

Take 15+

S.O.A.P.S. and Prayer Guides

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It's vital to spiritual growth to spend time in the presence of God with Jesus and the Holy Spirit.

#1 Worship - 5+ minutes

- Sing or listen to a worship song.
- Find a worship song on Spotify, Youtube, ect.
- Listen to the Holy Spirit in silence for a few minutes.

#2 Read & Journal - 5+ minutes

- Use a devotional book or email. (You Version is a great app)
- Find a scripture that encourages you.
- Choose a Proverb of the day.
- Pick a verse from Sunday's message.
- Take notes on what you read.
- Journal about what the devotion or scriptures mean to you.
- SOAPS (see next page for detail on how to SOAPS)

#3 Pray - 5+ minutes

Use Prayer Guide Conversation Card

- * Spend time thanking God for what He HAS DONE, IS DOING, and WILL DO in your life.

Pray God's Word Outloud

* Pray in line with God's word, and you can know that He will answer. God loves you, wants to help you in every area of your life, and wants the best for you.

- * 1 John 5:14 ; Psalm 20:4 ; Jer. 29:11 ; Psalm 31:2 ; 3 John 2 ; Col. 3:15

Listen

- * Take time to listen for the Holy Spirit to speak as you pray.

* God wants a relationship with you. When you pray, talk to God like He is a friend or an actual person in front of you.

Talk to God about:

- * What you are expecting this week.
- * What you want to change in your life.
- * Needs you have.
- * What you want Him to do in your life.
- * Your future - Ask Him to lead you to what is best for you.
- * Everything! Nothing is too small to talk to God about.

Praying in the Spirit:

- * Builds you up and edifies you personally and your faith. (1 Cor. 14:4) (Jude 20)
- * Ask God for a personal prayer language to pray in the Spirit. (Acts 2:1-4)
- * Provides a perfect prayer because the Holy Spirit is the one helping you pray. (Romans 8:26-27)

Bible Reading Plan - S.O.A.P.S

We recommend having a journal to write in.

Scripture: Take time to read your Bible and allow God to speak to you. When you are done, look for a verse that particularly spoke to you that day, and write it in a journal or on a notecard and revisit it later.

Example: John 3:16 "For this is how God loved the world: He gave his one and only Son, so that everyone who believes in him will not perish but have eternal life."

Observation: What do you think God is saying to you in the scripture? Ask the Holy Spirit to teach you and reveal insight to you. Paraphrase and write this scripture down in your own words to talk to someone about it.

It's amazing that God loves me so much.

Application: Personalize what you have read by asking yourself how it applies to your life right now. Perhaps it is instruction, encouragement, revelation of a new promise, or corrections for a particular area of your life. How can this apply to you?

I will tell myself God loves me everyday.

Prayer: This can be as simple as asking God to help you use this scripture, or it may be a greater insight on what He may be revealing to you. Remember, prayer is a two-way conversation, so be sure to listen to what God has to say!

I pray that I will continue to believe in God's love for me and share it with others.

Silence + Share: Take a minute of silence and BE STILL to listen to the Holy Spirit speak to your heart. The Father wants to communicate with you. And ASK the Holy Spirit who you can encourage and share God's Love with today. Be ready for the divine opportunity to tell the Good News.

God loves me and He loves you too!!

Victory Verses

A Christian is to live a Christ-directed life. The following areas are essential to living the life that God calls us to live. Look up the scriptures within each area and ask God to give you understanding:

- Christ the Center - Galatians 2:20; John 15:5; Colossians 1:27
- Assurance - 1 John 5:11-13, John 5:14; John 1:12
- Attributes of God - 1 Chronicles 29:10-13; Revelation 4:11; 15:3-4
- The Bible - 1 Peter 2:2; 2 Timothy 3:16; Joshua 1:8
- Faith - Romans 10:17; 2 Corinthians 5:7; Hebrews 11:1-6; Ephesians 2:8; Mark 11:22-24
- Spirit-Filled Life - 1 Corinthians 2:14-15; Ephesians 5:18; Galatians 5:16-18
- Baptism of the Holy Spirit - Matthew 3:11; Mark 16:17; Acts 1:8; 2:1-4; 3:38-39
- Fellowship - Matthew 18:20; Hebrews 10:24-25; 1 John 1:3
- Love - Romans 5:5; 1 John 4:7-8; 1 Corinthians 13; Romans 8:38-29
- Witnessing - Matthew 4:19; Romans 1:16; 1 Peter 3:15
- Temptation - Romans 6:13-14; Hebrews 2:18; James 1:13-14
- Victory - Joshua 1:8; Revelation 3:20; Romans 8:37; 1 John 4:4
- Obedience - John 14:21; Romans 12:1-2; Luke 6:46
- Purpose - Jeremiah 29:11; Ephesians 2:10; Acts 17:26

Read your Bible daily, starting with the Gospel of John, pray, attend church, seek out Christian fellowship, and share your faith in Jesus with others.

Daily Professions

- I am a Champion (Philippians 3:13-14)
- I am loved by the Father (1 John 4:9-10)
- I am righteous by faith in Christ (Ephesians 2:24)
- I can do all things through Christ (Philippians 4:13)
- I am alive with Christ (Ephesians 2:5)
- I am born of God and the evil one does not touch me (1 John 5:18)
- I am not ashamed of the good news about God's love for it is power for anyone who believes (Romans 1:16)
- I am God's masterpiece, created in Christ Jesus to do good work (Ephesians 2:10)
- I am more than a conqueror through Him who loves me (Romans 8:37)
- I am an overcomer by the blood of the Lamb and the word of my testimony (Revelations 12:11)
- I am accepted in Him (Ephesians 1:6)
- I am an ambassador for Christ (2 Corinthians 5:20)
- I am the light of the world (Matthew 5:14)
- I am forgiven of all my sins and washed in the blood (Ephesians 1:7-8)
- I am redeemed from the curse of sin, sickness, and poverty (Deuteronomy 28:15-68, Galatians 3:13)
- I am healed by the stripes of Jesus (1 Peter 2:24; Isaiah 53:5)
- I can boldly approach the throne of God and receive grace because of Jesus (Hebrews 4:16)
- I am greatly loved by God (Romans 1:7, Ephesians 2:4)
- I am victorious (1 Corinthians 15:57)

PRAYER GUIDE CONVERSATION

(Pattern of Prayer—not a Formula) from Matthew 6

I. OUR FATHER WHICH ART IN HEAVEN

{RELATIONSHIP: to my Father & Friend}

our PAPA

II. HALLOWED BE THY NAME

{RESPECT: give praise & thanking to God}

God's PRESENCE

(Romans 8:15, Psalm 19:1)

- A. PICTURE CALVARY AND THANK GOD YOU CAN CALL HIM "FATHER" BY VIRTUE OF THE BLOOD OF JESUS AND PRAISE THE FATHER GOD FOR HIS UNFAILING LOVE FOR YOU.
- B. HALLOW THE NAMES OF GOD CORRESPONDING WITH THE FIVE BENEFITS IN THE NEW COVENANT, AND MAKE YOUR FAITH DECLARATIONS.

Benefit	Name	Meaning
SIN REMOVED	JEHOVAH-TSIDKENU JEHOVAH-M'KADESH	"Jehovah our righteousness" (Romans 3:22) "Jehovah who sanctifies" (Hebrews 2:11)
SPIRIT	JEHOVAH-SHALOM JEHOVAH-SHAMMAH	"Jehovah is peace" (Isaiah 26:3) "Jehovah is there" (Isaiah 41:10)
SOUNDNESS	JEHOVAH-ROPHE	"Jehovah heals" Psalm 103:3, Psalm 107:20, Exodus 15:26)
SUCCESS	JEHOVAH-JIREH	"Jehovah's provision shall be seen" (Philippians 4:19)
SECURITY	JEHOVAH-NISSI JEHOVAH-ROHI	"Jehovah my banner" (Psalm 60:4) "Jehovah my shepherd" (Psalm 23:1)

III. THY KINGDOM COME, THY WILL BE DONE

{REIGNING KING & PRAY THE WORD OF GOD}

God's PRIORITIES

(SUPPLY OF THE SPIRIT: Philippians 1:19 Luke 22:42)

- A. YOURSELF: To follow and listen to the leading of the Holy Spirit (Romans 8:14-16)
- B. YOUR FAMILY: (MATE, CHILDREN, OTHER FAMILY MEMBERS)
- C. YOUR CHURCH: (PASTOR, LEADERSHIP, FAITHFULNESS OF PEOPLE, HARVEST)
- D. YOUR VOCATION: (MINISTRY/JOB) (WISDOM, LIGHT OF CHRIST, BOSS, COWORKERS, FAVOR)
- E. NATION: (CITY, STATE, AND NATIONAL, POLITICAL, AND SPIRITUAL LEADERS, HARVEST)

IV. GIVE US THIS DAY OUR DAILY BREAD {PETITIONS: ask in faith for your needs to be met}

(Psalm 37:25, John 6:35, Matthew 7:7-8)

God's PROVISION

- A. BE IN THE WILL OF GOD (PRAYER LIFE, CHURCH, WORK HABITS, OBEDIENCE IN GIVING)
- B. BELIEVE IT IS GOD'S WILL TO PROSPER YOU (Psalm 35:27, 3 John 1:2)
- C. BE SPECIFIC AND PRAY IN CONFIDENCE AND FAITH (Mark 11:22-24)

V. AND FORGIVE US OUR DEBTS AS WE FORGIVE OUR DEBTORS {RECEIVE PEACE}

(Matthew 6:15)

God's PARDON

- A. ASK GOD TO FORGIVE YOU IF NEEDED (1 John 2:1-2)
- B. FORGIVE AND RELEASE OTHERS

VI. AND LEAD US NOT INTO TEMPTATION, BUT DELIVER US FROM EVIL {VICTORY & FREE}

(1 Corinthians 10:12, Ephesians 6:11)

God's POWER IN US

- A. PUT ON THE WHOLE ARMOR OF GOD (PUT ON THE LORD JESUS CHRIST) (Ephesians 6:1-10)
 - 1. Loins girt about with TRUTH
 - 2. Breastplate of RIGHTEOUSNESS
 - 3. Feet shod with the PREPARATION (READINESS) of the gospel of PEACE
 - 4. Shield of FAITH
 - 5. Helmet of SALVATION
 - 6. Sword of the Spirit which is the WORD OF GOD
- B. PRAY A HEDGE OF PROTECTION (YOU ARE MY REFUGE, MY FORTRESS, MY GOD) (Psalm 91)
 - 1. Because thou hast made the Lord thy habitation (Psalm 91)

VII. FOR THINE IS THE KINGDOM, AND THE POWER, AND THE GLORY FOREVER

God's PARTNERSHIP WITH US

- A. MAKE YOUR FAITH DECLARATIONS
- B. WALKING IN THE LOVE, GRACE, GOODNESS, RIGHTEOUSNESS AND PEACE OF GOD
- C. RETURN TO PRAISE AND PRAY IN THE SPIRIT (1 Corinthians 14:2-5, 17-19)