

The Season of Lent

The word Lent comes from the Anglo-Saxon word for spring, which is derived from a verb meaning to lengthen. Lent comes in the Spring when days are noticeably longer. The Western church has observed fasting, prayer, and penitence in this annual season of Lent since the first century after Christ, although it has not always been forty days long. In more recent times it has been kept forty days considering the example of Moses and Elijah, and to commemorate the forty days of fasting and prayer that Jesus spent in the wilderness prior to commencing his public ministry. Beloved Ministries "Ask In Faith" will observe Lent this year by uniting in a 40-day journey to Obedience commitment, reading the scriptures and prayer.

The Lenten journey begins 46 days prior to Resurrection Sunday. The first day of Lent is Ash Wednesday, which is the custom of anointing ashes on the foreheads of believers. This is in remembrance, that from ashes we came and to ashes we shall return. There are six Sundays in the Lent season, and they are not considered a part of Lent. In the Western church, Sunday is always a feast day.

The last week of Lent known as Holy Week, specifically commemorates the Passion of Jesus, it includes Palm Sunday, Maundy (Holy) Thursday, and Good Friday. Palm Sunday commemorates Jesus' entrance into Jerusalem when the people strewed palms in His path. Maundy (Holy) Thursday commemorates the events of the Last Supper including Jesus washing the disciples' feet. Good Friday, originally known as God's Friday, commemorates the crucifixion and death of Jesus. Resurrection Sunday commemorates the Resurrection of Jesus. This Sunday is a high celebration day and brings the Season of Lent to a close.

Scriptures About Obedience

"If you love me, obey my commandments."

John 14:15 (NLT)

Daily Scriptures

New International Version (NIV)

Day 1 - Wed. (2/18)

Deuteronomy 5:33

Day 2 - Thurs. (2/19)

Joshua 1:7-8

Day 3 - Fri. (2/20)

1 Samuel 15:22

Day 4 - Sat. (2/21)

Deuteronomy 11:1

Day 5 - Mon. (2/23)

Psalms 119:60

Day 6 - Tues. (2/24)

Isaiah 1:19

Day 7 - Wed. (2/25)

John 14:15

Day 8 - Thurs. (2/26)

John 4:34

Day 9 - Fri. (2/27)

John 5:30

Day 10 - Sat. (2/28)

John 6:38

Day 11 - Mon. (3/2)

Philippians 2:8

Day 12 - Tues. (3/3)

Hebrews 5:8

Day 13 - Wed. (3/4)

Matthew 26:39

Day 14 - Thurs. (3/5)

Romans 5:19

Day 15 - Fri. (3/6)

Deuteronomy 28:1-2

Day 16 - Sat. (3/7)

Isaiah 48:18

Day 17 - Mon. (3/9)

Jeremiah 7:23

Day 18 - Tues. (3/10)

Luke 11:28

Day 19 - Wed. (3/11)

James 1:22

Day 20 - Thurs. (3/12)

Psalms 112:1

Day 21 - Fri. (3/13)

John 15:10-11

Day 22 - Sat. (3/14)

Romans 7:15-20

Day 23 - Mon. (3/16)

Romans 8:7-8

Day 24 - Tues. (3/17)

Galatians 5:16-17

Day 25 - Wed. (3/18)

2 Corinthians 10:5

Day 26 - Thurs. (3/19)

1 Peter 1:14

Day 27 - Fri. (3/20)

Ephesians 6:6

Day 28 - Sat. (3/21)

Hebrews 13:17

Day 29 - Mon. (3/23)

Deuteronomy 30:16

Day 30 - Tues. (3/24)

John 14:21

Day 31 - Wed. (3/25)

John 15:12

Day 32 - Thurs. (3/26)

1 John 2:3-5

Day 33 - Fri. (3/27)

1 John 3:24

Day 34 - Sat. (3/28)

1 John 5:3

Day 35 - Mon. (3/30)

2 John 1:6

Day 36 - Tues. (3/31)

Matthew 7:21

Day 37 - Wed. (4/1)

Matthew 28:20

Day 38 - Thurs. (4/2)

Hebrews 10:36

Day 39 - Fri. (4/3)

Revelation 3:10

Day 40 - Sat. (4/4)

Revelation 14:12

Readings are Monday through Saturday:

No readings on Sundays



Ask In Faith

RevDee - Visionary & Founder

Jeannette Joseph - Prayer Team Lead

40 Day Journey to Obedience

"If you love me, obey my commandments."

John 14:15 (NLT)

February 18, 2026 - April 4, 2026



*A 40 day season of prayer,
fasting & alms-giving*

ASK IN FAITH PRAYER CALL
Mondays at 6:30 AM
(520) 525-8310

Send Prayer Requests to:
askinfaithprayers@gmail.com



<https://belovedministriesny.com>
Follow our social media
platforms and stay up to date.



What is Fasting?

Fasting is not only abstention; it is an exchange where we abstain from certain things to “feast” on God’s Word and prayer. It’s a time of bringing the body under control. Whereby, the abundance of God’s face is made more readily available to us.

Commitment Details

While this 40-day Journey to Obedience is not about food, please consider how you nourish and love your body during this time.

Drink at least eight glasses of water (8oz) per day. This will enable the body to rid itself of waste.

Dedicate time each day to the Lord through prayer, meditation, and study.

Resting and sleeping are essential to our health. God is limitless, but humans have limits. Be intentional about how much rest and sleep you get during the Lent season. Set a bedtime and practice a routine that will trigger your body to slow down.

MEDITATE ON THE SCRIPTURE BELOW:

"Instead, he gave up his divine privileges; he took the humble position of a slave and was born as a human being. When he appeared in human form, he humbled himself in obedience to God and died a criminal’s death on a cross." Philippians 2:7-8 (NLT)

Obedience

John 14:15 (NLT)

“If you love me, obey my commandments.”

Luke 11:28 (NLT)

“Jesus replied, “But even more blessed are all who hear the word of God and put it into practice.”

You can talk all day about your love for God. But, according to Jesus, obedience is the proof of love. If we truly love him, we will seek to obey him. Why? Because love is first and foremost a decision, not an emotion. Our relationship with him drives our desire to please him. God wants your obedience, but he wants it to be motivated by love--not law.

The New Testament places special emphasis on Jesus’ obedience. Christ’s obedience stands in contrast to Adam’s disobedience (Rom. 5:12-21). A desire to obey the will of God motivated Jesus’ actions (Luke 4:43; John 5:30). Jesus acted and only spoke as the Father directed (John 3:34). By living a life of obedience, Jesus shows himself to be the Savior (Heb. 5:7-10). Christ’s work on the cross is viewed as a sacrifice of obedience (Rom. 5:19; Heb. 10:7-10). Jesus taught that our love for God motivates us to obey him (John 14:21, 23-24; 15:10).

*Excerpts from the Tony Evans Bible Commentary
and the Holman Bible Dictionary.*

Prayers

Pray Daily:

(Morning: 6-8 am, Afternoon: 12 noon-2 pm, Evening: 6-8 pm)

During your prayer time, give thanks to God, pray for others, and then pray for yourself. Keep these prayers in your heart throughout the day.

Take 5-10 minutes daily for Silence and Solitude. Keep the same time daily and sit quietly to hear the Holy Spirit (limit distractions).

Father, thank you for last night’s rest. I’m grateful for the peace and restoration of a good night’s sleep. What a blessing to witness a new day in your presence. I welcome the Holy Spirit’s leading today. May all my actions be a witness to the fruit of the Spirit. When challenged, may I ask for your help so the outcome will bring you glory. Today, I will be kind, gentle, compassionate, and humble. If I should forget you today, please do not forget me.

Father, I want to be obedient like Jesus. Holy Spirit, guide my heart and mind to keep Jesus’ commands; teach me His ways, rebuke me when I’m wrong, lead me to the correct path, and train me in righteousness. May my obedience bring others to Jesus, as Jesus’ obedience restored my relationship with you. May this Lenten season produce a harvest of obedient disciples of Jesus Christ.

Father, I pray for RevDee, the Beloved Ministries members, and their families. *Amen.*

Thursdays Prayer Gathering at 7 pm (EST)
on Beloved Ministries NY Facebook Page



(Know this list is not all inclusive)