

The Season of Lent

The word Lent comes from the Anglo-Saxon word for spring, which is derived from a verb meaning to lengthen. Lent comes in the Spring when days are noticeably longer. The Western church has observed fasting, prayer, and penitence in this annual season of Lent since the first century after Christ, although it has not always been forty days long. In more recent times it has been kept forty days considering the example of Moses and Elijah, and to commemorate the forty days of fasting and prayer that Jesus spent in the wilderness prior to commencing his public ministry. Beloved Ministries "Ask In Faith" will observe Lent this year by uniting in a 40-day journey to Compassion commitment, reading the scriptures and prayer.

The Lenten journey begins 46 days prior to Resurrection Sunday. The first day of Lent is Ash Wednesday, which is the custom of anointing ashes on the foreheads of believers. This is in remembrance, that from ashes we came and to ashes we shall return. There are six Sundays in the Lent season, and they are not considered a part of Lent. In the Western church, Sunday is always a feast day.

The last week of Lent known as Holy Week, specifically commemorates the Passion of Jesus, it includes Palm Sunday, Maundy (Holy) Thursday, and Good Friday. Palm Sunday commemorates Jesus' entrance into Jerusalem when the people strewed palms in His path. Maundy (Holy) Thursday commemorates the events of the Last Supper including Jesus washing the disciples' feet. Good Friday, originally known as God's Friday, commemorates the crucifixion and death of Jesus. Resurrection Sunday commemorates the Resurrection of Jesus. This Sunday is a high celebration day and brings the Season of Lent to a close.

Scriptures About Compassion

"Therefore, as God's chosen people, holy and dearly loved, clothe yourselves with compassion, kindness, humility, gentleness and patience." Col. 3:12 (NIV)

Daily Scriptures

New International Version (NIV) & English Standard Version (ESV)

<u>Day 1 - Wed. (3/5)</u> Colossians 3:12	<u>Day 14 - Thurs. (3/20)</u> Psalms 119:156	<u>Day 27 - Fri. (4/4)</u> Luke 10:30-35
<u>Day 2 - Thurs. (3/6)</u> Exodus 33:19	<u>Day 15 - Fri. (3/21)</u> Psalms 145:9	<u>Day 28 - Sat. (4/5)</u> 1 John 3:17
<u>Day 3 - Fri. (3/7)</u> Isaiah 30:18	<u>Day 16 - Sat. (3/22)</u> Isaiah 49:15	<u>Day 29 - Mon. (4/7)</u> Zechariah 7:8-10
<u>Day 4 - Sat. (3/8)</u> Lam. 3:22-23	<u>Day 17 - Mon. (3/24)</u> 2 Corinthians 1:3-4	<u>Day 30 - Tues. (4/8)</u> Psalms 86:15
<u>Day 5 - Mon. (3/10)</u> Isaiah 49:13	<u>Day 18 - Tues. (3/25)</u> Philippians 2:1-2	<u>Day 31 - Wed. (4/9)</u> Proverbs 19:17
<u>Day 6 - Tues. (3/11)</u> Isaiah 54:10	<u>Day 19 - Wed. (3/26)</u> Matthew 9:35-36	<u>Day 32 - Thurs. (4/10)</u> Luke 7:11-15
<u>Day 7 - Wed. (3/12)</u> Isaiah 63:7	<u>Day 20 - Thurs. (3/27)</u> Psalms 103:1-5	<u>Day 33 - Fri. (4/11)</u> Romans 12:20
<u>Day 8 - Thurs. (3/13)</u> James 5:11	<u>Day 21 - Fri. (3/28)</u> Matthew 20:29-34	<u>Day 34 - Sat. (4/12)</u> Hebrews 10:34
<u>Day 9 - Fri. (3/14)</u> Lam. 3:32	<u>Day 22 - Sat. (3/29)</u> Matthew 14:13-21	<u>Day 35 - Mon. (4/14)</u> Mark 1:40-42
<u>Day 10 - Sat. (3/15)</u> Psalms 51:1	<u>Day 23 - Mon. (3/31)</u> Matthew 15:29-39	<u>Day 36 - Tues. (4/15)</u> Matthew 18:26-27
<u>Day 11 - Mon. (3/17)</u> Psalms 103:13	<u>Day 24 - Tues. (4/1)</u> Mark 6:30-44	<u>Day 37 - Wed. (4/16)</u> Ephesians 4:32
<u>Day 12 - Tues. (3/18)</u> Psalms 116:5	<u>Day 25 - Wed. (4/2)</u> Luke 15:11-32	<u>Day 38 - Thurs. (4/17)</u> Hebrews 4:15
<u>Day 13 - Wed. (3/19)</u> Psalms 119:77	<u>Day 26 - Thurs. (4/3)</u> 1 Peter 3:8	<u>Day 39 - Fri. (4/18)</u> Zechariah 10:6
		<u>Day 40 - Sat. (4/19)</u> Micah 7:19

Readings are Monday thru Saturday:

No readings on Sundays



Ask In Faith

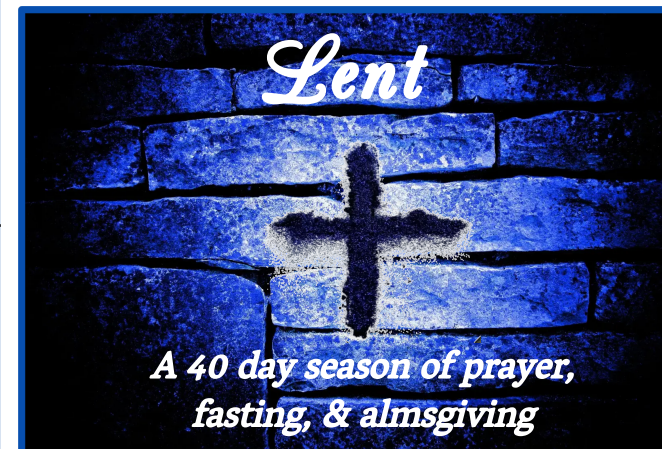
RevDee - Visionary & Founder
Jeannette Joseph - Prayer Team Lead

40 Day Journey to Compassion

"Therefore, as God's chosen people, holy and dearly loved, clothe yourselves with compassion, kindness, humility, gentleness and patience."

Colossians 3:12 (NIV)

March 5, 2025 - April 19, 2025



ASK IN FAITH PRAYER CALL
Mondays at 6:30 AM
(520) 525-8310

Send Prayer Requests to:
askinfaithprayers@gmail.com

<https://belovedministriesny.com>

Follow our social media
platforms and stay up to date.



What is Fasting?

Fasting is not only abstinence; it is an exchange where we abstain from certain things to “feast” on God’s Word and prayer. It’s a time of bringing the body under control. Whereby, the abundance of God’s face is made more readily available to us.

Commitment Details

While this 40-day Journey to Compassion is not about food, please consider how you nourish and love your body during this time.

Drink a least eight glasses of water (8oz) per day. This will enable the body to rid itself of waste.

Dedicate time each day to the Lord through, prayer, meditation, and study.

Resting and sleeping are essential to our health. God is limitless, but humans have limits. Be intentional about how much rest and sleep you get during the Lent season. Set a bedtime and practice a routine that will trigger your body to slow down.

MEDITATE ON THE SCRIPTURE BELOW:

"But God demonstrates His own love toward us, in that while we were still sinners, Christ died for us." (Romans 5:8 (NKJV))

Compassion

Colossians 3:12 (NIV)

“Therefore, as God’s chosen people, holy and dearly loved, clothe yourselves with compassion, kindness, humility, gentleness and patience.”

Matthew 9:13 (NASB)

“Now go and learn what this means: ‘I DESIRE COMPASSION, RATHER THAN SACRIFICE,’ for I did not come to call the righteous, but sinners.”

The dictionary defines compassion as “a feeling of deep sympathy and sorrow for another who is stricken by misfortune, accompanied by a strong desire to alleviate the suffering.” Unlike empathy or pity, compassion moves one to act.

What are some of the clothes of “the new self” that we need to wear? Paul tells the Colossians what to put on: Compassion, kindness, humility, gentleness, and patience. These are the counterparts to dirty clothes of “the old self.”

The Pharisees wore dirty clothes. So, Jesus essentially told the Pharisees to go back and study their Bibles by quoting Hosea 6:6 (CSB). “I desire compassion and not sacrifice.”

The Pharisees offered plenty of religious sacrifices, but their hearts were not merciful. Similarly, if your praise and worship isn't making you more compassionate toward the loss, you've missed the point of church. (Tony Evans)

Prayers

Pray Daily:

(Morning: 6-8 am, Afternoon: 12 noon-2 pm, Evening: 6-8 pm)

During your prayer time, give thanks to God, pray for others, and then pray for yourself. Keep these prayers in your heart throughout the day.

Take 5-10 minutes daily for Silence and Solitude. Keep the same time daily and sit quietly to hear the Holy Spirit (limit distractions).

Father, thank you for last night’s rest. I’m grateful for the peace and restoration of a good night’s sleep. What a blessing to witness a new day in your presence. I welcome the Holy Spirit’s leading today. May all my actions be a witness to the fruit of the Spirit. When challenged, may I ask for your help so the outcome will bring you glory. Today, I will be kind, gentle, compassionate, and humble. If I should forget you today, please do not forget me.

Father, I want to be compassionate like Jesus. Holy Spirit, I submit to your guidance and instructions throughout today. Choose me to be a laborer in your harvest so that I can help someone experience your love, feel your protection, and see your goodness. I seek sensitivity that sees a person's internal needs. Use me to bring you glory.

Father, I pray for RevDee, the Beloved Ministries members, and their families. *Amen.*

Thursdays Prayer Gathering at 7 pm (EST)
on Beloved Ministries NY Facebook Page



(Know this list is not all inclusive)