

The Reiki Times

Volume 12, Issue 9

Healing Memory
and the
Qi Particle

Understanding
What Healing Is
All About
Part II

In the Stars

Reiki's State
of Perfection

Reiki Blessings for a Joyous Reiki-filled Month!

**Advertise in The Reiki Times
and get the word out about your
classes, products, services,
events, and offerings!
Email info@iarp.org to request
advertising information.**

靈
氣



THE BIOMAT
HIGHEST FREQUENCY MEDICINE AT YOUR FINGERTIPS
FDA APPROVED MEDICAL DEVICE #2954299

- INCREASES VITALITY
- REDUCES STRESS & FATIGUE
- RELIEVES PAIN & SORENESS
- ENHANCES MENTAL WELL-BEING
- STIMULATES CALORIE BURNING

JOCELYNE COLOMBE
860.432.5574
WWW.UNIVERSALBIOMAT.COM



The Reiki Times

Volume 12, Issue 9

Inside this Issue...

Healing Memory and the Qi Particle

By Sadao Hayano

Reiki's State of Perfection

By Rev. Barbara Matsuura, RMT

Understanding What Healing is All About—Part Two

By Diane Shewmaker

In the Stars

By Yahaira



Wishing everyone a great month and as always, the highest of Reiki Blessings!



The Reiki Times is the official publication of the IARP: International Association of Reiki Professionals®

Published by: International Association of Reiki Professionals LLC, PO Box 6182, Nashua, NH 03063 USA

Website: www.iarp.org,

Editor: Linda M. LaFlamme, M.S.

© 2008. International Association of Reiki Professionals LLC. All rights reserved. No material may be reproduced by any means whatsoever without express written permission from the IARP.

IARP members receive a subscription to The Reiki Times included with their membership. Anyone in the Reiki community and those interested in Reiki may subscribe to The Reiki Times by visiting www.the-reiki-times.com

Disclaimer: No part of this publication may be reproduced or transmitted in any form or by any means, electronic or mechanical, including photocopying, recording, or by any information storage and retrieval system, without specific written permission from IARP LLC. The views expressed herein are those of the authors and not necessarily of the publisher or its advertisers. Publisher cannot be responsible for any unsolicited material including but not limited to articles, photographs, manuscripts, artwork and letters. The publisher does not promote or endorse any of the products or services by any third-party advertisers or contributor in connection with this publication, nor does the publisher verify the accuracy of any claims made in connections with such advertisements or contributions. Advertisers and contributors are responsible for ensuring their claims and statements are correct. The information contained in The Reiki Times is intended for education or entertainment. Do not substitute it for the advice of a qualified health professional.

Healing Memory and the Qi Particle

By Sadao Hayano, Reiki and Medical Qigong Therapist
Natural Health Organic Farms, Saratoga, CA, USA

Subtle energy therapies such as Reiki, Qigong and Huna healing have a few unknown parameters and mechanisms. The therapies include both mental processes and physical states and we are actually dealing with healing processes which are sometimes beyond our comprehension, as far as our present intellectual logic and science are concerned. However, recent research has suggested new approaches to the study of healing and this article addresses their application. The purpose of this article is to explain the formation of healing memory and the mechanism for recollection of that memory in the brain using principles of elementary physics. By “memories” we mean records of past experiences. The Qi or subtle energy therapy is explained using the properties of water molecules in the body and brain.

For the sake of continuity, the memory formation process is summarized from my previous paper, “Quantum Qi Memory” by Sadao Hayano, *The Reiki Times*, International Association of Reiki Professionals, Aug. 2007. The healing memory recollection process is new to the present paper however. We conclude that that our minds, memories, and consciousness are a consequence of the behavior of water molecules in the brain, while conventional thinking regarding memory creation, on the other hand, involves the formation of a neuron network. For a more complete explanation of neuron network formation, please see “Exploring Consciousness” by Rita Carter, UC Press, 2002.

Water in the Brain

When the water molecule H_2O is in the form of steam, it is in random motion. Steam molecules are not oriented in any specific direction in space and this free orientation state is defined as being ‘symmetry’ in physics. When the temperature is lowered to below 0 degrees Celsius, however, the H_2O becomes a hexagonal crystal, after going

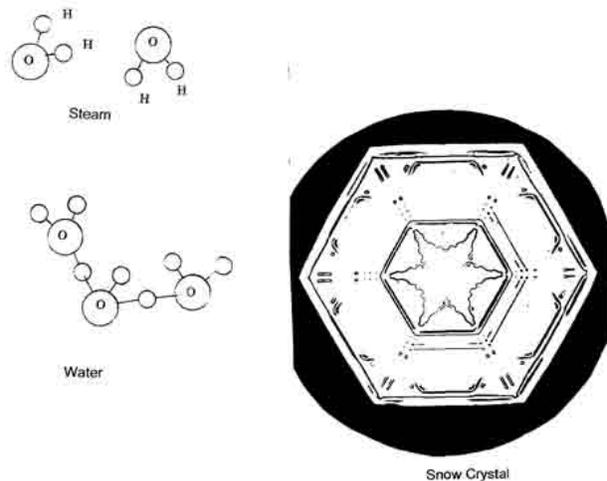


Fig.1 Symmetry

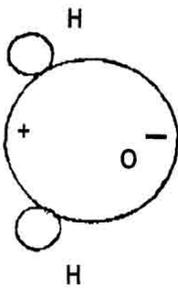


Fig. 2 Water Molecule, Dipole

through the liquid water phase at 100 degrees C in between. In physics terminology it is said that the original H₂O steam has broken its symmetry twice, once to become water and then again to become snow. Fig.1. shows that the motion of the water and snow are more limited than that of steam; in other words, it has less symmetry.

The human brain contains a high percentage of water, about 60%. Physics confirms that the water molecule is an electrical dipole, Fig.2. This means that the water molecule as a whole is electrically neutral but one end of the molecule's body has a positive charge and the other end a negative charge. It is electrically polarized.

Memory Formation with Symmetry Breaking

We see and feel light, which consists of photons -- particles of electromagnetic waves. These electromagnetic waves exist wherever there is an electromagnetic field and electromagnetic fields are everywhere in our existence. The universe is filled with these fields and thus the inside of our brains is as well. As a graviton transmits a gravitational force, a photon transmits an electromagnetic force. It is our understanding that that the majority of the Qi energy projected by the therapist is in the extreme-infrared range of the electromagnetic spectrum.

One human is composed of 6×10^{13} cells of 200 different varieties. Some of these cells are sense receptors which register changes in our body's internal and external environments, see Fig.3. These sense organs detect changes in vibration, light, sound, smell, touch, etc. Molecules

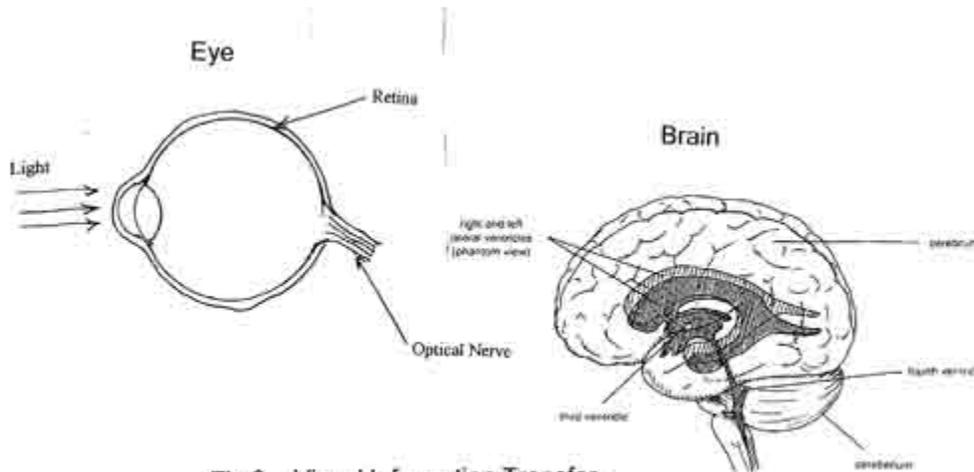


Fig 3. Visual Information Transfer, after Jerry Johnson 'Chinese Medical Qigong Therapy'

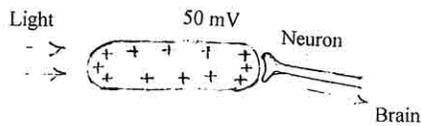


Fig. 4 Retina Cell

in the sense organs convert the sensed environmental condition and information into positive (+) and negative (-) electrical impulse signals and each sense receptor is connected to a nerve fiber which relays the electrical impulse signals to a neuron in the brain, Fig.4.

In the case of Qi energy, the therapist projects Qi energy to a patient externally. This external Qi energy collects free electrons within the patient's body, creating an equivalent internal Qi energy in the patient. This collecting of free electrons is known as Einstein's photoelectric theory. The therapist traces this Qi energy through the patient's meridians for healing purposes, Fig.5. This healing information, in the form of positive (+) and negative (-) impulse signals, is then transmitted electrically to the brain cells through nerve fibers.

All messages sensed by the patient's body are thus gathered in the neuron cells in the cerebrum. These messages in the form of electrical impulse signals (+) and (-) polarize molecules in the plasma membrane, nucleus, organelles, etc. of neurons. The water dipoles around and inside the neurons, then, align to the messages according to polarity. Thus, the water dipoles lose their freedom to move and rotate,

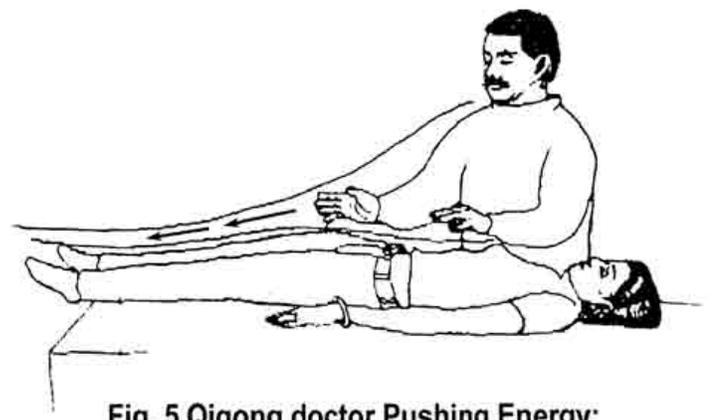


Fig. 5 Qigong doctor Pushing Energy; after Johnson, 2000

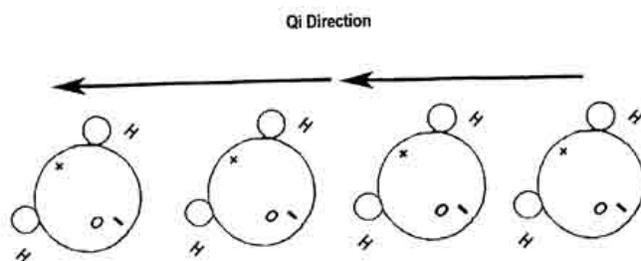


Fig. 6 Dynamical Alignment

resulting in a 'symmetry break' and in a 'condensation' state as defined in physics. The water dipoles remain as condensation after the original message in the sense organs has disappeared, for the condensation energy is at a low level and in a stable state. Thus, we conclude that the water condensation constitutes and manifests itself as memory in physical form (Fig. 6). The theory of the water condensation itself being the memory is more plausible than is the classical theory of neuron network formation.

The greatest shortcoming of the neuron network theory is the lack of memory capacity that exists having considering the limited number of neuron cells, however large a number that may be. Readers may refer to the book “Quantum Theory of Brain and Mind” by Jibu and Yasue, 1998, Kodan Sha. We ourselves tend to feel that we have an unlimited memory capacity in our actual life, rather than a limited one. Don't you agree?

Superposition of Memory

Any wavelike process can be superposed onto another to form a combined process. This is true of colors, sounds, water waves, forces, etc. As a simple example, consider two water waves coming from different directions in a pond. They are added together to form a combined water wave when they meet. We call this phenomenon a superposed wave. ‘Superposition’ here is physics terminology. We can superpose as many waves as we wish.

In the brain, we have seen the water dipoles aligned to (+) and (-) continuously stimulated by the sensed incoming internal and external Qi information. New dipole condensations from new Qi therapy or from new environmental conditions are continuously superposed upon previous condensations. These superposing processes keep going indefinitely throughout our lives and provide continuous memory formation in the brain and with a large capacity. The conventional theory of the neuron network formation, on the other hand, lacks this necessary large capacity to create memory.

The Polariton and Evanescent Photon (This section deals with Quantum Field Theory)

This section as it deals with physics details as treated in wikipedia.org

Quantum Field Theory is an established theoretical framework in physics. According to quantum field theory, the photon is a quantum of an electromagnetic field, the electron, a quantum of an electron field, and so on. In our case, scientists say that the Polariton is a quantum of the water dipole condensation field and is a matter particle. The water dipole condensation is no more than 50 micrometers (microns) in size. The diameter of a neuron is 3 micrometers. Note that each quantum field interacts with every other field. In our case, scientists say further that photons, a force transmitter particle from an electromagnetic field, interact with Polaritons from a water dipole condensation field. The resultant quanta are called Evanescent Photons. The Evanescent Photon is a quantum of an Evanescent Photon condensation field. The Evanescent Photon is a special photon with mass of 10 electron volts which transmits force just as a photon does.

Recalling Healing Memory

When Reiki, Qigong or Huna therapy takes place the first time, a water dipole condensation of less than 50 micrometers is formed as healing memory in the brain. This condensation field creates Polariton particles as mentioned above. Then, Evanescent Photons, the force transmitters of healing, are created from Polaritons. Patients felt the wellness effect of therapy by sensing Evanescent Photons in the brain (Fig 7).

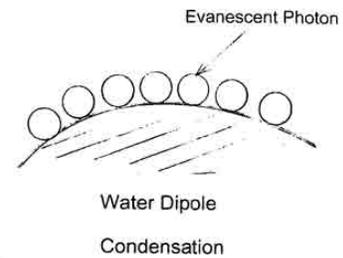


Fig. 7 Evanescent Photon around Condensation

When a subsequent therapy is performed, two things will happen. (1) With the new therapy, the newly polarized molecules in the plasma membrane, nucleus, organelles, etc. of the neurons re-energize the past water dipole condensations. This energy induces some number of new Polaritons within past condensations and activates a recalling process. Thus, each additional therapy stimulates the manifestation of healing memories that had been previously established. (2) With the arrival of new stimuli with the new therapy, an additional condensation is superposed upon the existing condensation. This superposed condensation creates Polaritons as well. The Polaritons in both (1) and (2) interact in turn and change photons to Evanescent Photons as mentioned above. Our body and mind recognize the present therapy and part of the past therapies at the same time by feeling the Evanescent Photons. This explains why repeated therapy strengthens healing by recalling past therapy.

Consciousness

Consciousness is the frame that embraces all experiences. A human consciousness is created based on the various past memories that are related to the present moment and life situation. Consciousness is simply manifested in the brain by the Evanescent Photon condensation field that is created by interaction between photons and Polaritons of all related life memories. Specific details are beyond the scope of this paper.

Summary

The formation of healing memory and its recalling process culminate in a water dipole condensation around neurons in the cerebrum. It is concluded that the water condensation constitutes memory in physical form in the brain. The memory recalling process is initiated by Polariton particles induced from previous healing condensation fields. A photon becomes an Evanescent Photon after interaction with a Polariton. Thus the patient, both in body and mind, becomes aware of past therapies by feeling Evanescent Photons permeating past condensations in the brain. This past healing memory enhances the present therapy.

The vast capacity of human memory is explained as a superposition of the symmetry break of the water dipole in the brain.

Human consciousness and memory recall are very closely bound together. Consciousness is created based on life circumstances of the present moment as well as past memories. It is therefore reasonable to assume that consciousness is induced through Evanescent Photons.

About the Author:

Dr Sadao Hayano is an IARP Registered Reiki Master and Medical Qigong Therapist for the past 10 years in San Francisco Bay Area and is VP in Natural Health Organic Farm, a grower and processor of Ashitaba (Japanese organic whole herb) www.ashitabagreen.com. He earned his Doctorate from Purdue University in Mechanical Engineering after being educated in Kyoto, Japan. In his leisure time he teaches Tai Chi Chuan and Yoga. He has published articles on topics of Physics, Chemistry, Biology and Mathematics related with Energy Healings such as Qigong and Reiki. He participates and speaks in The World Congress on Qigong with the original science and healing articles. He and his wife, Linda, live in Saratoga, CA. USA.

This article appeared in the September 2008 issue of The Reiki Times, the monthly magazine of the IARP www.the-reiki-times.com © 2008. International Association of Reiki Professionals LLC. All Rights Reserved.

Reiki's State of Perfection

By Rev. Barbara Matsuura, RMT

Reiki Sacred Symbols and mantra vibrations return the client's body, mind and spirit back to the State of Perfection.

We live on the water planet called Earth. Our physical bodies are made up of 75-80% water. My ten-year-old client came because he was going blind and the doctors said there was nothing to be done, as it was hereditary. Week after week of Reiki treatment kept bringing him back to his state of perfection. After the session he did not want to put on his glasses. He took Dr. Emoto's book and looked at the water crystals. I encouraged him to talk to the water in his body with gratitude. I encouraged him never to say 'stupid' to his friends or harsh words to anyone, as even though they were not directed at his own body, they were vibrating in his own body as he spoke such words. When one day he could see his shadow for the first time, he asked his mother "What is that" and she replied "It is your shadow", and they were both so amazed that he could see it now. He was very delighted at his new find and was encouraged by his ability to see something new. The doctors were confused, because a healing had occurred, they tested and retested and found that their diagnosis had been incorrect and it was not hereditary after all.



The body's water remembers, the body's water knows its state of perfection, that message is in the water. Please also see the article '*Universal Qi Memory*' by Qigong Master, Rev. Barbara Matsuura, RMT in the Aug 2007 issue of The Reiki Times of the International Association of Reiki Professionals, to understand more of how water holds thought energy.

The principal of water is that it always strives to return to Perfection. Reiki's Mantras that are learned in Reiki Level II will bring the client 'back to perfection'. The sound vibration of the mantras will align and balance the waters/fluids of the body. Reiki is a perfectly balanced and intelligent energy. When Reiki is intended and channeled for the client's highest good, mantras silently stated, Reiki intelligence goes to where it is most needed at the time of the session. It activates the Original State of Perfection of the human body, mind, & spirit.

The first of the sacred symbols learned in Reiki Level II, is a power symbol. It gives us a true focus and its motions while being drawn in the air and its sound vibrations, create a subtle but powerful universal force. The second learned is a combination symbol and is considered the 'key' because it opens the pathways by its motion of being drawn and its sound vibration. The third symbol, when written correctly in its proper 5 Japanese characters, which are linked together, is the tour de force of Reiki. The literary translations are as follows; the first character, principal, main, this, book (implying truth); the second character means person, or person who is, who has; the third character means right thing, which is sensible or reasonable, right, correct (as a verb); the fourth tells us: right correct, proper, honest, exact, main; and the last character is thought, pray in the heart, or a chant in the heart. These characters linked together create a powerful energy vibration, through motion of writing and vibration of sound. Here is the Memory of the State of Perfection, activated and at once at work. This mantra will bring the client back to his state of perfection. There, is where it heals the karma because it has taken the client back before the karma was made, to its original State of Perfection. A Reiki session will bring the client back to the state of perfection and in the moments on the Reiki table they are instantly healed. The practitioners know this and can feel when the total balance is taken, often times before the allotted time of a 1-hour session is complete. The 3 sacred symbols and their mantras will always bring the client back to before the cause was made that created the effect (malaise). The malaise dissipated and released back to the Universe existing only as potential. The clients ailment has been healed, because the Karma has been healed, and therefore the ailment has nothing more to feed upon. One thing we know for sure is that the client has free choice. Karma is being made all the time. If the client does not change the way of thinking or lifestyle that created such a problem, they have the ability to re-synchronize or re-create the malaise or something similar from the potential.



According to Dr. Masaru Emoto's book, "Message in Water", his extensive studies on water crystals, gives us scientific proof that water will strive to reach perfection in all cases. Experiments were done with word or phrases or even different kinds of music, producing vibrations. In every case the vibrations of words made the water either go back to its beautiful state of perfection if they were good vibrations, or become worse if they were unkind words. Water itself has no emotion, but receives vibration and can hold that vibration. The vibrations of our words make the difference.

The Reiki mantras of the Sacred Symbols we learn in Reiki Level II will produce healing vibrations. All chanting and prayer work in a similar fashion, elevating the consciousness to a

higher place therefore not synchronizing with lower vibration that cause illness or disrupt our fine balance.

A Reiki student's experience with the Sacred Symbols is a clear indication of how the sacred symbols work in the essence of our lives.

Here is Heather's experience:

*Hi Barbara, It's a privilege to contribute and share my insights ... I enjoy Reiki everyday!
Here are a few thoughts from my recollection of Reiki 1 in Feb 2004 and Reiki II in August 2004,
in Tokyo, Japan:*

As a Reiki student I have witnessed and experienced profound changes at different levels: physically, mentally, emotionally and spiritually. I believe that the powerful process channeled by my teacher along with my readiness to change and 'accept' was the beginning of something very special. The experience of learning the first symbol was like having my eyes opened and I felt I could 'see' for the very first time. This awakening was both scary and liberating at the same time. Learning to trust and accept something intangible but yet so present has had a massive impact on how I see the world and how I operate with my unique 'map of the world'. The experience of learning the second symbol was in many ways the key to unlocking my 'childhood' map of the world. I realized that physical malaise had manifested around the age of 5-10 and that this was in fact a reaction to a stressful home environment. I recall learning the 2nd symbol and leaving my teacher's house. My homework was to write this symbol over and over again. On returning home I picked up pen and paper and started writing out a chart pinpointing when certain physical symptoms presented themselves and linking them with family events and traumas. The urge to express myself in this way was uncontrollable and it lasted a couple of hours. I remember feeling both exhausted but fulfilled. My map of the world was put on paper and suddenly everything started to fall into place. At last I felt free and in control. Of course this was and still is the beginning....having since made some tough life-changing decisions I am enjoying a much healthier and more balanced life. My physical ailments have improved, my emotions are in balance, and my relationships are now fulfilling and serve to sustain harmony. I am constantly creating a new map of the world that makes me happy!

Heather's website: <http://www.cafecoachlondon.com>

In summary Reiki Level II expands consciousness with Sacred Symbols drawn and mantras chanted. The water in our bodies responds to the motions force and the sound vibrations and

the intent for the highest good of the client bringing body, mind and spirit into balance. Balance of all three is our inherent Divine Nature.

About the Author:

Rev. Barbara F. Matsuura, Reiki Master/Teacher, Qigong/Tai Chi Master, is the founder of The Integrated Healing Arts Center of Japan, in Tokyo. The USA branch is in Burlingame, CA.



She is a Reiki Master/Teacher, practicing in Japan since 1998 & Zen Shiatsu practitioner since 1979. Barbara trained in Tai Chi in Hong Kong and Japan, since 1986. She is a licensed teacher by the Japan Health Tai Chi Chuan Assoc. She was trained in Qigong Healing & Beauty Rejuvenation by a renowned master from Beijing. She has added one spa treatment to the repertoire, as a Belavi Facelift Massage Specialist.

www.naturalhealingcenter.com/creative/barbara_matsuura.htm

e-mail...integratedhealingarts@yahoo.com

This article appeared in the September 2008 issue of The Reiki Times, the monthly magazine of the IARP www.the-reiki-times.com © 2008. International Association of Reiki Professionals LLC. All Rights Reserved.

Understanding What Healing is All About, Part 2

By Diane Ruth Shewmaker, MA, LCPC, LPC, RC, CSC, NTP

Ed Note: Though Sekhem-Seichim-Reiki (SSR) and SKHM are the specific healing systems mentioned in the below article the information given is applicable to any form of Reiki or energy healing.

The Purification Process Using Sekhem-Seichim-Reiki and SKHM



A great deal of purification and cleansing takes place as part of the healing process when applying the SSR and SKHM universal energy stream. Since SSR and SKHM both stimulate and support the process of healing and purification, it is important for the practitioner and teacher to inform each client and student about the healing process and be a part of his or her support system. Care must be taken to describe the process in a way that is thorough, yet does not cause undue worry or concern. The practitioner must avoid creating a self-fulfilling prophecy or expectation of always being in some form of crisis or drama.

As the SSR and SKHM energy flows through the physical and subtle bodies, your vibration is lifted as the energy works to align, balance and integrate all levels of your being. This usually involves the gradual release of physical, emotional, mental and spiritual “toxins” that have made their way into the cellular memory and built up in the energy system over time. Toxic buildup is the result of past experiences such as injuries, illnesses and traumatic events as well as poor health habits and pollutants in this and other lifetimes.

Much of the release experience is relatively gentle, does not take a great deal of time to work through your system and passes almost without notice. Sometimes, however, the manifestations of the cleansing process are more noticeable and uncomfortable and may take several hours, days or even weeks to work their way through your energy system. The cleansing experience is also heightened following an SSR attunement or an SKHM workshop because both of these greatly accelerate the healing and cleansing process.

As toxins are released from all levels of your being, you may experience one or more of the following symptoms of the purification process: The physical body may have flu-like symptoms,

fever, headache, sore throat, coughing, aching joints and muscles, tingling sensations, nausea, constipation and/or diarrhea. Temporary changes may also take place in your sleep habits such as needing to sleep more often and longer and/or being wide awake when you normally sleep.

Deeply held emotions that have been repressed from earlier experiences such as grief, fear, depression, sadness, anger, fear and frustration may surface for no obvious reason. There may also be times when suppressed memories or other recollections surface in order to allow the body and spirit to heal. You may also feel empty and alone. Old and current behavior patterns and addictive tendencies found in the mental body may become magnified. You may also experience judgmental, blaming, victimizing and abusive thoughts. As the spiritual body is purified, your beliefs about life, religion, relationships, how the world operates and your self-identity may be shaken and will need to be questioned and revised.



All of these experiences are commonplace and are not usually a cause for worry or concern. They naturally result from the process of bringing higher light frequencies such as SSR into the energy system in order to lift and transform the person's vibrations. They are nature's way of purifying body, mind, emotions and the soul, making way for higher levels of consciousness to be grounded in the body. Rather than being symptoms of illness, they can be viewed as signs of healing in progress. (However, if you have any extreme physical or emotional reactions or complications after receiving an SSR treatment, please report them immediately to both your SSR practitioner and to your health care providers.)

As uncomfortable emotions and thought patterns from your shadow self come into your consciousness, simply allow yourself to observe and experience them without getting too caught up in them. Think of this process as a train where each of the cars is marked with an emotion such as sadness or thoughts of self-invalidation. As the train comes through your consciousness, just let it move along without stopping it and climbing aboard any of the cars. Acknowledge the emotions and thoughts as they pass through, and then let them go.

Welcome your new awareness of those false and limiting beliefs that no longer serve you and have the courage to let them go. As the well-known expression says, "let go and let God" move and work through you. Allow a new spiritual foundation to be formed based on true wisdom, inspiration and understanding. Read uplifting books and spend time with like-minded people. Meditate and look within for your own answers. Do breathing exercises to bring the life force into

your body. Chant sacred sounds. Remember to call on your guides and angels, the ascended masters and the Source of ALL LOVE for assistance as well.

You also will find it highly beneficial to surround yourself with a caring support system and take advantage of the many healing modalities that can assist you at a time like this, including SSR and SKHM. Both complementary and traditional approaches to your healing process may be appropriate if called for, including herbal remedies, chiropractic treatments, massage therapy, acupuncture, homeopathy, sound therapy, rebirthing, aromatherapy, flower essences, medicines, surgery and psychotherapy. Be sure to allow sufficient time for integration of the SSR process no matter what combination of approaches you choose to use.

As you take full responsibility for your life, your body, your emotions, your thoughts and your actions, you will gain a broader understanding of the evolutionary process of spiritual growth



that many are experiencing today. Each success will help you to know yourself at ever-deepening levels and to build trust in the process and a closer bond with your angels and spirit guides, the ascended masters and the Source of ALL LOVE. You will then be able to better anticipate and be in alignment with prospective transitions, making it possible for you to negotiate them with relative ease.

Some Reasons Why People Seek Healing

There are many reasons why people seek assistance with their growth and healing journeys using SSR and/or SKHM. All deal with some form of change.

If one or more of the following examples resonate with a person, then he or she will find that SSR and/or SKHM is a remarkable addition to a total approach to advancing the healing process:

1. The person is facing one or more life transitions, changes, challenges or healing crises related to his or her physical, emotional, mental and/or spiritual health; relationships; work life; financial status or any other meaningful area.
2. The person wishes to change his or her negative addictive patterns, reduce stress and take better care of him or herself.

3. The individual wants to experience more abundance, happiness, love, joy and fun, and less worry, anger, depression, sadness and anxiety.
4. The person has experienced the loss of a loved one, a relationship, a job, a home, health, a cherished dream, a pet or any other significant loss.
5. The individual is seeking his or her life's work and purpose and the ability to create his or her life from an inner-directed source of being.
6. The person wants to connect more deeply with his or her higher self, angelic guides, the ascended masters and the Source of ALL LOVE.
7. The individual wants to understand who and what he or she is on a deeper level and find ways to live his or her life from the inner spiritual core and essence.
8. The person feels there is something missing from his or her life and wants to create something that is deeper and more meaningful; and that ignites his or her passion for living.
9. The individual is feeling "stuck" and knows he or she has some internal housecleaning to do.
10. The person wishes to discover his or her creative potential, talents, capabilities and spiritual gifts.
11. The individual wishes to cultivate meaning and enthusiasm in his or her personal and work life and find purposeful ways to make a difference and be of service.

Though each healing session is unique to the person and to the moment at hand, my way of approaching each of the above circumstances is the same. Since all problems really come from the same erroneous belief in our separation from the Source of ALL LOVE, they all have the same solution - to heal the separation and to know in truth that you are already completely loved by and are One with the Source. As *A Course in Miracles* says, "There is no order of difficulty in miracles" and "Love is the answer no matter what the question is." The *Course* also speaks of "many problems" that all have "one solution."

* * * * *

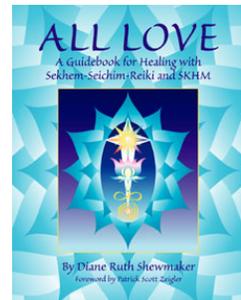
I hope the above has been helpful to you in understanding more about what healing really involves. To maximize the process, energy healing practitioners, teachers, clients and students need to be better informed, and gain the knowledge and skills to move gracefully and more easily through whatever may be involved. True healing must include a holistic approach that addresses all aspects of a person's being and life expression.

About the Author:



Diane Ruth Shewmaker is an internationally known spiritual counselor, psychotherapist, teacher, healer, author and radio guest. She is the creator of the Sekhem-Seichim-Reiki healing matrix (sometimes known as Egyptian Reiki) and is a certified teacher of All Love-SKHM. She is also a certified teacher and practitioner of more than 12 other holistic healing systems, making her uniquely qualified to write about multidimensional energetic healing. Author of *All Love*, Diane is based in Olympia, Washington and provides attunements and healing sessions both in person and from a distance. You can find Diane on the web at www.heartpathcenter.com, and she can be reached at heartpathcenter@earthlink.net or 360-412-5433.

Editor's Note: Diane will be offering a Sekhem-Seichim-Reiki Event September 19-21 in Chadds Ford, PA – for information call Deborah Finley, NCTMB, RMT at 610-358-5800 and leave message. Please find Diane's book, *All Love*, in recommended books at www.iarp.org or at bookstores worldwide.



This article appeared in the September 2008 issue of The Reiki Times, the monthly magazine of the IARP www.the-reiki-times.com © 2008. International Association of Reiki Professionals LLC. All Rights Reserved.



In the Stars
Monthly Report for September 2008
by Yahaira

September is the month we like to begin new activities and those may be jobs, school, or launching projects that we've planned all year to see them come to fruition. The Sun is passing through the meticulous earth sign Virgo until September 22nd when it will enter the air sign Libra at the Autumnal Equinox; the Sun will be at its fall point then it is moving back again to the southern hemisphere

and we will experience winter once again in the north. The Sun reached its zenith point in Leo and now it's moving towards its descent from our point of view. This is a time that represents an analysis and integration of all the hard work accomplished so far this year. This month is a time to evaluate what has been and what is to come based upon values garnered thus far. And so it is appropriate to have Labor Day Holiday in this month.

Virgo represents the harvest time when the farmers go out and clear the fields of their summer's harvest. Virgo is connected to the processes of assimilation, be that digestion of food or ideas. Virgo shows a virgin with a sheaf of wheat, this sign is ruled by Mercury and focuses our energy towards being more analytical, modest, discriminating, and methodical. Service is a way of finding fulfillment for those skills for this earth sign. Every sign has its positive and negative qualities and with Virgo it can tend to be over-discriminating and persnickety. Some Virgos may find it hard to feel pleased with what they have accomplished, and or show difficulty choosing between things and that is because Virgo is a mutable sign; it can waver and change and then change again.



Mercury, Venus and Mars are moving through the air sign Libra. Libra seeks to find harmony and balance by negotiating polarities. This is a good time to find out what motivates us toward finding that balance in our relations with others. Libra is concerned with justice and peacekeeping. It represents right relations through the processes of negotiating what puts us in harmony with one another and this is a form of love in that Venus rules Libra. This period of time may also feature more artistic enterprises and lend more inspiration for any project.

Jupiter, moving through the conservative earth sign Capricorn, turns direct motion on September 8th. This planetary placement has brought much conservatism to our economy and in that process we may know now the real reasons for the economic crunch. We are now hearing the message from our leaders to move towards more creative uses of our resources. The challenge of this conservative time is to take the risks for a more abundant future as Jupiter is transiting the 1st house of the USA's natal chart. Pluto the planet that represents death, renewal, change and transformation is also moving in direct motion on September 9th stationing right on the ascendant of the USA's natal chart. This means that the persona (the first house in the chart) which the nation shows the outer world will have to undergo the needed change by the force (Pluto) which is moving this country to change its philosophical beliefs. And there are many cataclysmic events particularly with the environment that is bringing this message loud and clear. By this mid-month, we have these combined planetary energies which will help us shift from the old paradigms that no longer serve our purpose. This election year is featuring the call to be a forward-moving collective to use the imagination to work for a better future as Uranus is now moving through the 3rd house of communication of the USA natal chart awakening our collective intuitive intellect.

Mercury will retrograde on September 24th in the air sign Libra and move direct on October 16th. This transit through Libra will help us re-evaluate our values. We can use our intellectual capacity to form decisions as to what is fair and balanced. Retrograde phases of Mercury are a good time to evaluate plans. It's a time to pace yourself with regard to schedules as things are likely to go in unexpected ways. This is a good time to finish up old projects, research ideas and or to invent new ones. However, launching new projects do not go as well. And any machinery that is in need of repair usually acts up or breaks down during this time.

The Lunar Phases

The New Moon occurred August 31st in the earth sign Virgo. This is a good time to look closely at one's pursuits. Intellectual stimulation and research are best for this time. New ideas will likely emerge out of the processing of various details.



The First Quarter Moon occurs Sunday, September 7th in the enthusiastic fire sign Sagittarius. This moon is restless, adventurous, loving change and motion. Beliefs come to the surface and plans get an extra inspirational boost.

The Full Moon is the Harvest Moon September 15th in the water sign Pisces. This day will be imaginative and emotional. You may feel an intuitive affinity with others. Creative projects will do well as Uranus conjoins the Moon and an extra dose of inventive energy pours in. The astral plane is felt more while the Moon is in Pisces and this is a great period for insightful meditations.

The Last Quarter Moon occurs on September 21st in the curious air sign Gemini. This day will be harmonious and full of ideas to share with others. Gemini is a social sign lending an upbeat energy to any gathering. The Last Quarter Moon is good for finishing up projects.

Here is a list of some of the areas in life represented by the astrological houses.

1st House represents the persona, the body, one's physical appearance, the early child environment and general path in life.

2nd - Personal resources, talents, self esteem, self worth, responsibilities, and wealth.

3rd - Education, short trips, daily activities. Communication and siblings. Concrete thinking.

4th - Personal emotional foundation, mother, home and security. Real estate and vehicles.

5th - Speculations, risks, love affairs, hobbies, creative intelligence and will power.

6th - Work, service, health, employers and employees.

7th - Partners, business, mercantile relationships and social connections.

8th - Joint finances, debts, inheritance, insurance, taxes, death and regeneration.

9th - Higher learning, marriage, law, foreigners, wisdom, abstract thinking, long journeys.

10th - Career, achievements, father, authority.

11th - Friends, groups, goals, ambitions, desires, and titles.

12th - Loss, sorrow, retreat, meditation, large organization, the unconscious, service and confinement.



Yahaira is an internationally known clairvoyant medium with over 20 years experience in helping people gain insight and clarity through the use of her intuitive gifts. Her readings focus on relationships, career, life path lessons karma, past lives, and future probabilities. Her services include astrology, energy clearings, life readings and more. www.yahaira.org For a reading of the transits to your natal chart call Yahaira at 928-505-5202

In the Stars, The Reiki Times Vol. 12 Issue 9, 09-2008

Disclaimer: This information is provided for entertainment purposes only. The Reiki Times and IARP LLC do no guarantee the accuracy, usability or reliability of this information or content. In no event whatsoever shall IARP International Association of Reiki Professionals LLC, Synchronicity Press, The Reiki Times, or the author be liable for any direct, indirect, consequential, punitive or incidental damages or any kind whatsoever with respect to the information contained in these pages.

This article appeared in the September, 2008 issue of The Reiki Times, the monthly magazine of the IARP www.the-reiki-times.com © 2008. International Association of Reiki Professionals LLC. All Rights Reserved.

Enjoy a great month and as always, highest of Reiki Blessings!

Visit www.iarp.org for more information or the
TRT public website www.the-reiki-times.com