

JUMPING INTO WESTERN DRESSAGE

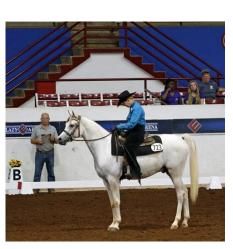
THE HORSE



Quarter Horse



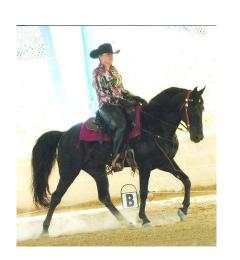
Thoroughbred



Arabian



Lusitano



TWH



Friesian

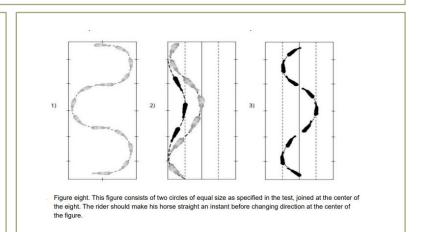
WDAA RULES/GUIDELINES

WD126 Execution and Judging of Tests

- 1. Calling Tests. Western Dressage Tests may be called during the competition. If a test is announced, it is the responsibility of the competitor to arrange for a person to announce the test. Unless an exception is made by the judge, the announcing of the test must start with the first movement. Lateness and errors in announcing the ride will not relieve the rider from "error penalties". Announcing the tests is limited to reading the movement as it is written once only. However, the repetition of reading of a movement is acceptable if there is reason to doubt that the rider heard the original call. For riders exhibiting gaited horses, the announcer may substitute "saddle gait" or the name of the equivalent gait where the test requires a jog.
 a. All Freestyle Rides must be ridden from memory.
- Salute. At the salute riders must take the reins in one hand. A lady rider shall let one arm drop loosely along her body and then incline her head in a slight bow; a gentleman rider shall remove his hat and let his arm drop loosely along his body or may render the salute as does a lady rider.
- Voice. The quiet use of the voice or clicking the tongue once or repeatedly is permitted.
 USEF 2023

WD103 The Wall

- The walk is a well-marked four time beat marching gait in a regular cadence with equal intervals between each beat. This regularity combined with complete relaxation must be maintained throughout all walk
- When the foreleg and the hind leg on the same side swing forward almost at the same time, the walk has a lateral rhythm. This irregularity is a serious fault of the gait.
- The following walks are recognized: Collected walk, Working walk, Free walk and Extended walk. There should always be a clear difference in the attitude and tracking in these variations.
- a. Collected Walk. The horse, remaining "on the bit", moves resolutely forward with his neck raised and showing a clear self-carriage. The head approaches the vertical position, and a light contact is maintained with the mouth. The hind legs are engaged with good flexion of the joints. The gail should remain marching and vigorous, the feet being placed in regular sequence. The steps cover less ground and are higher than at the Working walk, because all the joints bend more markedly. The step at the Collected walk is shorter than the Working walk and shows creater activity.
- b. Working Walk. Four-beat, active, energetic walk with resolutely forward-reaching steps and confident stretch to the bit. Head and neck should swing naturally as a result of a relaxed back and free shoulders. The nose shall be on or slightly in front of the vertical. The hind feet should touch the ground into or beyond the prints of the forefeet.
- c. Free Walk. A relaxed walk with unconstrained, forward reaching steps where hind feet touch the ground in or in front of the footprints of the forefeet. The horse must be relaxed and be allowed complete freedom to lower his head and neck to stretch forward and down and out. The length of stride, rhythm, the relaxation and swing through his back are of great importance.
- d. Extended Walk: The horse demonstrates optimum ground cover, a lengthened frame and reach to the contact without sacrificing regularity, suppleness of the back and an open frame. Without hurrying, the horse exhibits balance, freedom and over track, BQD 6/20/22 Effective 12/1/22



WD - 18

https://www.usef.org/forms-pubs/NpmAWxkXY6M/wd-western-dressage







EQUIPMENT

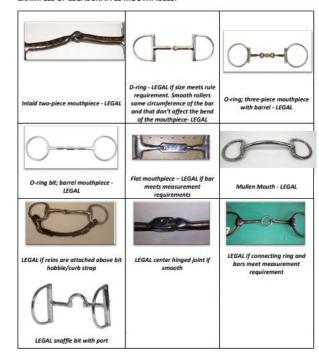




EXAMPLES OF LEGAL AND ILLEGAL CURB STRAPS/CURB CHAINS:



EXAMPLES OF LEGAL SNAFFLE MOUTHPIECES:



APPOINTMENTS/TACK/BITS

Saddle:

A standard American Western stock saddle with swells, a seat, cantle, skirt, fenders, and Western stirrups is required. A working Western side saddle is also acceptable.

- a. Optional and permitted features may include:
 - Horn
 - Padding or pads on the seat of saddle
 - 3. Bucking rolls
 - 4. Tapaderos, except in Western Dressage Equitation
- b. The following features and style of saddles are not permitted:
- Thigh & knee rolls
- 2. Saddles: Australian, endurance, Baroque, English, McClellan and Spanish
- c. Silver equipment will not count over a good working outfit.
- d. A breastplate and/or crupper may be used

Bridle:

Any western type headstall must be used, with or without a cavesson as described below.
 Additionally, a bitless bridle of western style made of leather or leather-like material is also acceptable.

Rev 2/2022

A western cavesson (flat, rolled, braided, or plain, with an adjustable noseband), or pencil bosal
with or without a get-down rope with space for two fingers placed between the cavesson and
the jowl of the horse is allowed. No metal (except for the buckle on the cavesson), studs of any
kind, or other substances can be used in conjunction with or as part of a western cavesson.

Illegal bridle equipment

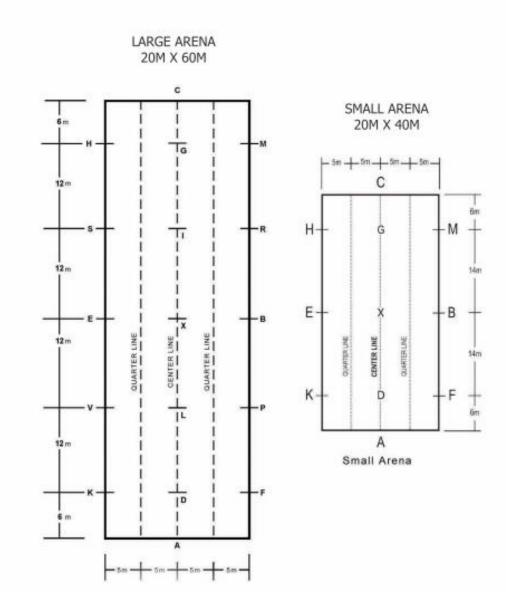
- Flash, figure-eight or dropped nose bands.
- Mechanical hackamores

EQUIPMENT

WDAA Equipment Guide

https://wdaa.memberclicks.net/assets/docs/WDAA%20Equipment%20and%20Attire%20Guide%202%2022%20

ARENA



https://www.westerndressageassociation.org/western-dressage-arena



WDAA 2022 WESTERN DRESSAGE INTRODUCTORY LEVEL TEST 1

WESTERN DRESSAGE ASSOCIATION® OF AMERICA

Tests provide an introduction to the discipline of Western Dressage; the horse performs only at the walk and jog. The rider should demonstrate correct basic position, use of basic aids, and understanding of the figures. The horse should show relaxation; harmony between horse and rider is important. The horse accepts the aids and influence of the rider. The jog should be a natural gait within the horse's scope and should demonstrate a swinging back. All jog work may be ridden sitting or rising.

NEW REQUIREMENTS

20 meter half circle at the working jog;

Halt 4 seconds.

ARENA SIZE:

Small (40m x 20m) or Large (60m x 20m) AVERAGE RIDE TIME: .90 (Small) or 5:00 (Large)

MAXIMUM PTS: 220

*COFFFICIENT



WDAA 2022 WESTERN DRESSAGE BASIC LEVEL TEST 2

WESTERN DRESSAGE ASSOCIATION® OF AMERICA

PURPOSE

Tests confirm that the horse is supple and moves freely forward in a clear and steady rhythm, accepting light contact with the bit. The horse demonstrates a greater understanding of the aids and calm acceptance of the bridle; greater emphasis is placed on relaxation, willing cooperation, harmony, rideability and pure gaits. The horse is beginning to develop more impulsion and balance.

NEW REQUIREMENTS

One loop 10 meters off the track, working jog

ENTRY NO:

ARENA SIZE:

Small (40m x 20m) or Large (60m x 20m) AVERAGE RIDE TIME:

4:30 (Small) or 5:30 (Large)

MAXIMUM PTS: 250

All jog work may be ridden sitting or rising.

*COEFFICIENT

WDAA 2022 WESTERN DRESSAGE LEVEL 1 TEST 2

WESTERN DRESSAGE ASSOCIATION® OF AMERICA

PURPOSE

Tests confirm that the horse is building on the elements from lower levels and is developing more engagement to show sufficient impulsion as the lengthened jog and lope are performed. The horse demonstrates a more consistent, light contact with the bit. These tests introduce some collection, lateral and longitudinal balance, suppleness and emphasize harmony and ride-ability.

NEW REQUIREMENTS Half turn on the forehand Leg yield from centerline

ENTRY NO: ARENA SIZE: Large (60m x 20m)
AVERAGE RIDE TIME: 5:30 (Large) MAXIMUM PTG. 2/0





WDAA 2022 WESTERN DRESSAGE INTRODUCTORY LEVEL TEST 1 WESTERN DRESSAGE ASSOCIATION® OF AMERICA

PURPOSE

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*COEFFICIENT

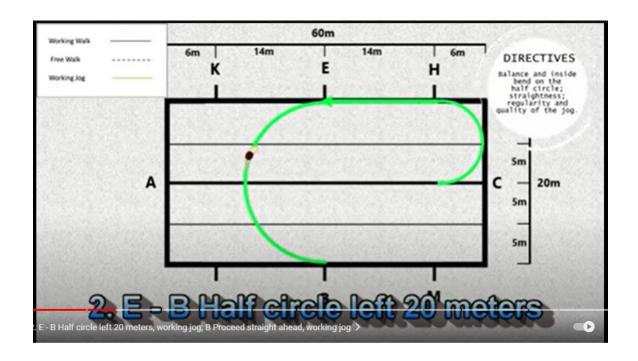
		TEST	DIRECTIVES	POINTS	*	TOTAL	REMARKS	
1	Α	Enter working jog, proceed down center line without halting	Straightness; regularity and quality of the jog; balance and bend in the turn.					
	С	Track left working jog						
2	E-B	3,-3	Balance and inside bend on the half circle; straightness; regularity and quality					
	В	Proceed straight ahead, working jog	of the jog.					
3	Between M & C	Develop working walk	Willing, smooth transition; balance and bend in the corners; regularity and quality of the walk.					
4	H-B	Change rein, free walk	Horse willing to freely stretch the neck forward and down; relaxation; swing			1		
	В	Working walk	through the back; ground cover; straightness; willing, smooth transition; regularity and quality of the walks.		2)		

*COEFFICIENT

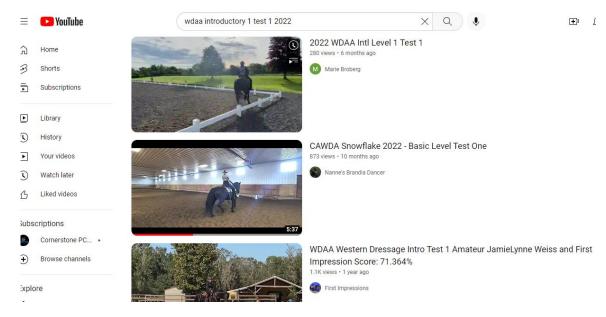
COLLECTIVE MARKS	POINTS	*	TOTAL	REMARKS
GAITS: freedom and regularity				
,		١.,		
		1		
IMPULSION: desire to move forward with suppleness of the back and steady tempo				
		1		
RIDER'S POSITION, SEAT AND HANDS: well-balanced elastic seat demonstrating				
vertical, centered alignment, with light independent contact from hand(s)		1		
volucial, contored dilgriment, with light independent contact from hand(s)		l '		
RIDER'S CORRECT AND EFFECTIVE USE OF THE AIDS: evidenced by the horse's				
responsiveness; steady elastic connection cultivating athletic expression. Accuracy -				
precise placement of the figures and transitions, the effectiveness of the rider's aids		1		
determines the accurate fulfillment of the required movements of the tests				
HARMONY: The horse accepts the aids and influence of the rider with attention,				
relaxation and confidence; willing partnership between horse and rider resulting in a free-		2		
flowing performance				
SUBTOTAL:	total	of point	s and	
	coefficients above subtract from subtotal subtotal minus any errors		bove	
ERRORS:			ubtotal	
TOTAL POINTS:			ny errors	
REMARKS:				

TESTS

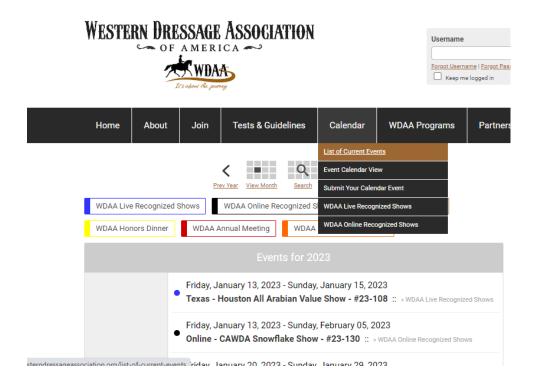
LEARNING TESTS



**Make sure tests are 2022 version!



https://www.youtube.com/watch?v=HQZP4zxuiUc





https://wdaaworldshow.org/

RECOGNIZED SHOWS ONLINE SHOWS

Lendon's Youth Dressage Festival August 11-13, 2022 + Saugerties, New York

Individual and team competition for riders from ages 4 through 25





Photo credit: Amy Dragoo

dressage4kids.org/d4k-festival/

https://dressage4kids.org/d4k-festival/show-info/prize-list.html

24

JUN 24 AT 8 AM – JUN 25 AT 6 PM

2023 Region 1 Youth Dressage Team Challenge
HITS Commonwealth Park Culpeper, VA

https://www.lvda.org/youth-dressage-team-challenge

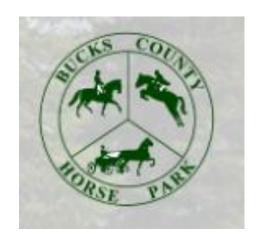
YOUTH SHOWS

SCHOOLING SHOWS











Delaware Valley
Combined Training Association®





SHOW AND EARN AWARDS



https://pawda.org/other-documents



https://wdaalifetimepoints.org/



https://www.usdf.org/clubs/lis
t.asp?TypePass=GMO

CONTINUED EDUCATION

- Video a ride program (youth only)
- Judges Seminar
- WDAA Learning ManagementSystem
- Clinics/GMO programs



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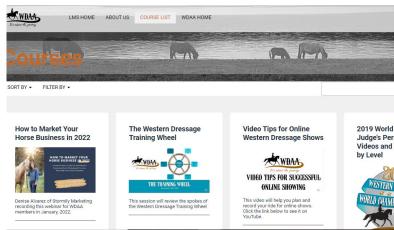
Partners &

Welcome to the FREE Video Ride a Test Program for WDAA Junior Members!

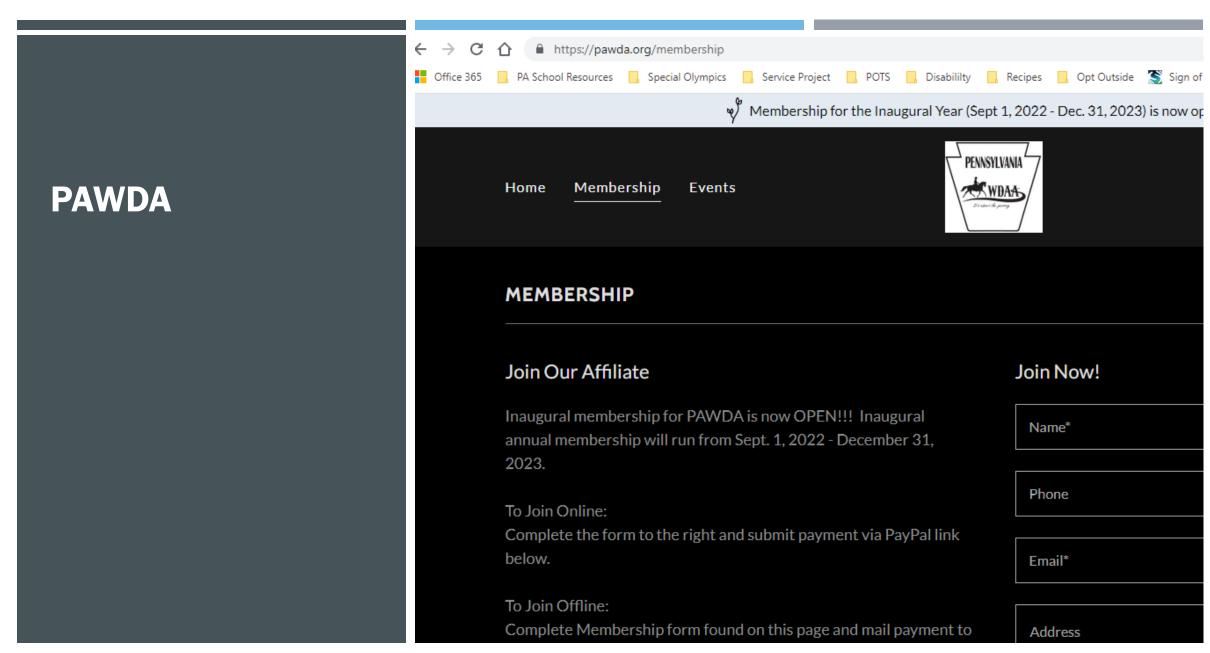
FREE TO WDAA JUNIOR MEMBERS!

This wonderful benefit is available to current WDAA Junior members only. All you need to do is submit a video of a ridden test following the guidelines below. All tests will be judged and commented on by USEF





https://www.westerndressageassociation.org/western-dressage-judges-education



https://pawda.org/