

The Season of Lent

The word Lent comes from the Anglo-Saxon word for spring, which is derived from a verb meaning to lengthen. Lent comes in the Spring when days are noticeably longer. The Western church has observed fasting, prayer, and penitence in this annual season of Lent since the first century after Christ, although it has not always been forty days long. In more recent times it has been kept forty days considering the example of Moses and Elijah, and to commemorate the forty days of fasting and prayer that Jesus spent in the wilderness prior to commencing his public ministry. Beloved Ministries "Ask In Faith" will observe Lent this year by uniting in a 40-day journey to forgiveness commitment, reading the scriptures and prayer.

The Lenten journey begins 46 days prior to Resurrection Sunday. The first day of Lent is Ash Wednesday, which is the custom of sprinkling ashes on the fore heads of believers. This is in remembrance, that from ashes we came and to ashes we shall return. There are six Sundays in the Lent season, and they are not considered a part of Lent. In the Western church, Sunday is always a feast day.

The last week of Lent known as Holy Week, specifically commemorates the Passion of Jesus, it includes Palm Sunday, Maundy Thursday, and Good Friday. Palm Sunday commemorates Jesus' entrance into Jerusalem when the people strewed palms in His path. Maundy Thursday commemorates the events of the Last Supper including Jesus washing the disciples' feet. Good Friday, originally known as God's Friday, commemorates the crucifixion and death of Jesus. Resurrection Sunday commemorates the Resurrection of Jesus. This Sunday is a high celebration day and brings the Season of Lent to a close.

ASK IN FAITH PRAYER CALL
Monday's at 6:30 AM
(520) 525-8310

FORGIVENESS SCRIPTURES

"Ask God for forgiveness, and leave your regrets in the past."

Daily Scriptures

Day 1 - Matthew 6	Day 21 - Matthew 5:44
Day 2 - Psalm 51:1-15	Day 22 - Romans 12:14
Day 3 - Ephesians 1:7	Day 23 - Romans 12:17-19
Day 4 - Ephesians 4:32	Day 24 - Romans 24:17
Day 5 - Matthew 18:21-22	Day 25 - Proverbs 24:17
Day 6 - 2 Corinthian 2:5-8	Day 26 - Luke 3:1-6
Day 7 - Colossians 3:13	Day 27 - Isaiah 43:18
Day 8 - 1 Corinthians 3:4-6	Day 28 - Matthew 18:15-35
Day 9 - Luke 6:37	Day 29 - Matthew 6:14-15
Day 10 - John 8:37	Day 30 - Ephesians 6:10-19
Day 11 - Matthew 5:23-24	Day 31 - Jeremiah 31:34
Day 12 - Hebrew 12:14	Day 32 - 1 Timothy 1:5
Day 13 - James 5:16	Day 33 - Romans 5:10
Day 14 - 1 Peter 5:8	Day 34 - Philippians 4:8
Day 15 - James 1:19-20	Day 35 - Micah 1:18-19
Day 16 - John 15:13	Day 36 - Isaiah 1:18
Day 17 - Mark 11:25	Day 37 - Daniel 9:9
Day 18 - 1 John 1:9	Day 38 - Numbers 14:19-21
Day 19 - 1 Corinthians 2:5-8	Day 39 - Psalm 103:12
Day 20 - Luke 17:3-4	Day 40 - Acts 3:19



Ask In Faith

RevDee - Visionary & Founder
Rev. Leslie Segars - Prayer Team Lead

40 Day Journey to Forgiveness

"This is my blood of the covenant, which is poured out for many for the forgiveness of sins."

~ Matthew 26:28, NRSV ~

March 2, 2022 - April 14, 2022



Send Prayer Requests to:
askinfaithprayers@gmail.com

<https://belovedministriesny.com>



Follow our social media profiles
and stay up to date.



What is Fasting?

Fasting is not only abstention; it is an exchange where we abstain from certain things to “feast” on God’s Word and prayer. It’s a time of bringing the body under control. Whereby, the abundance of God’s face is made more readily available to us.

Commitment Details

While this 40-day Journey to Forgiveness is not about food, please consider how you nourish your body during this time.

Drink a least eight glasses of water (8oz) per day. This will enable the body to rid itself of waste.

Dedicate time each day to the Lord through, prayer, meditation, and study.

Rest, rest is one of the most overlooked commandments in the Bible. Give yourself 8 hours of sleep. We work and rest because God worked and rested. (Exodus 20:8-11)

MEDITATE ON THE SCRIPTURE BELOW:

Then Jesus said, “Come to me, all of you who are weary and carry heavy burdens, and I will give you rest. Take my yoke upon you. Let me teach you, because I am humble and gentle at heart, and you will find rest for your souls. For my yoke is easy to bear, and the burden I give you is light.” (Matt 11:28-30, NLT)

Fasting and Prayer

Isaiah 58:3-9, NRSV

“Why do we fast, but you do not see? Why humble ourselves, but you do not notice?” Look, you serve your own interest on your fast day, and oppress all your workers. Look, you fast only to quarrel and to fight and to strike with a wicked fist. Such fasting as you do today will not make your voice heard on high. Is such the fast that I choose, a day to humble oneself?

Is it to bow down the head like a bulrush, and to lie in sackcloth and ashes? Will you call this a fast, a day acceptable to the Lord? Is not this the fast that I choose: to loose the bonds of injustice, to undo the thongs of the yoke, to let the oppressed go free, and to break every yoke?

Is it not to share your bread with the hungry, and bring the homeless poor into your house; when you see the naked, to cover them, and not to hide yourself from your own kin?

Then your light shall break forth like the dawn, and your healing shall spring up quickly; your vindicator shall go before you, the glory of the Lord shall be your rear guard. Then you shall call, and the Lord will answer; you shall cry for help, and he will say, “HERE I AM.”



Prayers

Pray Daily:
(6:00am, 12 noon, 6:00pm)

During your prayer time give thanks to God, pray for others and then for yourself. Keep these prayers in your heart throughout the day.

Dear Lord, thank you for the night’s rest you gave me. I am grateful for the renewed energy and enthusiasm it has brought. Accept my gratitude for bringing me to the beginning of a new day. I accept it as a precious gift from you. May I use it minute by minute to do your will. Guide me in every problem I face, every decision I make this day. Help me to treat everyone kindly, fairly, and thoughtfully. If I should forget you during this day, please do not forget me. Amen!

Lord, you told us to forgive those who hurt us. And yet, I find this hard to do, deliver me from the hateful pleasure of nursing a grudge. It brings only misery. Instead, help me want to forgive. Then fill my heart with generosity. Make me bigger than my little self. Help me know the incredibility of reconciliation. Amen!

Pray for RevDee and the Beloved Ministries members and their families.

Pray for an increase in faith, hope, and love so that we may transform hearts to love and conflict to peace.

Thursday's Prayer Gathering at 7pm
on Beloved Ministries Facebook Page 

(Know this list is not all inclusive)