#### **Herbal Elixir Facts and Precautions:**

This information has not been evaluated by the Food and Drug Administration. This information is not intended to diagnose, treat, cure, or prevent any disease.

**PRECAUTION:** Keep out of the reach of children. We recommend that you consult with a qualified healthcare practitioner before using herbal products, particularly if you are pregnant, nursing, or on any medications.

**CA PROP 65 WARNING**: This product can expose you to chemicals including alcohol, which is known to the State of California to cause cancer and/or birth defects or other reproductive harm.

## Deep Breath

Ingredients: Raw Honey, Herbal Extracts (in 40% alcohol): Elecampane Root, Eucalyptus Leaf, Licorice Root, Lungwort, Marshmallow Root, Mullein Leaf, Oregano Leaf, Peppermint Leaf, Plantain Leaf, Thyme Leaf.

Precautions: Take daily for up to 3 weeks at a time and then take a 1 week break. Use Cautiously if you have: gastrointestinal disorders, heart problems, high blood pressure, hypertension, liver or kidney disorders, thyroid problems, are pregnant, or suffering from osteoporosis.

## Deep Detox Elixir

Ingredients: Raw Honey, Herbal Extracts (in 40% alcohol): Burdock Root, Cilantro Leaf, Dandelion Root, Ginger Root, Milk Thistle Seed, Nettle Leaf, Parsley Leaf, Turmeric.

Precautions: Gallstones, liver disease or obstruction of the bile ducts, Have hypertension, Have inflammatory conditions, Have liver or kidney disorders, Pregnant, Stomach ulcer or gastritis, Suffering from diarrhea

## Deep Rooted Healthy Hair Elixir

Ingredients: Raw Honey, Herbal Extracts (in 40% alcohol): Bacopa Leaf, Dandelion Root, Fenugreek Seed, Gotu Kola, Green Tea Leaf, Hibiscus Flower, Lavender Flower, Nettle Leaf, Peppermint Leaf, Rose Bud & Petal, Rosemary Leaf

Precautions: Use cautiously if allergic to the rose family of plants, Gallstones, liver disease or obstruction of the bile ducts, Have diabetes, thyroid problems, stomach ulcer or gastritis, take blood thinners or MAO inhibitor antidepressants.

# **Divine Shakti Elixir**

Ingredients: Raw Honey, Herbal Extracts (in 40% alcohol): Shatavari, Raspberry leaf, chaste berry, nettle leaf, Fennel, rose petals, Hibiscus, Chrysanthemum, Roses, Lavender, linden flower, lemon verbena, lemon peel, cinnamon, green rooibos, and stevia.

Precautions: Do not use during pregnancy without medical supervision. Avoid use if you are taking diuretic drugs, have heart disease, or kidney related disorder. Avoid hibiscus if you are allergic or

sensitive to it or members of the Malvaceae plant family. Do not use if you are allergic to the pollen found in chrysanthemum flowers. Stop consuming chrysanthemum if you have a reaction like a skin rash or respiratory irritation. Chrysanthemum may also interact with prescription medications. Chaste berry may also decrease the effectiveness of birth control pills and dopamine-decreasing medications, such as antipsychotic drugs. Raspberry leaf may increase the risk of premature delivery.

#### Flu Bru

Ingredients: Raw Honey, Herbal Extracts (in 40% alcohol): Ashwagandha Root, Astragalus Root, Echinacea Root, Elderberry, Eleuthero Root, Olive Leaf, Tulsi (Holy Basil), Kalonji Seed (Nigella Sativa), Reishi Mushroom, Feverfew, Ginger Root, Lavender Flower, Passionflower, Peppermint, Rosemary, Valerian Root, White Willow Bark, Elder Flower, Rose Hips, Ginger, Anise Seed, Thyme, Yarrow, and Calendula.

Precautions: Avoid use if you have anemia, bronchitis, high blood pressure, heart disease, high fever, inflammatory or auto-immune conditions, vertigo, pregnant, stomach ulcer, gastritis, taking sedatives, sleeping medications or stimulants.

# **Head Re-Leaf**

Ingredients: Raw Honey, Herbal Extracts (in 40% alcohol): Feverfew, Ginger Root, Lavender Flower, Passionflower, Peppermint Leaf, Rosemary Leaf, Valerian Root, White Willow Bark.

Precautions: Take daily for 2 to 3 weeks at a time and then take a 1 week break. Use cautiously if you have high fever, hypertension, stomach ulcer, gastritis, are taking sedatives or sleeping medications.

## Immune Renew

Ingredients: Raw Honey, Herbal Extracts (in 40% alcohol): Ashwagandha Root, Astragalus Root, Echinacea Root, Elderberry, Eleuthero Root, Olive Leaf, Tulsi (Holy Basil), Kalonji Seed (Nigella Sativa), Reishi Mushroom.

Precautions: Avoid use if you have anemia, bronchitis, high blood pressure, heart disease, high fever, inflammatory or auto-immune conditions, vertigo, pregnant, or take stimulants

## Muscle ReLeaf

Ingredients: Raw Honey, Herbal Extracts (in 40% alcohol): Black Cohosh Root, Chamomile Flower, Cramp Bark, Ginger Root, Kava Kava Root, Lavender Flower, Rosemary Leaf, St. John's Wort, Turmeric, Valerian Root

Precautions: Use only once per day, for no more than 2 to 3 weeks at a time. Take a 1 week break before resuming. Use cautiously if you are allergic to other members of the daisy family, including ragweed, aster, and chrysanthemum, have any type of chronic disease, bleeding disorders, have fair skin and enjoy exposure to strong sunlight, high fever, hypertension, inflammatory conditions, liver or kidney disorders, measles, are pregnant, taking MAO inhibitor antidepressants, sedative or sleeping medications.

## **Mystic Moon**

Ingredients: Raw Honey, Herbal Extracts (in 40% alcohol): Black Cohosh Root, Chamomile Flower, Chaste Tree Berries, Cramp Bark, Dandelion Leaf, Dandelion Root, Dong Quai Root, Ginger Root, Gingko Biloba Leaf, Raspberry Leaf, St. John's Wort, Valerian Root.

Precautions: Any type of chronic disease is present, gallstones, liver disease or obstruction of the bile ducts, anemia, diabetes, fair skin and enjoy exposure to strong sunlight, measles, pregnant, stomach ulcer or gastritis, taking MAO inhibitor, antidepressants, taking with birth control pills, estrogen supplements, anti-psychotic drugs and other medications that act on the pituitary gland.

#### **Quiet Cough**

Ingredients: Raw Honey, Herbal Extracts (in 40% alcohol): Elderflower, Chamomile, Passion Flower, Peppermint leaf, Coriander seed, Fennel seeds, Licorice root, Marshmallow root, Wild Cherry bark & Slippery Elm bark.

Precautions: Avoid use if you have bronchitis, high blood pressure, heart disease, high fever, inflammatory or auto-immune conditions, vertigo, or are pregnant.

#### Sweet Dreams

Ingredients: Raw Honey, Herbal Extracts (in 40% alcohol): Valerian Root, Mugwort, Chamomile Flower, Ginkgo Biloba, Holy Basil, Lavender Flower, Lemon Balm, Passionflower, Peppermint, Rosemary, Honeybush, Spearmint, Passion Flowers, dried cherries, and Blue Cornflowers

Precautions: Take daily for 2 to 3 weeks at a time and then take a 1 week break. Avoid if allergic to other members of the daisy family, including ragweed, aster, and chrysanthemum, have thyroid problems, taking sedative or other sleeping medications

#### **Tantra Elixir**

Ingredients: Raw Honey, Herbal Extracts (in 40% alcohol): Ashwagandha Root, Damiana Leaf, Eleuthero Root, Ginkgo Biloba Leaf, Horny Goat Weed, Muira Puama, Saw Palmetto Berry, Tribulus Fruit. Precautions: Do not use with the following conditions; enlarged prostate, heart disease, high blood pressure, history of breast, uterine, or prostate cancer, or during pregnancy or nursing. Discontinue use immediately if allergy or sensitivity occurs.

Precautions: Daily for 6-8 weeks, then take a 1 week break
Do not use with the following conditions; congested, enlarged prostate, high blood pressure, history of breast or uterine cancer, or during pregnancy.