

Free to everyone thanks to RAYMER)!

Q Location: Pharos Parenting, 1603 Norwood Rd. Statesville



BEST BEGINNINGS

- For New and Expecting Parents • All About Baby's First Year
- Routines, Safety, Milestones

Mondays 10:30am

> Jan 12 -Feb 16

COOPERATIVE COPARENTING

- Communication & Conflict Resolution
- Emotional Stability for Children

Thursdays 6pm

> Jan 8 -Mar 12





NAILED IT! WITH LOVE AND LOGIC

- Avoid Power Struggles & End Arguments
- Parenting Older Children

Mondaus 6pm

> Jan 5 -Mar 9

PARENT LIKE A PRO

- General Parenting for All Ages
- Create Stronger Bonds
- Discipline Effectively

Tuesdaus 6pm

> Jan 6 -Mar 10





TOTS & TODDLERS

- Talk to Your Toddler
- Emotional Awareness & Tantrums
- Potty Training

Thursdays 3pm

> Jan 8 -Feb 26

For more information and to RSVP, scan the QR code, call 704-878-2227 or visit Pharos Parenting.org

