

Sleep Essentials	Boy Clothing
Bed Sheets (single or double size)	Pajamas (2 Sets)
Sleeping bag	Undergarments (enough for 10 days)
Pillow with a pillow case	3-4 Pairs of Jeans, 2-3 Shorts
Personal blanket for sleep	2 Sweatshirts/ 2 Hoodies, 1 Jacket
	4-5 Regular T-Shirts
Women Clothing	Clothes for maintenance work
Pajamas (2 sets)	Workout clothes (2 Pair)
Undergarments (enough for 10 days)	Church Clothes (1-2 Pair)
2-3 Pairs of Jeans	
2 Sweatpants/ 2 Hoodies, 1 Jacket	Shoes
4-5 Regular T-Shirts (long and short sleeve)	Sneakers
Clothes for maintenance work	Boots (Winter)
Workout clothes (2 Pair)	Church shoes
Church clothes (Dresses, Skirts, Blouses)	Slippers
Sweaters (Winter/Fall)	F. xtra
Shorts (Summer)	
\mathcal{F}_{i}	Personal coffee/tea cup
Toiletries & Hygiene	Camera / Phone

Personal Soap, Shampoo/Conditioner

Toothbrush & toothpaste

Towels (2 Large/2 Small)

Feminine hygiene products

Please ensure clothing is modest, nothing too revealing or tight

Bible

Phone Chargers (USB)

Journal / Pen / Notebook