

# The Reiki Times

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Summer Blessings

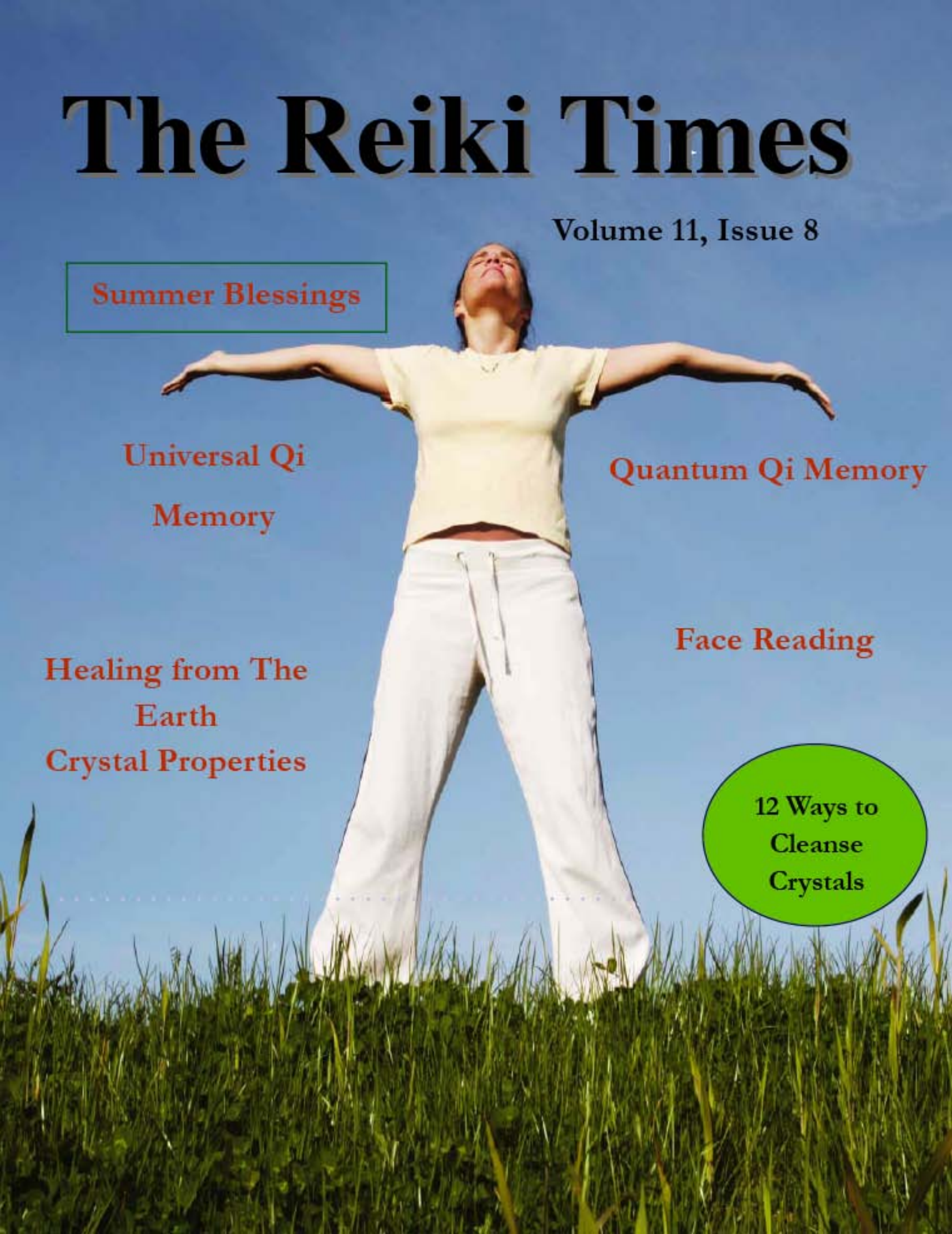
Universal Qi  
Memory

Quantum Qi Memory

Healing from The  
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Face Reading

12 Ways to  
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**Universal Qi Memory**

by Barbara Matsuura

As inspired by an ancient Chinese poem to teach the young children how to appreciate food, I expand on the other elements of 'chi energy' in the cosmos; air, water and the universal/cellular memory in Chi (Qi).

Here I state the translation of the poem plus the expansion of the energy and life force coming through it to my consciousness.

Simplified

鋤禾日當午

汗滴禾下土

誰知盤中餐

粒粒皆辛苦

Traditional

鋤禾日當午

汗滴禾下土

誰知盤中餐

粒粒皆辛苦

*Sweat drops from the brow of the farmer into the soil and water as he plants the rice*

*His love and effort become the rice,*

*His sweat mixes with water becomes one with the water of the rice fields,*

*The message into the water.*

*The water evaporates*

*His knowledge of farming, love of the land... into the air, I eat the rice*

*The knowledge in the rice*

*I receive the love from the toil of the farmer*

*The rice becomes me with the water of his sweat, the water of the fields, as mine*

*The nourishment of food from Mother Earth becomes my biology*

*I breathe the air where the water has evaporated to, I receive the knowledge thru my breath of the message in the water, the air becomes my biology*

*The rains begin, the water touches my crown I receive the knowledge of the ages from all the farmers and all the scientists, all the composers, and all the artists who sweat and toil*

*All is the Dao*

*All is I AM*

*All is nothing*

*but essence*

*As Avalokitesvara (Kuan Yin) pours from her urn, one drop of water holds baby, the spirit of life in the drop of water*

*I become*

*And the message is in the water from where my human creation came about*

*And all is the Dao*

*And all is I AM*

*And all is nothing*

*but essence*

Reiki energy works with the “consciousness intent” of the practitioner. As in the making of flower essences which balance the electrical system in the human body, the sun’s energy goes through the flower which sits upon the water. The essence of the matrix of the flower goes into the water. Water will hold the flower’s power energy.

In Reiki Healing, the Reiki White Healing Light goes through the practitioner who is the conduit for the energy, (and who keeps their personal body/ mind out of the session), taking with it the “consciousness intent” made by the practitioner for the highest good of the client. This then brings the client back to the source, the state of perfection before the karma was made which created the malaise, whether that malaise be of physical, emotional, mental or spiritual origin. The client experiences the universal/cellular memory of perfect body , mind, and spirit health.

The Reiki practitioner makes one “consciousness intent”, for the Reiki energy to come into and synchronize with the client for their highest good. The Reiki Loving White Light energy, goes through the “consciousness intent” like the sunlight that went through the leaf of the plant its matrix into the water,, bringing the matrix of the ‘consciousness intent’ into the Liquid White Light energy as it enters transforming Light to Liquid Reiki energy into the life of the client. The client is brought back to the source, the state of perfection to the essence, Dao. Where All is Nothing and Nothing is All, it takes the balance again of the state of perfection, the creation of Yin and Yang take form once more in balance. The client is healed at the source, not just physically, but on all levels, emotionally, mentally, and spiritually. The client is healed and stays healed unless he/she manifests the malaise by his/her thoughts. Dialogue at the end of a Reiki session is a necessary reminder.

*As the wheel turns..*

*And all is the Dao  
And all is I AM  
And all is nothing  
but essence*

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*Chinese poem in article given to author  
by Cedric Leqi Sun, Qigong Master and Filmmaker*

*Picture to the right courtesy of [www.BuddhismToday.com](http://www.BuddhismToday.com)*



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