveling volleyball recreational league

Liga recreativa de voleibol de viaje

Youth Biking - Routt County Riders

rcriders@routtcountyriders.org

routtcountyriders.org/youth-biking/

Early Spring- Summer/

Principios de primavera- verano



CLUBS

CLUBS

4H

Ages/Edades 5-18
970.879.0825
136 6th Street, Steamboat
routt.extension.colostate.edu/4-h

Youth development & mentoring program
Programas de desarrollo y tutoría de jóvenes

Boy Scouts

Ages/Edades 6-18
707.722.5194
Steamboat
steamboatscouts.com

Programs to build character, serve others and instill values in youth boys
Los programas para construir el carácter, servir a los demás y de inculcar valores en los jóvenes varones

Girl Scouts

Ages/Edades 5-18
970.846.2630
Steamboat
gscoblog.org/tag/steamboat-springs

Programs to build character, serve others and helps to grow girls into leaders
Los programas para construir el carácter, servir a los demás y ayuda a las niñas convertirse en líderes

FORESTS, RESERVOIRS, WILDERNESS

BOSQUES, DEPÓSITOS, DESIERTO

NATIONAL FOREST / WILDERNESS AREAS

Medicine Bow-Routt National Forest

All Ages/Todas las edades
307.745.2300
Rcr 129, Clark
fs.usda.gov/mbr
Year-Round/Todo el año

Mount Zirkel Wilderness Area

All Ages/Todas las edades
970.870.2299
Rcr 129., Clark
Year-Round/Todo el año

Sarvis Creek Wilderness Area

All Ages/Todas las edades
970.870.2299
Buffalo Park Rd. (Forest Development Rd. 100)
Steamboat
Year-Round/Todo el año

USFS Ranger Station (Office, Visitor Center)

All Ages/Todas las edades
970.870.2299
925 Weiss Dr., Steamboat
fs.usda.gov/mbr

Provide information on hikes, camping, permits etc. on USFS land
Proporcionar información sobre caminatas, acampar, permisos, etc. en tierra de USFS
Year-Round/Todo el año



STATE PARKS

Pearl Lake State Park

All Ages/Todas las edades
970.879.3922
Rcr 129, Clark
cpw.state.co.us/placestogo/parks/PearlLake
Year-Round/Todo el año

Stagecoach State Park

All Ages/Todas las edades
970.736.2436
25500 Routt County Road 14, Oak Creek
cpw.state.co.us/placestogo/parks/Stagecoach
Year-Round/Todo el año

Steamboat Lake State Park

All Ages/Todas las edades
970.879.3922
61105 Rcr 129, Clark
cpw.state.co.us/placestogo/parks/SteamboatLake
Year-Round/Todo el año



LIBRARIES & MUSEUMS

BIBLIOTECAS Y MUSEOS

LIBRARIES

Bud Werner Memorial Library

All Ages/Todas las edades
970.879.0240
1289 Lincoln Ave., Steamboat
steamboatlibrary.org

Books for all ages, children/teen programs, resources

Libros para todas las edades, programas para niños/adolescentes, recursos

Hayden Public Library

All Ages/Todas las edades
970.276.3777
201 East Jefferson Ave., Hayden
haydenpubliclibrary.org

Books for all ages, resources and children's section

Libros para todas las edades, recursos y sección para niños

Oak Creek Public Library

All Ages/Todas las edades
970.736.8371
227 Dodge Ave., Oak Creek
southroutt.colibraries.org

Story Hour, free internet access, books for all ages

Hora de historia, acceso gratuito al internet, libros para todas las edades

Yampa Public Library

All Ages/Todas las edades
970.638.4654
116 Main St., Yampa
southroutt.colibraries.org

Story Hour, free internet access, books for all ages

Hora de la historia, acceso gratuito a Internet, libros para todas las edades

MUSEUMS

Hahns Peak Schoolhouse & Museum

All Ages/Todas las edades
970.879.7291
RCR 129 and Main Street, Hahns Peak, Clark
hahnspeakhistoric.com

Hayden Heritage Center Museum

All Ages/Todas las edades
970.276.4380
300 W. Pearl St., Hayden
haydenheritagecenter.org

History of Yampa Valley
Historia de Yampa Valley

Steamboat Art Museum

All Ages/Todas las edades
970.870.1755
801 Lincoln Ave., Steamboat
steamboatartmuseum.org

Tread of the Pioneers Museum

All Ages/Todas las edades
970.879.2214
800 Oak St., Steamboat
treadofpioneers.org

Museum display, walking tours and kids programs

Exhibición del museo, recorridos a pie y programas para niños

OUTDOOR & CAMPS

AL AIRE LIBRE Y CAMPAMENTOS

All camps listed in this section offer half or full multi-day programs in Routt County. Consult websites for specific dates and registration information. / Todos los campamentos listados en esta sección ofrecen programas de medio día o de día completo en el condado de Routt. Consulte los sitios de Internet para conocer las fechas específicas y la información sobre la inscripción.

DAY CAMPS CAMPAMENTOS DE DÍA



Hayden Totally Kids Summer Camp

Ages/Edades 5-12
970.846.9083
300 Breeze Basin Blvd., Hayden
haydentotallykids.com

Day camp and after school programs with indoor and outdoor activities

Campamento de día y programas extraescolares con actividades interiores y exteriores Summer/Year-Round/Verano/todo el año

Kids Garden Adventure Summer Camp

Ages/Edades 3-12
970.457.4466
345 Anglers Dr B, Steamboat
kidsplaygarden.com

Each week of summer camp brings a new kid-friendly theme; each day a different array of creative learning activities for children ages 3 and up.

Cada semana del campamento de verano trae un nuevo tema amigable para los niños; Cada día una variedad diferente de actividades de aprendizaje creativo para niños de 3 años en adelante.

Summer/Verano

North Routt Community Charter School

Ages/Edades 3-12
970.871.4559
26990 Eagle Ln, Clark
northrouttcharter.org

Outdoor based summer camp located in north Routt County.

Campamento de verano al aire libre ubicado en el norte del condado de Routt.

Summer/Year-Round/Verano/todo el año

Boys and Girls Club

Ages/Edades 6+
970.871.3160
325 8th St, Steamboat
bgcnwc.org/summercamp/

The Boys & Girls Clubs provides a safe, positive place for the kids in the Steamboat and Craig communities.

El Club Boys & Girls ofrece un lugar seguro y positivo para los niños de las comunidades de Steamboat y Craig.

Summer/Year-Round/Verano/todo el año

City of Steamboat Springs Adventure Summer Camp

Ages/Edades 5-13
970.879.4300
245 Howelsen Pkwy., Steamboat
steamboatsprings.net

Licensed summer camp programs exploring the Yampa Valley

Programas certificados de campamentos de verano que exploran el valle yampa

Summer/Year-Round/Verano/todo el año

DAY CAMPS CAMPAMENTOS DE DÍA

Steamboat Resort Happy Camp

Ages/Edades 5-12

970.291.9262

2305 Mt. Werner Cir., Steamboat
steamboat.com

Kids day camp with outdoor activities.

Campamento de día para niños con actividades al aire libre.

Summer/Verano

Town of Oak Creek

Ages/Edades 5-12

970.200.4149

129 Nancy Crawford Blvd., Oak Creek
townofoakcreek.com/parks-recreation

Summer camp, afterschool programs and youth recreation

Campos de verano, programas después de la escuela, y recreo para jóvenes

Summer/Year-Round/Verano/todo el año



SPORTS CAMPS DEPORTES

Perry-Mansfield: Equestrian Day

Ages/Edades 7-12

40755 Co Rd 36, Steamboat Springs, CO 80487
perry-mansfield.org

Learn traditional equitation and jumping in conjunction with horse care skills.

Aprenda la equitación tradicional y salta junto con las habilidades de cuidado de caballos.

Summer- Limited Dates/Verano - Fechas limitadas

Pickleball & Tennis Summer Fun Camp

Ages/Edades 6-12

970.879.8400

2500 Pine Grove Road, Steamboat Springs
steamboattennisandpickleball.com

Each camp day includes on-court time for tennis and/or pickleball plus off-court time for varying fun activities such as field games, arts & crafts, water balloons and more!

Cada día del campamento incluye tiempo en la cancha para el tenis y/o el pickleball, además del tiempo fuera de la cancha para diferentes actividades divertidas como juegos de campo, artes y manualidades, globos de agua y más.

Summer/Verano

Rocky Mountain Adventure Hockey Camp

Ages/Edades 8-18

303.409.2113

rmhshockey.com/page/36/rocky-mountain-adventure-hockey-camp-rmahc

Residential high altitude, Adventure Hockey Camp in the world-class ski resort of Steamboat Springs, Colorado.

Altitud residencial, campamento de hockey de aventura en la estación de esquí de clase mundial de Steamboat Springs, Colorado.

Summer- Limited Dates/Verano - Fechas limitadas

Steamboat Springs Winter Sports Club Camps

Ages/Edades 4+

970.879.0695

845 Howelsen Parkway, Steamboat
sswsc.org

Varied sports camps on selected dates throughout the year

Campamentos deportivos variados en fechas seleccionadas durante todo el año

Year-Round/ Limited Dates/ Todo el año/ Fechas limitadas

SPORTS CAMPS DEPORTES

Steamboat Climbing Collective Camps

Ages/Edades 6-12

970.761.2496

2673 Jacob Circle Unit 300, Steamboat
steamboatclimbingcollective.com

Steamboat Climbing Collective is proud to offer climbing camps for beginner, intermediate and advanced climbers all summer!

Steamboat Climbing Collective se enorgullece de ofrecer campamentos de escala para escaladores para principiantes, intermedios y avanzados todo el verano!

Summer/Verano

Steamboat Soccer Club Camp

Ages/Edades 8+

970.627.7401

2667 Copper Ridge Circle, Steamboat
steamboatsocceracademy.com

Steamboat Soccer Academy soccer camps focus on player development in all aspects of the game. We provide an encouraging learning environment that integrates physical and mental challenges to help players grow in the game of soccer.

Los campamentos de fútbol de Steamboat Soccer Academy se centran en el desarrollo de jugadores en todos los aspectos del juego. Proporcionamos un entorno de aprendizaje alentador que integra desafíos físicos y mentales para ayudar a los jugadores a crecer en el juego de fútbol.

Summer- Limited Dates/Verano - Fechas limitadas

Steamboat Springs Youth Track & Field Camp

Ages/Edades 5+

720.339.6924

45 Maple Street/Gardner Stadium, Steamboat
runsignup.com/Race/CO/SteamboatSprings/
SteamboatTrackFieldYouthCamp

This camp will introduce kids to Track and Field events. Kids can run, jump, & throw... while having an action packed week of pure fun and expert coaching.

Este campamento introducirá a los niños en las pruebas de atletismo. Los niños pueden correr, saltar y lanzar... mientras tienen una semana llena de acción de pura diversión y entrenamiento experto.

Summer- Limited Dates/Verano - Fechas limitadas

Youth Tri-Camp

Ages/Edades 9-14

970.879.1828

136 S Lincoln Ave., Steamboat
oldtownhotsprings.org/youth-tri-camp-2022

This program is a one-week camp is geared toward youth athletes aged 9-14 who are interested in improving their triathlon skills.

Este programa es un campamento de una semana está dirigido a atletas juveniles de 9 a 14 años que están interesados en mejorar sus habilidades de triatlón.

Summer- Limited Dates/Verano - Fechas limitadas



SPECIALTY CAMPS CAMPAMENTOS ESPECIALIZADOS

BookTrails

Ages/Edades 7-15
855.426.6587
2673 Jacob Circle, Steamboat
mybooktrails.org

Reading and writing enrichment programs linked with outdoor education and experiences

Programas de enriquecimiento de lectura y escritura vinculados con la educación y experiencias al aire libre
Summer/Verano

Freedom To Move Family Camp

All Ages/Todas las edades
970.870.1950
35465 US-40, Steamboat
steamboatstars.com/summer-camps

Join STARS for our Freedom to Move Family Camp centered on supporting individuals living with spinal cord injuries and their families.

Únase a STARS para nuestra libertad para mudarse al campamento familiar centrado en apoyar a las personas que viven con lesiones de la médula espinal y sus familias.
Summer- Limited Dates/Verano - Fechas limitadas

OUTDOOR STEWARDSHIP & EDUCATION

Bee the Future

All Ages/Todas las edades
303.345.1616
beethefuture.org

An inclusive environment for Yampa Valley youth to learn beekeeping and advocate for protecting all pollinators.

Un entorno inclusivo para los jóvenes de Yampa Valley para aprender apicultura y abogar por proteger a todos los polinizadores.
Hayden TBD/Por determinar

Rocky Mountain Youth Corps

Ages/Edades 11-25
970.879.2135
991 Captain Jack Dr., Steamboat
rockymountainyouthcorps.org

Meaningful outdoor service learning and youth employment, educational and group experiences

Servicio de oportunidades significativas al aire libre de, experiencias educativas y actividades recreativas grupales
Summer/Verano
Paid positions for ages 14+.

Yampa River Camps

Ages/Edades 11-14
970.367.7044
friendsoftheyampa.com

Discover your own backyard by embarking on a 3-day comprehensive river class on our stunning, wild and free, Yampa River!

Descubra su propio patio trasero embarcando en una clase de río integral de 3 días en nuestro impresionante, salvaje y libre río Yampa!
Steamboat Springs
Summer- Limited Dates/Verano - Fechas limitadas

Yampatika

All Ages/Todas las edades
970.871.9151
925 Weiss Dr., Steamboat
yampatika.org/summer-programs/

Inspire environmental stewardship through education

Inspire cuidado del medio ambiente a través de la educación
Summer/Year-Round/Verano/todo el año
Employment for ages 16+.



ARTS, DANCE, MUSIC ARTES, DANZA, MÚSICA

Elevation Dance Studio Camps

Ages/Edades 3-14
970.871.1880
326 Oak Street, Steamboat
elevationdancestudio.com

Join us for fun, friendship, and lots of DANCE! We offer a wide range of camps with many different kinds of dance to suit your individual style.

Únete a nosotros para divertirte, hacer amigos y bailar mucho. Ofrecemos una amplia selección de campamentos con diferentes tipos de baile que se adaptan a tu estilo individual.
Summer/Verano

Perry-Mansfield Performing Arts School and Camp

Ages/Edades 7-21
970.879.7125
40755 County Rd. 36, Steamboat
perry-mansfield.org

Nationally recognized performing arts and equestrian summer programs

Programas de verano de artes escénicas y de equitación reconocidos a nivel nacional
Summer/Year-Round/Verano/todo el año

Rocky Mountain Summer Conservatory Camp

Ages/Edades 13+
1400 Bob Adams Drive, Hill Hall, Steamboat
rockymountainsc.org

Study and perform chamber music with an outstanding faculty in the spectacular Rocky Mountains

Estudiar y realizar música de cámara con Una facultad excepcional en el espectacular montañas Rocosas
Summer- Limited Dates/Verano - Fechas limitadas

Young at Art Creativity Camps

Ages/Edades 7-18
970.879.9008
1001 13th St. Steamboat
steamboatcreates.org

Mini camps offered in the realms of theatre, art and music

Mini campamentos ofrecidos en los ámbitos de teatro, el arte y en música
Summer/Year-Round/Verano/todo el año

PARKS

PARQUE

SPIRITUAL YOUTH GROUPS

GRUPOS JÓVENES ESPIRITUALES

STEAMBOAT

Bear River Skateboard Park

1834 Lagoon Ct., Steamboat

Stockbridge Park

1505 Lincoln Ave., Steamboat

Steamboat Springs Park

1015 13th St., Steamboat

Howelsen Park

401 Howelsen Pkwy., Steamboat

Little Toots Park

55 12th St., Steamboat

Brooklyn Park

115 Howelsen Pkwy., Steamboat

Ski Town Lions Park

585 Yampa St., Steamboat

Memorial Park

325 2nd St., Steamboat

Stehley Park

550 North Park Rd., Steamboat

Strawberry Park Field

5100 Amethyst Dr., Steamboat

Dr. Rich Weiss Park

125 Lincoln Ave., Steamboat

Snake Island

101 Lincoln Ave., Steamboat

Emerald Park

900 Pamela Ln., Steamboat

Fetcher Park

1795 Fetcher Park Dr., Steamboat

Rital Valentine Park

1010 Anglers Dr., Steamboat

Rotary Park

1600 Mt. Werner Rd., Steamboat

Ski Town Park

2550 Pine Grove Rd., Steamboat

Caseys Pond

2780 S. Lincoln Ave., Steamboat

River Creek Park

2965 S. Lincoln Ave., Steamboat

Whistler Park

1530 Meadow Ln.M Steamboat

West Side Park

3030 Abbey Rd., Steamboat

Heritage Park

27285 Brandon Cir., Steamboat

Sears Park

40730 Anchor Way, Steamboat

OAK CREEK

Decker Park

519 Moffat Ave., Oak Creek

Pump Track Bike Park

227 W. Williams St., Oak Creek

Sierra View Playground

426 Bell Ave., Oak Creek

HAYDEN

Dry Creek Park

513 South Poplar St.

Hayden Skate Park

350 South Poplar St.

Hayden Town Park

229 South 3rd St.

Lake Village Park

326 Lake View Rd.

Main Street Park

101 S Chestnut St.

Vista Verde Park

352 Vista Verde Dr.

Bear River Young Life

Ages/Edades 15-18
220 S 3rd St., Hayden
bearriver.younglife.org

Concordia Lutheran Church

Ages/Edades 15-18
755 Concordia Ln., Steamboat
steamboatlutheran.org

Har Mishpacha

Ages/Edades 5+
736 Oak St., Steamboat
harmishpacha.org

Heart of Steamboat United Methodist Church

Ages/Edades 12-18
736 Oak St., Steamboat
umcsteamboat.org

Sk8 Church

Ages/Edades 6-21
2851 Riverside Plz. Unit 260,
Steamboat
steamboatsk8church.com

St. Paul's Episcopal Church

Ages/Edades 0-18
846 Oak St., Steamboat
steamboatstpauls.org

Steamboat Christian Center - Nextgen

Ages/Edades 0 to 18
821 Dougherty Rd., Steamboat
steamboatchristian.com

Steamboat Springs Young Life

Ages/Edades 15-18
Steamboat
younglife.org





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www.youthinroutt.org