

Lesson: Prayer is Necessary

Introduction

Prayer is necessary to grow in our relationship with the Lord . If we seek Him we will find Him when we seek him with our whole heart. Jeremiah 29:13

What is Prayer - A form of communication with God, often involving making requests, being thankful to God and to Worship God.

Why is it important to talk with God?

1. God wants us to know Him.
2. God really does answer prayer.
3. God loves us through prayer.
4. We love God through prayer.

Read: Philippians 4:6-7

Do not be anxious about anything but in every situation by prayer and petition with thanksgiving present your request to God.

Read: Matthew 6:9-13

Our Father in Heaven may your name be kept Holy. May your Kingdom come soon. May your will be done on earth as it is in Heaven. Give us today the food we need and forgive us our sins, as we have forgiven those who sin against us. And do not let us yield to temptation but rescue us from the evil one.

Empowered By The Word Youth Ministry

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MAIN SCRIPTURE

Mark 11:24-25 (NLT)

I tell you, you can pray for anything, and if you believe that you've received it, it will be yours. 25 But when you are praying, first forgive anyone you are holding a grudge against, so that your Father in heaven will forgive your sins, too.

PRAYER:

Heavenly Father, we thank you for the opportunity to learn about your word today. May the lesson we have learned today stay with us and guide us as we live our lives.

In Jesus' Name. Amen.

1. **Why should we pray?**

- Because it makes our relationship with God stronger, could you imagine trying to have a best friend without communicating with them?

- Prayer is seeking God and His direction for our lives
- Praying also helps keep us out of trouble.
- Jesus told us to pray, "Watch and pray so that you will not fall into temptation."

(**Matthew 26:41**)

2. **Can you pray when you are in trouble?** (Yes.)

3. **Can you pray when you are happy?** (Yes.)

4. **What is another name for happy prayers?**

- (Praises.)

5. **What are some of the examples of why to pray mentioned in James 5:13-16?**

- (When you are in trouble, when you are happy, when you are sick, to show faith, for confession of sin, and to pray for others.)

6. **What else can we pray for?**

- (Some examples include: Guidance, Protection, Strength, Wisdom.)

7. **Is the prayer of a righteous man powerful?**

- Is it effective? (Yes, the Bible tells us in James 5:16b that the prayers of the righteous are both powerful and effective.)

1. **PRAISE**: Praise is saying what you love about someone. It's saying, "God, I love that you are good. I love how you made the ocean. I love that you sent Jesus for our sins." (As you list each example, number them with your fingers and invite the children to do the same.)

2. **CONFESS**: Confession is a big word for spit up. It means to get the junk out of your life. It's when you ask for forgiveness of your sins. It's saying, "I'm sorry that I lied. Forgive me for getting in a fight with my brother. I'm sorry for not loving you like I should." (As you list each, use your hands to mimic throwing up.)

3. **READ**: Reading God's word helps us see ourselves as in a mirror. It helps us understand who God is and who we are. It helps us to pray because we know who we're praying to. (Mimic turning pages or holding up a mirror.)

4. **ASK**: God says in Matthew 21:22 that, "If you believe, you will receive whatever you ask for in prayer." Pray for others. Pray for yourself. Ask for people to be saved, for God to provide, for wisdom to understand, for help in temptation, and for people to be healed. (Invite children to fold their hands as in prayer.)

5. **THANKS**: God has done so much for us. What can you be thankful for today?

6. (Invite children to list items. Lead the children in a lively worship song of praise/thanksgiving such as "He has made me glad." Have them clap their hands in thanks.)
7. (Review each of the parts of the Prayer Plan with the hand motions to cue the students' memory.
8. Review a second time with only the bolded words. Have students demonstrate the hand motions for each.



Prayer is essential for young people, as it helps them stay connected with God. It offers guidance and wisdom during the teenage years, allowing them to express their concerns and seek protection.