



3C WELLNESS, PLLC
PRESENTS:

(E³): MYTHS & TRUTHS ABOUT SUBSTANCE MISUSE

A Proactive, Psycho-
Educational, 4-Week Class
focusing on Alcohol and Drug
Use, Misuse & Abuse for
adolescents ages 12- 17



Facilitated by
Ashley Shaw, LCSW, LCAS

**PRE- REGISTRATION
REQUIRED.
CONTACT ASHLEY TO RESERVE
YOUR SEAT
704-565-9578 (CALL/TEXT)
OR EMAIL
3CWELLNESS@GMAIL.COM**

REGISTRATION OPEN NOW!

WHERE: VIRTUAL MEETING

**COST: \$140 PER STUDENT OR
\$40 PER GROUP**

We know.
YOUR child
would
NEVER...

but statistically,
they **MIGHT.**



"Approximately 4.2 million adolescents (1 :6) in 2018 were illicit drug users. 1 in 11 adolescents were current alcohol users in 2018," (SAMSHA,2019).

WE CAN HELP YOU HELP A CHILD

Are you a Parent/Guardian/Support to a child age 12-17 who:

- Would like them to be informed about drug and alcohol use, misuse, and abuse?
- Values them having the CORRECT information about impacts of use, misuse, and abuse of alcohol and drugs?

The goal of this class is to reach adolescents in the earliest stages of alcohol/drug experimentation or curiosity about it. We aim to alter their decision making so that substance abuse treatment is not necessary in their future.

Topics include:

- Progression from Use to Addiction
- Impact on Development
- Why do people do it?
- Peer Pressure
- Who can Help
- And More!