

Short Academic Motivation Scale (SAMS) ([Kotera, Conway & Green, 2020](#))

Why do you go to college?

Using the scale below, indicate to what extent each of the following items presently corresponds to one of the reasons why you go to college.

Does not correspond at all	Corresponds a little	Corresponds moderately	Corresponds a lot	Corresponds exactly		
1	2	3	4	5	6	7

1. Because I think that a college education will help me better prepare for the career I have chosen.
2. In order to obtain a more prestigious job later on.
3. For the pleasure I experience when I discover new things never seen before.
4. Because eventually it will enable me to enter the job market in a field that I like.
5. For the pleasure that I experience when I read interesting authors.
6. For the pleasure that I experience while I am surpassing myself in one of my personal accomplishments.
7. Because of the fact that when I succeed in college I feel important.
8. For the pleasure that I experience when I feel completely absorbed by what certain authors have written.
9. I can't see why I go to college and frankly, I couldn't care less.
10. In order to have a better salary later on.
11. Because my studies allow me to continue to learn about many things that interest me.
12. I don't know; I can't understand what I am doing in school.
13. Because college allows me to experience a personal satisfaction in my quest for excellence in my studies.
14. Because I want to show myself that I can succeed in my studies.

Instruction

Calculate an average of each subscale.

Intrinsic Motivation to Know: 3, 11. Intrinsic Motivation toward Accomplishment: 6, 13.

Intrinsic Motivation to Experience Stimulation: 5, 8. Identified Regulation: 1, 4. Introjected Regulation: 7, 14. External Regulation: 2, 10. Amotivation: 9, 12.