

**CORONA/NORCO COUNCIL OF PTAS:
 OPERATION ADVOCACY:
 OCTOBER/NOVEMBER 2019 MISSION BRIEF**
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 OCTOBER 25TH, 2019

- **November Mission: Building a Culture of Kindness and Gratitude**
- **Veterans Remembrance and Appreciation**
 - **Yellow Ribbon Week/Day**
 - **Veteran's Day is on Monday, November 12th**
 - **(See page 2)**



Dates to Remember:

- October 23rd-31st: Red Ribbon Week, Theme: Send a Message, Stay Drug Free**
- October 27th: Red Ribbon Family Fun Festival**
- October 28th: Bullying Prevention Class for Parents, CNUSD Parent Center 5pm**
- November 12th: Reflections Entries due at Council Meeting**
- November 14th: National Block it Out Day (Block out negativity and bullying)**
- November 20th: Advocacy Think Tank, 8am-10am, Parent Center, (rescheduled from 11-6)**
- December 8th: Student Craft Fair at CNUSD Parent Center**

Be the I in KIND!

Create this sign for your school- have it as a photo opp at your next family night.

• **Mission: Be the I in KIND**

• **Mission Levels:**

- **Level 1- Create a large poster of "Be the I in Kind" and display it prominently at your school.**
 - **Have PTA Board members, teachers, parents, and students sign the poster-committing to being UNITED AGAINST BULLYING**
 - **Encourage students, teachers, classes, staff, and parents to take pictures in front of it and to sign it.**
- **Level 2-Create a large poster (as noted above) AND meet with your Admin team to discuss how PTA can help with Bullying Prevention on at your school.**
 - **Can you get it in place before the 1st trimester award ceremonies?**
 - **Include your plan in your monthly report**
- **Level 3-Create a large poster (as noted above) AND meet with Admin Team AND roll plan out to your PTA Board as to how PTA will be involved in the Bullying Prevention Campaign at your school.**
 - **Include your plan in your monthly report**



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• Veterans Remembrance and Appreciation

- **Veteran's Day Observed is on Monday, 12 November**
- **Suggestions:**
- **Wear a yellow ribbon to Support Our Troops.**
- **Wear your favorite service branch shirt- Army, Navy, Marines, Air Force, Coast Guard**
- **Wear Red to Remember Everyone Deployed**
- **Thank a Veteran for their service**
- **Mission Levels:**
 - **Level 1-Decorate your school with Yellow Ribbons and American flags**
 - **Level 2-Decorate your school and have a RED FRIDAY**
 - **Everyone wears RED to Remember Everyone Deployed.**
 - **Level 3-Decorate your school, have a RED FRIDAY, and work with your admin team to schedule a school wide Pledge of Allegiance**



World War I – known at the time as “The Great War” - officially ended when the Treaty of Versailles was signed on June 28, 1919, in the Palace of Versailles outside the town of Versailles, France. However, fighting had stopped seven months earlier when an armistice, between the Allied nations and Germany went into effect **on the eleventh hour of the eleventh day of the eleventh month**. For that reason, November 11, 1918, is generally regarded as the end of “the war to end all wars.”

In November 1919, **President Woodrow Wilson** proclaimed November 11 as the first commemoration of Armistice Day, On May 13, 1938, Congress made the 11th of November in each year a legal holiday—a day to be dedicated to the cause of world peace and to be thereafter celebrated and known as "Armistice Day."

Armistice Day was primarily a day set aside to honor veterans of World War I. But in 1954, after World War II , Congress amended the Act of 1938 by striking out the word "Armistice" and inserting in its place the word "Veterans." With the approval of this legislation on June 1, 1954, November 11th became a day to honor American veterans of all wars.

Later that same year, on October 8th, **President Dwight D. Eisenhower** issued the first "Veterans Day Proclamation" ... our citizens to observe Veterans Day. On that day let us solemnly remember the sacrifices of all those who fought so valiantly, on the seas, in the air, and on foreign shores, to preserve our heritage of freedom, and let us “put” ourselves to the task of promoting and enduring peace so that their efforts shall not have been in vain.

What is Veteran's Day

<https://www.youtube.com/watch?v=iwARh3i8pNo>

History of Veterans Day

<https://www.youtube.com/watch?v=mWD4Oy6fKlo>

https://youtu.be/ymCa1eB_qLA

Advocacy in Action:

From CAPTA...

In 2011, Governor Jerry Brown signed [AB 1156](#) (Eng). This legislation, sponsored by California State PTA, helps protect students from bullying and harassment.

The bill requires training of school-site personnel in the prevention of bullying, and it gives victims of bullying priority for transferring out of a school, if requested.

Inaction can have dire consequences. Students who experience bullying are at increased risk for poor school adjustment, sleep difficulties, anxiety, depression, and negative health effects such as headaches and stomachaches. The depression and anxiety caused by being bullied can lead students to think about and attempt suicide, and have behavior problems and difficulty learning.

Bullying is prevalent on school campuses. According to the National Center for Educational Statistics, 2016, more than one out of every five (20.8%) students report being bullied.

Did you know that National PTA adopted a Bullying Prevention Resolution in June 2005? Follow the link for details.

<https://www.pta.org/docs/default-source/files/advocacy/resolutions/bullying-r.pdf>

From TODAY.com:

“Being kind is good for your health: How to practice kindness every day” -author A. Pawlowski

is a TODAY contributing editor focusing on health news and features.

<https://www.today.com/series/one-small-thing/being-kind-good-your-health-how-practice-kindness-every-day-t163335>

Share with your PTA Boards and your family:

Interesting article with science and research to support being kind plus videos to illustrate and demonstrate the benefits of being kind.

Articles to Read and to Share

- [“Teach Your Teen to Be an Upstander, Not a Bystander”](#) –scholastic.com/parents

- [“When Teasing Becomes Bullying”](#) –scholastic.com/parents

- [“5 Internet Safety Tips for Tweens & Teens”](#) –scholastic.com/parents

- [“Protect Your Child From Social Media Bullies”](#) –scholastic.com/parent

- [“My Child Is a Bully: What Should I Do?”](#) –childmind.org

- [“Prevent Bullying”](#) –the CDC

Advocacy Think Tank!

This is an idea share, for brain storming, discussion, understanding, and for not reinventing the wheel.

Come to one, come to all, come for some, come for all-whatever works for you.

Meetings to be held at the CNUSD Parent Center at 152 East 6th Street.

Wednesday, November 20th , 8am-10am (rescheduled from November 6th)

Wednesday, December 4th , 8am-10am

Please RSVP to cnptaadvocacy@outlook.com

• **Supporting a Kindness Campaign/Bullying Prevention**

• **Share these songs/videos with your own boards, associations, families, and teachers-and ask them to share it with their students. (as appropriate)**

- **K-3rd: Universal Kids: Kindness is a Muscle (song)**
- <https://youtu.be/tP4gLX8FBDA>
- **3rd-8th: Random House Kids: R.J. Palacio, author of Wonder (video)**
- <https://youtu.be/oImM 9r-6I8>
- **All grades**
- **Life Vest Inside: Kindness Boomerang (song & video)**
- **Count the acts of kindness!**
- <https://youtu.be/nwAYpLVyeFU>
- **6th-9th**
- **Life Vest Inside: Dance for Kindness (song & video)**
- <https://youtu.be/s12-0E O V4>
- **Burger King: Bullying Jr.**
- <https://youtu.be/mnKPEsbTo9s>

• **Books about Kindness-**

• **Are these in the library at your school?**

- **We are all Wonders by R. J. Palacio**
- **365 Days of Wonder by R. J. Palacio**
- **The Jelly Donut Difference by Maria Dismondy**
- **Kindness Counts by Bryan Smith**

• **Interesting article for teens and parents with teens about bullying.**

- <https://kidshealth.org/en/teens/bullies.html>

• **Scholastic has come up with a guide specifically for PTAs.**

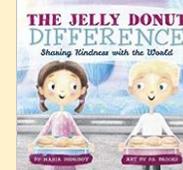
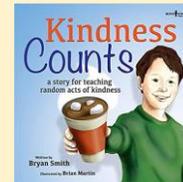
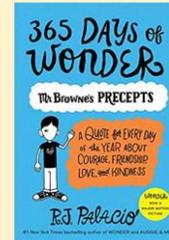
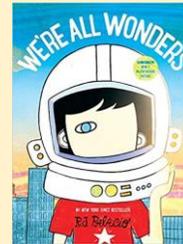
- <http://www.scholastic.com/nobullying/pdfs/Oxy-PTA-Guide.pdf>

• **Scholastic has also come up with some tips, especially geared toward 5th-10th grade.**

- **Ask your admin if you can make this available for your students.**
- <https://www.scholastic.com/content/dam/teachers/sponsored-content/nobullying/Oxy-Be-Smart-About-Bullying.pdf>

• **Not In Our Town has launched an online Anti-Bullying Film Festival in October? Could you share any of these videos with your Association and via social media?**

- <https://www.niot.org/nios-october-film-festival>



Life Lessons from Sesame Street:

Article on www.nbcnews.com

Yellow-haired Muppet Karli helps 'Sesame Street' tackle addiction

The newest "Sesame Street" Muppet will explain why she's in foster care: Her mom "was away for a while because she had a grown-up problem."

Children can relate to Karli and use her as a way to open up dialogue about the drug crisis in America, 'Sesame Street' says.

<https://youtu.be/GYHidEcGy2U>

Available in Sesame Street in Communities

<https://sesamestreetincommunities.org/>

2ND ANNUAL
 HOLIDAY STUDENT CRAFT FAIR
 at the Parent Center

Student vendors wanted!!

We're looking for CNUSD students who have handmade items they want to showcase and sell at our holiday boutique on Sunday, December 8th.

Registration open till 11/15/19
 Space is limited.

For more information see our website:
www.cnusd.k12.ca.us/parent_center

APPLY TODAY
 Please register at:
<http://bit.ly/CraftFair2019>

• **Supporting a Kindness Campaign/Bullying Prevention**

- Additional Resources-
 - share with your teachers, parents, and students-including sending out via email, remind, or posting to your FB page...
- 16 Books That Model Empathy and Compassion for Young Readers
- <https://www.readbrihtly.com/books-that-model-empathy-compassion-young-readers/>
- 5 ways animals can teach kids kindness
- <https://www.nationalgeographic.com/family/5-ways-kids-learn-kindness-from-animals/>
- 10 Ways to Make a Difference
- <https://corona.macaronikid.com/articles/5d82507fa1e7b244ffee3477/10-ways-to-make-a-difference-macaroni-kid-act-of-kindness-week>
- PBIS-Positive Behavioral Interventions and Supports
 - Drill down deeper into something we all have heard about
- <https://www.pbis.org/>
- www.Stopbullying.gov
 - Is an official site of the United States government with great information and ideas. Bullying defined by the CDC.
- Engaging Parents and Youth and How parents and youth can contribute
- <https://www.stopbullying.gov/prevention/at-school/engage-parents/index.html#>
- Also has a FREE online Bullying Prevention Training Program-
- Presidents-maybe you and your Board could take the training.

Witness bullying?

Interrupt with a joke, change the subject, and keep going.

stopbullying.gov

BULLYINGPREVENTIONCLASSES

AntiBullyingInstitute.org

FREE PARENT CLASS

Parents will learn to:
 Identify bullying and cyberbullying • Talk to your child about bullying
 Teach your child steps to stop bullying • Build your child's self esteem

**Upcoming Presentation
 CORONA-NORCO USD
 PARENT CENTER**

152 East Sixth Street Corona, CA 92879

Monday,
 October 28, 2019
 5 - 6 p.m.

For more questions or information contact the Parent Center at (951) 273-3132
 Please register at this link
<http://bit.ly/ParentCenterAntiBullying>



ANTI x BULLYING INSTITUTE



RIVERSIDE MEDICAL CLINIC CHARITABLE FOUNDATION

30 YEARS OF Making A Difference 1984 - 2019
 Riverside Medical Clinic, Charitable Foundation is dedicated to improving the health and quality of life in Inland Southern California through advocacy, individual and professional education, and service.

Riverside Medical Clinic Charitable Foundation is a 501(c)(3) nonprofit organization and all of our programs are funded entirely by donations. All donations are tax-deductible to the extent allowed by law. Federal Tax ID # 93-0794118
RMCcharity.org | antibullyinginstitute.org



TREAT EVERYONE WITH RESPECT!

Keep in mind that everyone is different. Not better or worse. Just different.

stopbullying.gov