

Upcoming Parenting Classes

Free to everyone thanks to **RAYMER**!
OIL COMPANY
STATESVILLE, NC



Best Beginnings

Thursdays, Jan 8 - Feb 12 @3pm

- For New and Expecting Parents
- All About Baby's First Year
- Routines, Safety, Milestones



Tots & Toddlers

Mondays, Jan 5 - Feb 23 @10am

- Talk to Your Toddler
- Emotional Awareness & Tantrums
- Potty Training



Parent Like A Pro

Mondays, Dec 1 - Feb 16 @11am
or

Tuesdays, Jan 6 - Mar 10 @6pm

- General Parenting for All Ages
- Create Stronger Bonds
- Discipline Effectively



Nailed It! With Love and Logic

Mondays, Jan 5 - Mar 9 @6pm

- Parenting Older Children
- End the Arguments
- Avoid Power Struggles



Cooperative Coparenting

Thursdays, Jan 8 - Mar 12 @6pm

- Effective Communication
- Conflict Resolution
- Emotional Stability for Children



24:7 Dad

Wednesdays, Jan 7 - Mar 11 @6pm

- Just For Dads
- Role of a Father
- Positive Parenting Skills



Families in Treatment & Recovery

Wednesdays, Jan 7 - Mar 11 @11am

- Empower Families
- Impact of Substance Misuse on Children
- Restore Relationships



All classes will be held at
Pharos Parenting
(unless otherwise noted)

1603 Norwood Rd
Statesville, NC 28677
Call 704-878-2227 to register



Scan or go to
pharosparenting.org
for more information

