

Message From The Chair

Dear Members.

This will be the last letter for 2019, I would like to thank you all for your support during the year, hoping that it will continue for future years.

We have had some encouraging replies from the local councils after Les, our Treasurer applied for grants, which all helps to keep the bank balance afloat.

Trips and the holidays have been a great success and the Christmas Draw evening is fully booked, also the holiday for 2020. It's so pleasing that Sue and David have had such a good response for the holiday.

We send our sympathy to members who have had a bereavement during the past twelve months and hope that 2020 will be a better year.

For those who have not yet sent in the Draw tickets this is a gentle reminder, yet again, to do so.

As Christmas is fast approaching I take this opportunity to wish you all a very happy Christmas and New Year. If you have any UNWANTED gifts we would appreciate them for our raffle prizes at the Meet and Greets.

Looking forward to seeing you at the Christmas Draw

Best Wishes
Pat



SUBSCRIPTIONS 2020

The subscription for next year, due by the 1st January 2020 will remain at £10.00. Please fill in the renewal form enclosed with the newsletter and return to me as soon as possible, so that the membership list can be up-dated. Please note that if you are booking for a trip or event and you have not renewed, you will not qualify for the members' discount. Any members who have joined in October, November or December 2019 do NOT need to renew. In order to save on postage, if you DO require a receipt, please tick the box at the bottom of the renewal form.

Please keep your subscription payment SEPARATE from any payment for bookings, draw tickets etc. and please do not make your cheque payable to me personally. Please note, once paid, your annual membership is non-refundable.

Thank you Kath.





NOVEMBER

Christine Corbett
Janet Evans
Richard Saunders
Peggy Watkins
Bryan Perry
Olwen Marmion

DECEMBER

Bob Evans
Anne Gourlay
John Cottey
Lois Bull
Bob Diss
Bryan Warwick
Julia Locklin
Sheila Taylor
Fred Bull
Liv Pitt

JANUARY

Margaret Ward
Philip Johnson
Pat Wordley
Chris Powell
Bryan Pickering

We send Best Wishes to
Bryan Warwick,
Margaret Ward and
Bryan Pickering who will be
celebrating special birthdays
in 2019 and 2020.



HYDROTHERAPY

VOLUNTEERS

Can you spare two hours
on a Thursday evening
perhaps once a month to
help at the hydrotherapy
pool? Full training will be
given. Please phone
Jane or David



MEET & GREETS

We have to apologise but regrettably we
have to increase the price of Meet &
Greetings, Cheese & Wine etc as the prices
have been increased by St Georges' Sports
& Social Club due to the cost of food.

GRAND PRIZE DRAW DONATIONS

We are still in need of good quality items for our
grand prize draw to be held on the 6th December at
the Christmas party at St Georges' Sports and social
club. You can pass on any items to a member of the
committee



Many thanks
from the the
Committee



Future newsletters and booking forms

Please do not be deterred from
booking events and trips. If you are
interested in any of the events/trips
it is not always practical to pay
everything all at once and we are
open to accepting partial payments
providing each event is paid for the
week prior to enable us to order
food etc. We always quote a closing
date to give you the opportunity to
come along. We also welcome
payments in instalments, if this
helps.

HYDROTHERAPY

We are happy to welcome any family
and friends to the Group, who are in
need of hydrotherapy, but it is
essential to follow the correct
procedure and use only the official
forms in order to comply with our
insurance regulations.

MEMBERSHIP

Despite rising costs, our membership
subscription remains the same at £10
for the ninth year running. This is
due on or before the 1st January
2020. Thank you for your
co-operation.
Kath, Membership Secretary

Deepest Sympathy

*It is with regret that we have to report the passing
recently of two of our long standing members &
ex-members, Coral Adams and Stan Roberts.
We would like to express our condolences to both their
families and friends*

R.I.P.





I am hoping you can assist us in helping members of your charity who are living with Arthritis.

We have set up a Consumer Information Portal especially for people with Pre Existing Medical Conditions who are looking for Financial Products and Insurance and would be delighted if you could place a [link to us](#) on your website. We are not a Product Provider a Broker or Financial Advisors (although this is my background) we are simply passionate about helping people with medical conditions access quality information on how to obtain competitive products. This has been my personal mission for the last 20 years! We provide unique information such as Step by Step Guides to obtaining [life](#) or [travel](#) insurance. Details on [Guaranteeing](#) acceptance for life insurance [Tricks of the Trade](#) that you won't hear from (most) Brokers or Advisors

- Benefit calculators
- Honest articles on many financial subjects

You can view more information on our [About us](#) page which will provide an insight into our background, aims and ethics. I believe we truly offer a new and unique service. If you wish to link to us (and we would be happy to provide a link back to your site) may I suggest the following link information www.preexistingconditions.co.uk - Providing Independently written articles and Information on sourcing Life Insurance, Travel Insurance and other Financial Products for people living with Pre Existing Medical Conditions. If you require more information or would like a chat as to how we could help you further please feel free to email me personally on paul@preexistingconditions.co.uk

Kind Regards Paul Mellor Founder of www.preexistingconditions.co.uk

Pre existing conditions

7 Manchester Road, Chapel en le Frith, High Peak, UK, SK23 9SR

MYSTERY TRIP MENU

Mains

Topside of local beef, served with Yorkshire pudding and horseradish sauce

Roasted gammon served with apple sauce and sage and onion stuffing

Roasted leg of lamb served with mint sauce and sage and onion stuffing

Mushroom, spinach and brie wellington

Fillet of salmon, basil pesto

(All served with roast potatoes, new potatoes and vegetables of the day)



Desserts

Strawberry Eton mess

Sticky toffee pudding, served with vanilla ice cream

Chocolate fondant served with white chocolate ice cream

Baked lemon cheese cake, served with vanilla ice cream

Lemon Tart served with vanilla ice cream

Platter of Welsh cheese and biscuits

FORTHCOMING EVENTS

Friday 6th December. GRAND PRIZE DRAW/CHRISTMAS PARTY, St Georges'. Doors open 6.30pm

This year we are again doing a combined Grand Prize Draw and Christmas Party. A final chance to purchase your draw tickets.

FULLY BOOKED - BOOKINGS NO LONGER ACCEPTED

Tuesday 28th January 2020. MEET & GREET, St Georges' Club. Doors open 7.00 pm (NEW)

A chance to get out of the house, meet up with friends and other members. Refreshments provided.

Price: Members £5.50/Non-members £7.50. Closing date Monday 20th January

Sunday 23rd February 2020. MYSTERY TRIP with SUNDAY LUNCH (NEW)

Enjoy a scenic trip through the countryside, stopping for a 2 course lunch of main and dessert at a Country House Hotel (please see full menu on Page 3). Please tick your choice on the booking form. The coach departs The Place, Oakengates at 10.00 am arriving at 12.30 pm in time for 1.00 pm lunch. Arriving back in Telford at approx. 4.00 pm. **FREE COACH FOR MEMBERS ONLY.**

Price: Members £18.00/Non-members £28.50. Closing date Monday 10th February

Tuesday 24th March 2020. CHEESE & WINE EVENING, St Georges' Club. Doors open 7.00 pm (NEW)

Enjoy an evening with a variety of wines, cheeses and pates. We also cater for teetotallers!

Price: Members £6.00/Non-members £9.00. Closing date Monday 16th March

Monday 27th April - Friday 1st May. SHORT BREAK TO WARNERS, NORTON GRANGE, I.O.W.

REMINDER : FINAL BALANCE DUE ON OR BEFORE 31st JANUARY 2020

FULLY BOOKED - BOOKINGS NO LONGER ACCEPTED

CLOSING DATES ARE CRUCIAL BECAUSE WE NEED TO NOTIFY ST GEORGES'/PLACES OF VENUE IN SUFFICIENT TIME TO ORDER FOOD ETC. THIS ALSO APPLIES TO COACH TRIPS AS WE HAVE CLOSING DATES WITH COACH COMPANIES & VENUES. WE HAVE EXPERIENCED SITUATIONS IN THE PAST WHERE WE HAVE GIVEN ST GEORGES' THE NUMBERS AND MEMBERS HAVE NOT TURNED UP AND WE HAVE BEEN LEFT WITH THE BILL (SOME OF OUR EVENTS ARE FREE TO MEMBERS AND IF YOU BOOK AND DO NOT TURN UP THE GROUP IS LEFT TO COVER THE COST)

BOOKINGS WILL ONLY BE ACCEPTED WITH BOOKING FORM & PAYMENT

IF YOU ARE UNABLE TO GO ON A TRIP (DUE TO ILLNESS ETC) WE WOULD APPRECIATE A PHONE CALL EITHER THE PREVIOUS EVENING OR THE SAME MORNING SO WE DO NOT DELAY THE COACH. CONTACT DAVE & SUE on 01952 502968

CLOSING DATES - PLEASE NOTE NO BOOKINGS WILL BE TAKEN EITHER BY BOOKING FORM OR PHONE CALL AFTER THE DATES STATED.

PLEASE NOTE:

ALL PAYMENTS ARE NON REFUNDABLE AND WILL ONLY BE REFUNDED IF WE ARE ABLE TO FILL YOUR PLACE. WE ALWAYS USE SIDE LIFT COACHES SO THEY ARE ACCESSIBLE TO ALL OUR MEMBERS.

DON'T FORGET TO WRITE THE EVENTS/TRIPS YOU HAVE BOOKED ON YOUR CALENDAR OR IN YOUR DIARY