

2023 **MARDI GRAS** SCHEDULE courtesy of *Resolved* **FITNESS**
 - PERSONAL TRAINING -

Joan of Arc	Friday, Jan. 6, 7:00 p.m.	French Quarter
Chewbacchus	Saturday, Jan. 28, 7:00 p.m.	French Quarter
Nefertiti	Sunday, Jan. 29, 1 p.m.	New Orleans East
Krewe du Vieux	Saturday, Feb. 4, 6:30 p.m.	French Quarter
Oshun	Friday, Feb. 10, 6:00 p.m.	New Orleans
Cleopatra	Friday, Feb. 10, 6:30 p.m.	New Orleans
ALLA	Friday, Feb. 10, 7:00 p.m.	New Orleans
NEW! Legion of Mars	Saturday, Feb. 11, 11:45 a.m.	New Orleans
Pontchartrain	Saturday, Feb. 11, 1:00 p.m.	New Orleans
Choctaw	Saturday, Feb. 11, 2:00 p.m.	New Orleans
Freret	Saturday, Feb. 11, 3:30 p.m.	New Orleans
Spartan Society (formerly Sparta)	Saturday, Feb. 11, 5:30 p.m.	New Orleans
Pygmalion	Saturday, Feb. 11, 6:15 p.m.	New Orleans
Femme Fatale	Sunday, Feb. 12, 11:00 a.m.	New Orleans
Carrollton	Sunday, Feb. 12, 12:00 p.m.	New Orleans
King Arthur	Sunday, Feb. 12, 1:00 p.m.	New Orleans
Druids	Wednesday, Feb. 15, 6:15 p.m.	New Orleans
Babylon	Thursday, Feb. 16, 5:30 p.m.	New Orleans
Chaos	Thursday, Feb. 16, 6:00 p.m.	New Orleans
Muses	Thursday, Feb. 16, 6:30 p.m.	New Orleans
Hermes	Friday, Feb 17, 5:30 p.m.	New Orleans
Krewe d'Etat	Friday, Feb. 17, 6:30 p.m.	New Orleans
Morpheus	Friday, Feb. 17, 7:00 p.m.	New Orleans
NOMTOC	Saturday, Feb. 18, 10:45 a.m.	Westbank
Iris	Saturday, Feb 18, 11:00 a.m.	New Orleans
Tucks	Saturday, Feb. 18, 12:00 p.m.	New Orleans
Endymion	Saturday, Feb. 18, 4:15 p.m.	New Orleans
Okeanos	Sunday, Feb. 19, 11:00 a.m.	New Orleans
Mid-City	Sunday, Feb. 19, 11:45 a.m.	New Orleans
Thoth	Sunday, Feb. 19, 12:00 p.m.	New Orleans
Bacchus	Sunday, Feb 19, 5:15 p.m.	New Orleans
Proteus	Monday, Feb. 20, 5:15 p.m.	New Orleans
Orpheus	Monday, Feb. 20, 6:00 p.m.	New Orleans
Zulu	Tuesday, Feb. 21, 8:00 a.m.	New Orleans
Rex	Tuesday, Feb. 21, 10:30 a.m.	New Orleans
Elks-Orleans	Tuesday, Feb. 21, follows Rex	New Orleans
Crescent City	Tuesday, Feb. 21, follows Rex	New Orleans



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Percy Marchand
Owner and Trainer

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