

CHANGE



CHANGE ONE MIND. CHANGE ONE LIFE.

General Information:

CHANGE 1 is rolling out a brand new training called **Paradigm Shift**. Paradigm Shift aims to interrupt and lessen the cycle of trauma that occurs for children, youth, and families. The material covered in this training is a vital form of justice. In this context, we refer to "justice" as the justice of being heard, seen, and valued; that each person's voice and perspective at the table is important and needed.

This training asks for us to "do business differently." In our busy professional lives, there are many trainings to attend, new directives to follow, and a rotating door of people with whom we interact. Restorative Practices focuses on strengthening and/or restoring relationships when harm and conflict has occurred. This training will help assist the community of Child Welfare Professionals to develop a change in mindset, which leads to change in approach, which leads to a change in the quality of interactions, which leads to a change in system culture, which leads to a kinder, more compassionate way to support people in times of chaos, crisis, grief, trauma, and pain.

We will provide a basic overview of Restorative Practices, including Restorative Justice and a basic Peacemaking/Restorative Circle Process model. Level 2 is an intensive 3-day training that focuses on application and implementation of the Paradigm Shift.

Objectives of this Level 1 Training are:

- ▶ To address the need for a Paradigm Shift, change in the system "culture", and "why now?"
- ▶ To do a deep dive exploration of Restorative Practices, including their roots, applications, and effectiveness.
- ▶ To better understand Peacebuilding as a framework and as a set of practices.
- ▶ To better equip participants with both a mindset shift and set of practices for a more humanizing way of interacting with children, youth, and families.
- ▶ To offer several Restorative Practices models that can be used during various phases, transitions, and intersections of the Child Welfare process.
- ▶ To discuss and discover how knowledge of the various types of grief and the grieving process is relevant to CPS work.
- ▶ To learn a set of tools and strategies for how Child Welfare Professionals can more effectively de-escalate and look inwards to safely and effectively prevent and manage conflict.
- ▶ To help participants understand that **Restorative Practices*** are a community-building and sustainability measure.

*** Not only are Restorative Practices a vehicle for changes in mindset and agency culture, but they also include a set of tools and methods that can be used to heal harm. Restorative Practices consist of non-violent methods and are also a community approach to safety, wellness, and justice.*

"Paradigm Shift" In Restorative Practices for the Child Welfare Community

Level 1: A 2-Day Introductory Training Opportunity
November 7th and 8th, 2022

About the Trainers:



Cortney Jones

Founder | Trainer

Website: change1.org

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In 2014, **Cortney Jones** founded a non-profit called Change 1 to help and support youth and young adults impacted by the foster care system. She has advocated for youth in the foster care system since 2003 after experiencing 10 long years in it herself. Change 1 envisions a world where transition-age youth (TAY) will no longer have to navigate adulthood by themselves. Cortney has made it her mission to elevate the voices and experiences of those she serves. Through her lived and professional experiences, Cortney came to know that young people often feel misunderstood and that their voices are not heard nor honored by the people who hold the power to make important decisions in their lives. She recognized that many adults that had no idea what the youth may be going through are able to make such decisions for them without their input. As a school social worker in 2016, Cortney was trained by a local nonprofit (Life Anew) in Restorative Practices. Cortney understood how so many youths accumulate far more trauma than what placed them into foster care in the first place due to how the "broken system" of foster care parented them. For more information, please visit her website: www.change1.org



Jessie Kushner

Trainer | Consultant

Website: collective-voices.com

Jessie Kushner is the founder, trainer, consultant, and direct care provider for Collective Voices. She has worked with teens, young adults, families, and professionals for over 30 years through Outward Bound, the non-profit she co-founded (FLYY), and now with Collective Voices. Jessie received a B.A. in Outdoor Education, mediator training from the UW-Wisconsin Continuing Studies, training as a Circle Keeper from many Relatives and the Minnesota Department of Education and Legal Rights Center, the Red Road Approach facilitator training from Generation Red Road, and Grief Support Specialist training from the UW-Wisconsin Continuing Studies. Additional training and experience come from decades of first-hand experience. The hundreds of people she has met while on the road, the youth and adults she has worked with, as well as her colleagues have been her best teachers. She is forever humbled and grateful for being able to walk with people on their journey. For more information, please visit her website: www.collective-voices.com

➔ **CHANGE 1 WILL OFFER THE LEVEL 2 TRAINING IN 2023.**