

Message From The Chair

Dear Members

We have now reached the end of the first month of 2020, it's not too late for me to wish everyone good health and happiness for the coming year. The Grand Christmas Draw ended the year with a bang, with excellent food and a wonderful display of prizes all donated by generous people (see photo) thanks to all. The first prizes was won by Mrs Linda Wallace who very kindly donated the £100 back to the group expressing her gratitude for all our hard work "thank you Linda".

David and Sue have once again been hard at work organising our holiday and trips out, the holiday this year is to the Isle of Wight which is fully booked, please see other trips and so forth in the list of events. Sandra Hughes who is a non-member once again made and decorated a lovely open book style cake this was won by Barbara Pickering and raised the sum of £63 Jane Davies who is the Hydro Pool co-ordinator ran a Tombola all prizes donated by the Pool members, which raised £90. Thank you for your support, another one would be nice and thank you to Jane's granddaughter for her help. No more for now, thank goodness says you, look forward to seeing you all.

Regards to everyone Pat



Christmas party/draw



Subscriptions 2020

The subscription for 2020, due by the 1st January 2020 will remain at £10.00. Please fill in the renewal form enclosed with the November newsletter and return to me as soon as possible, so that the membership list can be up-dated. Please note that if you are booking for a trip or event and you have not renewed, you will not qualify for the members' discount, also members who use the pool facilities need to renew because they would NOT be covered by insurance. Any members who have joined in October, November or December 2019 do NOT need to renew. In order to save on postage, if you DO require a receipt, please tick the box at the bottom of the renewal form. Please keep your subscription payment SEPARATE from any payment for bookings, draw tickets etc. and please do not make your cheque payable to me personally. Please note, once paid, your annual membership is non-refundable. We would also like to thank those members who gave donations with their renewal.

Thank you Kath, Membership Secretary.

A big thank you to everyone who bought and sold tickets for the Christmas Draw. After expenses of £212.83 (£100 1st prize, tickets £85.99, fruit £19.19 and delivery of prizes) the profit for Group funds was £230.17.

On the 28th December and 25th January, the Group held can collections at local supermarkets. If we are lucky enough to be offered other collection days during the year, we would be very grateful if any member, who could give just two hours of their time, would get in touch.

Thank you Rosalind



GRAND PRIZE DRAW WINNERS

1. £100.00. Linda Wallace
2. Christmas Hamper. Bob Evans
3. Large Teddy. Joan Pumford
4. Tesco Vouchers £15.00. Karen Watton
5. 6 Bottles wine. Adrian Jenkins
6. Christmas Hamper. Julia Locklin
7. Black Trolley Bag. Lois Bull
8. Whiskey Liqueur. Laura O'Bryan
9. Fruit Basket. Helen Johnson
10. Red handbag & umbrella. S. Taylor
11. Chocolate Fountain. Ryan Locklin
12. Christmas Wreath. Lois Bull
13. Bottle of Whisky. Bob Evans
14. Sanctuary spa kit. Jean Preston
15. Tea for 2(cups/tea pot). C. Burns
16. Travel Trolley. Jo Elson
17. Hestia 'T' light holder. Sue Banks
18. Swarovski necklace. John Watton
19. Coffee set. Laura O'Bryan
20. Bottle of Disaronno. Ryan Locklin
21. Bathroom scales. Pat Watkins
22. Bathroom set. Sarah Thompson
23. Carriage Clock. Adrian Lloyd
24. 6 mugs. Les Scott
25. Nivea Beauty care. Jean Hoyle
26. Red travel Beauty box. Lois Bull
27. Cream Floral travel bag. John Corbett
28. Purple bag & scarf. Alan Pumford
29. 7 piece hip flask. Pat Rubery
30. Yankee candle silver holder. E. King
31. Gourmet ovenware. Bryan Pickering
32. Baylis & Harding. Siobhan Osborne
33. Jigsaw roller mat. Sheila Johnson
34. Jigsaws. Jean Preston
35. Fruity Toiletries. Paula O'Connor
36. Fruity Toiletries. Andrew Lea
37. Card planner set. Bryan Pickering
38. Lynx Toiletries. Ron Adams
39. 4 wine glasses. Mary Linder
40. Men's toiletries. Liz Perry
41. Box of chocolates. Gerald Watkins
42. Unicorn Mug. Colien c/o Les
43. Ladies toiletries bag. Laura O'Bryan
44. White gardenia spray. R. Norman
45. Hero chocolates. Jean Hoyle
46. Celebration chocolates. Katie Johnson
47. Roses chocolates. Colien c/o Les

DONATIONS

We would like to thank Linda Wallace, the first prize winner of the Grand Prize Draw who has generously donated her winnings back to the Group.

The Committee would like to thank anyone who has used Pay pal to kindly donate money to the Group's Pay pal account. To use this facility, when purchasing items on the internet, use TANDWASG@G.MAIL.COM to donate.

Without the support of members and local businesses who kindly donate items, vouchers etc, we would be unable to hold the draw each year. Donations are always welcome any time of the year for the raffles we hold at our meetings/days out etc. Money raised helps to pay for room hire, coaches (we often subsidise trips for our members - why not come and join us) and the hydro pool.

Thank you. The Committee

FEBRUARY

Ruth Horton
David Watkins
Don Bratt
Ron Adams
John Watton
Angelique King

MARCH

Arun Das
Maureen Saunders
Richard Lawson
Janet Jones
Coleen Burns
Paul Locklin

APRIL

Pauline McDonald
Jo Elson
Mary Linder
Andrew Lea
Sue Banks
Kath Grocott
Karen Watton
Jason Sawyer
Doreen Roberts
Graham Rappitt
Robert Kiernan



Medication Reviews

Why are medicines reviews needed?

When you are first prescribed a medicine, your doctor, pharmacist and/or nurse checks that it is the best medicine for you.

However, things can change, for example:

You might have developed a side effect from the medicine.

Your health might have changed, such as developing a long-term condition.

You might have started taking other additional medicines.

The guidelines for treating your condition might have changed.

You may be taking many medications (known as "polypharmacy").

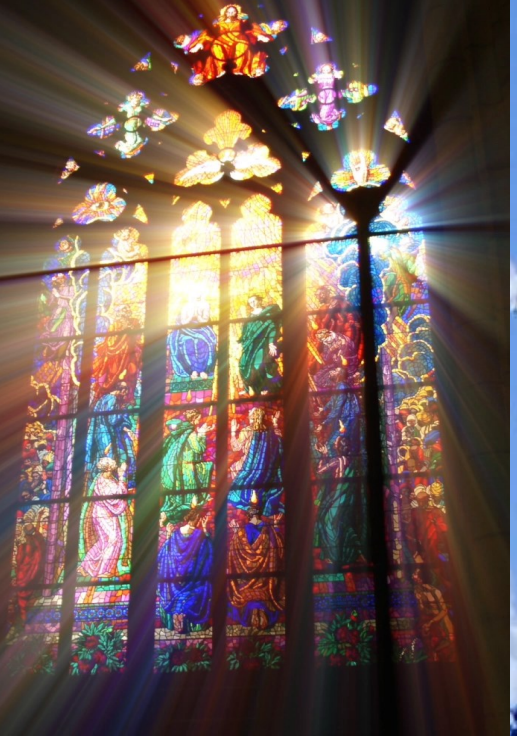
A medication you are on may be no longer essential for your health day to day.

A medication review can take place with your GP, a nurse or your local chemist. All medication should be reviewed regularly and usually once a year.

Bereavement

Its with regret that we have to report that we have lost a dear volunteer member of the Committee who will be sadly missed.

Rob Grocott was a dear member and valued for his work as Website Co-Ordinator for a number of years. We send our deepest sympathy to his family & friends.



M6toll
A better way around



Disabled Mobility Exemption Pass (MEP) for m6 toll road !

Mobility Exemption Pass (MEP) for m6 toll road !

Disabled people and certain organizations may be eligible for exemption on paying the toll on the m6 toll road, which bypasses Birmingham.

To qualify for exemption you must be exempt from paying road tax and be on a higher rate of disability living allowance.

Terms and conditions do apply; an application form must be completed before making the journey down the m6. Full details can be found on the m6 toll web site; <http://www.m6toll.co.uk>

To qualify for an MEP, the applicant must be in receipt of one of the following:

- The higher rate mobility component of Disability Living Allowance
- Attendance Allowance
- Enhanced rate of the mobility component of the Personal Independence Allowance
- The War Pensioners Mobility Supplement

If an applicant meets the qualifying criteria, but has made a journey prior to application, we will refund the last toll paid. Proof of payment is required.

If you think you may be eligible for our mobility pass, call our customer service team on 0330 660 0790. More helpful of advice from the nice people who care.

FORTHCOMING EVENTS

Sunday 23rd February 2020. MYSTERY TRIP with SUNDAY LUNCH

Enjoy a scenic trip through the countryside , stopping for a 2 course lunch of main and dessert at a Country House Hotel (if you are interested please ask for full menu). Please tick your choice on the booking form. The coach departs The Place, Oakengates at 10.00 am arriving at 12.30 pm in time for 1.00 pm lunch. Arriving back in Telford at approx. 4.00 pm. FREE COACH FOR MEMBERS ONLY.

Price: Members £18.00/Non-members £28.50. Closing date Monday 10th February

Tuesday 24th March 2020. CHEESE & WINE EVENING, St Georges' Club. Doors open 7.00 pm

Enjoy an evening with a variety of wines, cheeses and pates. We also cater for teetotallers!

Price: Members £6.00/Non-members £9.00. Closing date Monday 16th March

Monday 27th April - Friday 1st May. SHORT BREAK TO WARNERS, NORTON GRANGE, I.O.W.

REMINDER : FINAL BALANCE NOW OVERDUE. FULLY BOOKED. Itineraries for the holiday will be handed out at the cheese and wine evening or posted for the non- attendees

Tuesday 19th May. MEET & GREET (NEW)

Come and enjoy a night out with friends and other members. Evening supper provided.

Price: Members £5.50/Non-members £7.50. Closing date Monday 11th May

Tuesday 30th June. ANNUAL GENERAL MEETING (NEW)

Come and join us, find out how the Group has been doing over the past 12 months, a time for discussion. Supper provided. No charge.

CLOSING DATES ARE CRUCIAL BECAUSE WE NEED TO NOTIFY ST GEORGES'/PLACES OF VENUE IN SUFFICIENT TIME TO ORDER FOOD ETC. THIS ALSO APPLIES TO COACH TRIPS AS WE HAVE CLOSING DATES WITH COACH COMPANIES & VENUES. WE HAVE EXPERIENCED SITUATIONS IN THE PAST WHERE WE HAVE GIVEN ST GEORGES' THE NUMBERS AND MEMBERS HAVE NOT TURNED UP AND WE HAVE BEEN LEFT WITH THE BILL (SOME OF OUR EVENTS ARE FREE TO MEMBERS AND IF YOU BOOK AND DO NOT TURN UP THE GROUP IS LEFT TO COVER THE COST)

BOOKINGS WILL ONLY BE ACCEPTED WITH BOOKING FORM & PAYMENT

IF YOU ARE UNABLE TO GO ON A TRIP (DUE TO ILLNESS ETC) WE WOULD APPRECIATE A PHONE CALL EITHER THE PREVIOUS EVENING OR THE SAME MORNING SO WE DO NOT DELAY THE COACH. CONTACT DAVE & SUE on 01952 502968

CLOSING DATES - PLEASE NOTE NO BOOKINGS WILL BE TAKEN EITHER BY BOOKING FORM OR PHONE CALL AFTER THE DATES STATED.

PLEASE NOTE:

ALL PAYMENTS ARE NON REFUNDABLE AND WILL ONLY BE REFUNDED IF WE ARE ABLE TO FILL YOUR PLACE. WE ALWAYS USE SIDE LIFT COACHES SO THEY ARE ACCESSIBLE TO ALL OUR MEMBERS.

DON'T FORGET TO WRITE THE EVENTS/TRIPS YOU HAVE BOOKED ON YOUR CALENDAR OR IN YOUR DIARY