

"There's no such thing as bad weather, only bad clothing."
Alfred Wainwright



Outdoor Play Dress Guidelines

In the Summer

- Lightweight pants and lightweight T-shirt
- Rash guards are also another option
- Rain boots or sturdy closed-toe shoes that can get wet and muddy.
- A sun hat/cap

In the Spring and Autumn

- Comfortable pants (jogging bottoms or leggings)
- Long-sleeved t-shirt or top
- Sweatshirt or hoodie
- Rain boots or sturdy closed-toe shoes that can get wet and muddy

In the Winter

- Base layer (e.g. thermals or tight-fitting pajama pants, long-sleeved t-shirt)
- Second top layer (e.g. fleece sweatshirt or hoodie)
- Outer top layer (e.g. fleece or other warm bottoms, waterproof winter jacket)
- Hat and gloves (with spares)
- Four pairs of socks: Two pairs to wear (one thin cotton pair on top; a thick wool or fluffy bed sock on top) and a spare of each
- Sturdy warm outdoor boots

Rainy Days

- Waterproofs are great for rainy days. With the right pair, they fit over your clothes to help keep you dry (and warm on winter days).