



LEVEL SYSTEM FOR VICTORY RECOVERY HOMES

9 - 12 month Program

Ph: 610-504-9353

LEVEL ONE INTAKE LEVEL (4 fully completed weeks)

Purpose: To develop a meaningful relationship with God, and the Residential Community. To develop the basic skills necessary for a genuine recovery experience. To develop a Christ centered perspective. _____

While our recovery model is rooted in Christian teachings and practices, we welcome individuals from all backgrounds who seek to benefit from our structure and support. Participation in program activities is expected; personal belief is a journey and is not a requirement for advancement or graduation

Restrictions: Level One Residents cannot leave the premises without a Level 2 or 3 Resident, unless approved by the House Manager. This means ANY trips into the community with the exception of: Therapy or Doctor's Appointments, Job Searches and the gym. These appointments and more will be monitored through life 360 app. Level One Residents can have visits in approved areas on the premises only on the weekends. NO WEEKDAY VISITS unless approved by House Manager. No Home Passes except for Emergencies. _____

How to Progress: This Level is considered a probationary level. To progress to level 2 and receive extended privileges of the structured community residence, guests at this level are expected to:

1. Follow all policy and procedures outlined on the policy and procedures manual received at intake. _____
2. Attend at least 3 approved Bible Studies/Church Services/ Prayer meetings a week. For the first 30 days we require the guest to attend Sunday services. Attend 12 Step Meetings at least 4 times a week with 12 Step (House manager approved) Sponsor, "Buddy", or a Level 2, or Level 3 Guest. Outpatient groups and Individual Therapy sessions counts as one as well. Any in-house Christian or therapeutic meetings also count toward the meeting requirement. Meetings are to be signed off on papers provided. _____
3. All residents are expected to participate in weekly Project Nights, where residents work together on home improvement projects. Project Nights may count toward either community service or one weekly meeting/church service requirement, as determined in collaboration with House Oversight. _____
4. Unemployed residents must conduct daily job searches with a Level 2 Resident or receive approval for interviews, monitored by House Manager. _____
5. All residents must obtain a Certified Recovery Specialist (a.k.a. C.R.S.) to meet with weekly for 1 hour. We will have one that we recommend and can come to our home. (Second option - You can choose to go to 2 Celebrate Recovery meetings (2 hour long ones,) or 1 C.R. meeting (2 hrs) and 1 more Church service (1.5 hrs - no video) which will count as 2 AA/NA meetings and 1 C.R.S. meeting) All residents must obtain a Sponsor (or a temporary one) within the first 4 weeks to help with the 12-Step Programs. Sponsors are to be a member of a 12-Step Program. One can not pass to level 2 without a Sponsor _____
6. Meet weekly with the House Manager or Resident Buddy to review goals and complete the weekly resident review sheet. _____
7. Observe Curfew: 10 PM weeknights, 11 PM weekends _____
8. Complete a minimum of 1 hour of community service each week (2 hours if unemployed). Hours must be verified by sign-off and are subject to random checks. _____
9. Submit to random drug tests, room checks, laundry schedules, and participate fully in assigned chores. Maintain a clean and organized shared and private space at all times. _____
10. Devotions and Socialization: All residents are expected to participate in daily devotions (Mon–Fri) and remain engaged in common areas unless excused by House Manager. _____
11. Missing 2 or more weeks will result in the immediate application of the demerit system. _____
12. Stay current on all payments. Advancement will not be permitted if payments are behind. _____

Review process: After 4 fully completed weeks of meeting all the requirement, the guest will meet with House Manager to review progress and present their level 1 assignment, during the weekly in-house meeting, to advance to Level 2. If all requirements for advancement to Level 2 are not met, a "Provisional Level One Agreement" will be put into place and reviewed weekly until Resident meets the requirements to advance to Level Two. _____

Victory Recovery Homes Rep. _____ Signature of potential Guest _____

LEVEL 2 JUNIOR RESIDENT STATUS (4 fully completed weeks)

Purpose: To demonstrate Recovery-Oriented Lifestyle Skills developed in the first 30 days to become independent in the Structured Community and the Community At Large and demonstrate the ability to abide by the Residential Curfew independently.

Restrictions: As a Structured Residence is needed, we recommend that you still travel in the Community with another Guest. The House manager will decide if they want to accept something other than a signed sheet for attending a meeting, other possibilities they could consider is the buddy system, or turning on life 360 for attending meetings..

Privileges: Level 2 residents have the privilege of having visits on weekdays after 5 PM. Level Two Residents can escort Community Residents into the Community at Large and to all Meetings.

How to Progress: Level 2 demonstrates the need for less supervision and gives more privileges and independence than level 1. To Achieve level 3 and receive extended privileges of the structured residence, guests at level 2 are expected to:

1. Continue to abide by all policy and procedures .
2. Must have employment (unless alternatives have been discussed with the Director.)
3. Demonstrate development of a Recovery-Oriented Lifestyle by attending a minimum of 3 Christian Bible Studies, Church Services, or Prayer meetings and at least 3, 12-Step recovery meetings per week, outpatient Services count toward this requirement.
4. All residents are expected to participate in weekly Project Nights, where residents work together on home improvement projects. Project Nights may count toward either community service or one weekly meeting/church service requirement, as determined in collaboration with House Oversight.
5. Must develop goals for achieving a healthy, meaningful, and Recovery-Oriented lifestyle. Residents must also attend weekly meetings with an approved Spiritual Mentor or other approved recovery support option, and maintain ongoing communication with a sponsor. To prepare for advancement to Level 3, residents are encouraged to either transition from CRS to an approved Spiritual Mentor, or add an approved Spiritual Mentor alongside their existing recovery supports, as determined in collaboration with House Oversight.
6. Must meet with the House Manager, or a Level 3 Guest weekly for reviews.
7. Missing 2 or more weeks will result in the immediate application of the demerit system.
8. Observe Curfew: 11pm on weekdays and weeknights
9. All residents are to continue completing an average of 1 hour of community service each week if employed or 2 hours if unemployed for some reason
10. All residents will continue to be subject to random Drug tests, room checks, laundry schedule, chores around the home, and keeping a clean and organized shared and private space.
11. Devotions and Socialization: All residents are expected to participate in daily devotions (Mon–Fri) and remain engaged in common areas unless excused by House Manager.
12. Stay current on all payments. Advancement will not be permitted if payments are behind.

Review Process: After 4 completed weeks, Guests will present their level 2 assignment to the community during the weekly in-house meeting. Guest will then meet with House Manager to review progress and advance to Level 3 after reasonable time and if all requirements for Level 2 are met. If all requirements for advancement to Level 3 are not met, a "Provisional Level Two Agreement" will be put into place and reviewed weekly until the guests meets the requirements to advance to Level 3.

LEVEL THREE / SENIOR STATUS (must complete 7 straight months to graduate)

Purpose: To demonstrate Independent Living Skills developed during Level 1 and 2 within the residential community and the community at large. Demonstrate solid leadership skills in the residential community.

Restrictions: CONGRATULATIONS!! Although you still have work to do, Guests on this level have achieved the right to have no supervision in the community at large. You are still expected to follow all rules and procedures, continuing to develop the coping, living, and other skills necessary to return to independent living.

PRIVILEGES: You can apply to become an assistant house manager as positions open up, and from there possibly a house manager. Guests must submit a resume and interview as they would for any job opportunity. Overnight Passes at this level are restricted to every other weekend (not every weekend) as approved by the House Manager. These passes will be one night only. You must be present for house meetings and all level 3 requirements must still be fulfilled. Ex #1. You can leave Friday morning at 8AM you must be back by curfew Sat night. Ex. #2 You can leave Sat morning by 8am but must be back for house meeting on Sunday, and remember all level 3 requirements still need to get done to avoid demerits. No exceptions, except for an emergency. Level 3 guests can also have a laptop on the premises, and with permission from House Manager and Oversight, he may be able to have it in the room. Victory Recovery Homes WILL NOT BE HELD LIABLE FOR DAMAGE OR THEFT. (As outlined in the Residential Room Agreement).

How to Progress: To achieve the goal of a successful return to independent living you must:

1. Continue to demonstrate the skills acquired to live a healthy, meaningful, Recovery- Oriented lifestyle.
2. Attend a minimum of 3 Christian Bible Studies, Church Services, or Prayer meetings and at least 2 12-Step recovery meetings per week.
3. All residents are expected to participate in weekly Project Nights, where residents work together on home improvement projects. Project Nights may count toward either community service or one weekly meeting/church service requirement, as determined in collaboration with House Oversight.
4. Must be actively developing and working toward achieving YOUR LONG TERM GOALS . Goals are to maximize your chances of a successful long term recovery.
5. Must continue weekly meetings with an approved Spiritual Mentor or other approved recovery support option, and maintain ongoing communication with a sponsor.
6. All residents are to continue completing an average of 1 hour of community service each week.
7. All residents will continue to be subject to random Drug tests, room checks, laundry schedule, chores around the home, and keeping a clean and organized shared and private space.
8. Devotions and Socialization: All residents are expected to participate in daily devotions (Mon–Fri) and remain engaged in common areas unless excused by House Manager.
9. Demerit system is automatic on this level and expectation to abide by all policy and procedures.
10. Stay current on all payments. Graduation will not be permitted if any balance is owed.
11. Observe curfew: 12 am to be respectful to the rest in the community.

Review Process: Guests will review his progress with the Community and House Manager on a weekly basis by way of the weekly guests review sheet. Before returning to Independent Living, level 3 guest will present and share their life Story with the Community during the weekly in-house meeting.

INDEPENDENT LIVING IS WITHIN REACH - BUT YOU MUST REACH FOR IT!

“Have a greater standard in you then what is placed on you.” – Ps. Matthew Catricola

Sign that you understand and agree to both level 2 and 3 as well _____