



# Mount Vernon Civic Association, Inc.

Winter 2019

[www.MountVernonCivicAssociation.org](http://www.MountVernonCivicAssociation.org)

Belle Rive • Ferry Landing Estates • Ferry Landing Villa • Ferry Point Estates • Mount Vernon Forest • Mount Vernon Grove • Mount Vernon Park • Oxford • Riverbend • Riverwood • Vernon Square • Washington Woods • Westgate • Wycliffe on the Potomac • Yacht Haven Estates

## PRESIDENT'S MESSAGE

*“The purpose of life is to contribute in some way to making things better.”*

– Robert F. Kennedy

Happy New Year! I hope everyone had a great holiday season. Please join us Wednesday, Jan. 9, 2019 in the Washington Mill Elementary School library for our annual meeting. Pizza and drinks will be served at 7 p.m. and our meeting will begin at 7:30 p.m.

Our guest speaker is Doug MacCleery, who will discuss the recent wildfires in the west. Doug is a retired U.S. Forest Service policy analyst, former deputy assistant secretary of agriculture, and former California wildland firefighter. During the meeting, Doug will discuss the backstory and history behind the recent wildfire problem taking place in California.

I want to thank Lt. Jeff Carney for his informative presentation on the Thieves Market fire. The presentation included GoPro video images of the fire and the collapse of the building. The investigation was informative and indicated there was no foul play. Attendees also learned about the dangers associated with using fuse box switches to turn off lights and extension cords as permanent wiring solutions.

Please thank Poul Hertel for his hard work on combating the air traffic noise in our area. He has an informative new noise study showing the potential effect of the proposed route on area residents. I urge members to continue to call and voice our opposition to our elected officials and the FFA. Poul will provide more details at our annual meeting.

Supervisor Dan Stork announced that the presentation of the new plan for renovation of the Old Mt. Vernon High School has been delayed because project development team concepts were not aligned with the vision of Fairfax County officials.

Per the article in *Covering the Corridor* on Nov. 12, 2018, the development team had presented a housing-only concept and not a mixed-use development as requested by our county officials. The county officials' goal of a zero-cost project, incorporating educational, recreational and non-profit uses, will be difficult to achieve. County officials have requested two to three concepts that will please the overall community. Hopefully we will have some initial concepts to review in the first part of the year. We need to stay vigilant about the GW Rec Center and confirm that the pool use is expanded as promised.

It's that time of year: the 2019 annual dues notice is available and in this newsletter. We are also in a directory year, so please update your contact information and any services (i.e. babysitting, lawn mowing, etc.) your younger family members provide. We appreciate your prompt response. If you are new to the neighborhood, the neighborhood directory is included as part of the \$25 annual membership fee. It's a great way to reach out to neighbors!

I look forward to seeing you around the neighborhood. As always, please feel free to email me at [mclucid@verizon.net](mailto:mclucid@verizon.net).

**Sean McCarthy**  
*MVCA President*

# AIR TRAFFIC UPDATE

## New Noise Study Now Available

Scientific evidence has finally brought some clarity to the debate – and it is unequivocal. The Mount Vernon area will be impacted significantly by the proposed new take off route. The FAA presented its preliminary noise study to the DCA Community Working Group on December 6, 2018 to reveal the potential effects of modifying the Southerly take off route to fly down the Potomac, and then cycle around our area and finally exit over Fort Belvoir.

The proponents of this move have presented the proposal as having minimal effect on the Mount Vernon Estate, our area and Fort Belvoir. However, it turned out to be based on wishful thinking and a misunderstanding, or disregard of aircraft procedures and science. Now that the study is in, it validates the concerns we have been raising in recent months.

To quote the Arlington representative on the Noise Group, “This just shifts the noise from one group to another, and the other group does not even know what’s coming their way.”

The expected effect is to diminish the noise significantly over the area the planes currently fly

over, and to dramatically increase it in our area. This is not the right way to solve the noise problems caused by the introduction of the NEXTGEN flight system that concentrates the noise over the same path.

Although we recognize that those who are currently suffering from its effects are doing so unfairly, but it is also unfair to simply shift the noise onto our community, and to disregard our concerns as the Fairfax representatives have done. Dispersion rather than concentration of the flight paths is the only answer. (See map below)

The FAA will hold public hearings on the proposal to move the flight path over our area soon. Unfortunately, the notices and information for these meetings are supposed to be disseminated by the very representatives that have not been fair to our area, and who are the original proponents of this proposal.

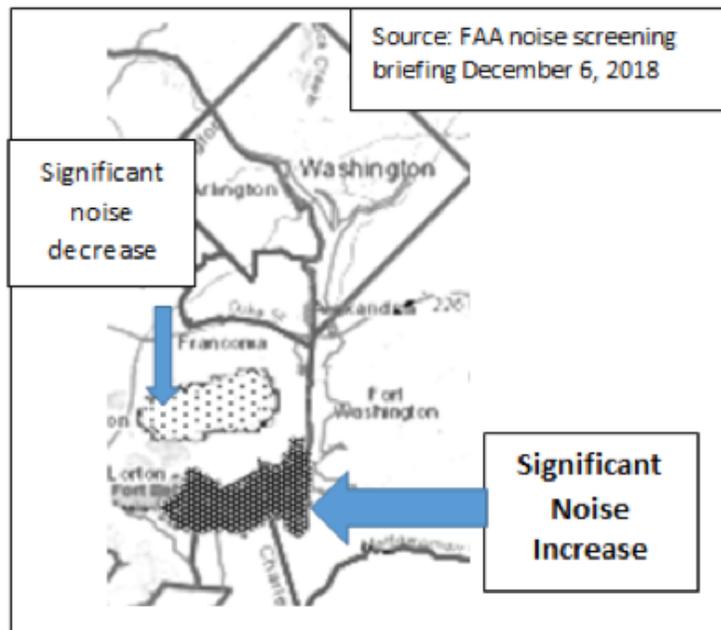
Area residents can help improve this situation by attending the meetings, if you can find out when and where they are, and to submit a complaint about noise, when you hear it.

**Poul Hertel**

*MVCA Guest Contributor*

### How to Submit an Aircraft Noise Complaint for Reagan National

<http://www.flyreagan.com/dca/dca-reagan-national-submit-noise-complaint>



*PLEASE TEAR OUT, COMPLETE AND MAIL BACK TO P.O. BOX LISTED BELOW!*

# Mount Vernon Civic Association, Inc.

Belle Rive • Ferry Landing Estates • Ferry Landing Villa • Ferry Point Estates • Mount Vernon Forest •  
Mount Vernon Park • Oxford • Riverwood • Vernon Square • Westgate • Wycliffe • Yacht Haven  
P.O. Box 61, Mount Vernon, Virginia 22121

Hello Friends and Neighbors!

It's time to once again **renew your membership in the Mount Vernon Civic Association**. We especially welcome new Mt Vernon Neighbors and hope that you will join our group if you haven't already. This annual membership offers members the satisfaction of supporting their community. Your membership dues are vital to continuing our services:

- Offset the publication and mailing costs of our **quarterly newsletter**, your link to the local happenings and in the Mount Vernon District
- Fund our **annual community picnic**
- Pay utility costs for **lighting to the landscape fixtures** for the Cherrytree Drive, Ferry Landing Road, Riverwood Road, and Old Mount Vernon Road neighborhood signs
- Pay our dues in the Mount Vernon Council of Civic Association—the larger citizen government body that represents participating members' issues like **airplane noise, flooding streets, zoning issues to the Fairfax County Supervisors**
- Guarantee that you will receive your issue of the **bi-annual MVCA directory**
- Provide the pizza and drinks members share prior to our **general membership meetings** where we hear from speakers who address issues that are relevant to our community.

Ultimately, your membership supports **you**. The MVCA is here to represent the neighborhood's interests in the Mount Vernon District and beyond. The association works to keep alive the camaraderie and spirit that makes our neighborhood the warm, friendly place it is. The items in the list above are the tangible items that you receive with your membership; the pride for keeping our organization strong is the personal reward for supporting your community.

The Mount Vernon Civic Association hopes that you will renew your membership—or start fresh with a new membership—especially in this directory producing year. Those lucky enough to have been in our neighborhood for years well know that the directory is our community's connection to neighbors, local businesses, and historical background of our neighborhood's past.

**Please fill out the form on the reverse of this sheet and return, along with a check or online payment for \$25.00, to the MVCA to keep alive our community spirit.**

Thank You!

Mount Vernon Civic Association Membership Committee

PLEASE TEAR OUT, COMPLETE AND MAIL BACK TO P.O. BOX LISTED BELOW!

# Mount Vernon Civic Association Membership Form

By March 3, 2019, kindly complete and mail to:  
Mount Vernon Civic Association, PO Box 61, Mount Vernon VA 22121

**YES!** I want to amplify our community's voice with local government, support our neighborhood watch program, connect to essential local communications & contribute to our quarterly community newsletter, biennial directory & annual community picnic.

\$25 check enclosed.  Pay by credit card at [www.mountvernoncivicasociation.org](http://www.mountvernoncivicasociation.org).

## 2019-2020 Mount Vernon Civic Association Membership Directory Information

Please list the primary homeowners at my address as follows:

Name: \_\_\_\_\_  
Honorific/Title Last Name First Name

Name: \_\_\_\_\_  
Honorific/Title Last Name First Name

Address: \_\_\_\_\_

Please list my phone and/or email in the Directory as follows:

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Please list in the Directory, **AT NO ADDITIONAL COST**, the following **non-professional services that individuals from my house offer our community**: (Include services such as babysitting, pet-care, snow-shoveling, computer assistance, house sitting, lawn care/ mowing, tutoring, transportation, etc. Please add additional offerings on a separate sheet.)

\_\_\_\_\_  
Name Service

**Please contact me, I'd like to learn more about buying ads for my non-profit or professional business in the Directory and/or quarterly newsletters.** (Kindly enclose your business card, or reach out to Maggie Jones 703-360-4750, [threemj@gmail.com](mailto:threemj@gmail.com))

### Getting Involved & Staying Connected

I'd like to learn more about helping with:

- Appearance and Maintenance  Block Captain  Budget & Finance  Consumer Affairs
- Education  Environment & Recreation  Health & Human Services  Local Government
- Membership & Directory  Neighborhood Watch  Newsletter  Planning & Zoning
- Public Safety  Social Activities/Picnic  Transportation
- I'd like an online invitation to link to our community via NEXTDOOR Online.
- I'd like an email reminder about our community picnic and association general meetings.

## PUBLIC SAFETY - WINTER TIPS

- Clear all car windows of ice and snow. Watch out for slippery steps and sidewalks. Stay clear of snowplows and their grit spreaders - the plow drivers have limited visibility. Allow extra time and space to slow down and stop. Keep flashlights and blankets in cars.
- Virginia State Law: Keep vehicle headlights on when wipers are on. Remember: many cars' rear lights are not on when only the front parking lights are on.
- Be careful near school buses and school bus stops. Remember: slippery and icy spots can re-freeze.
- Ensure that your motion-sensitive and other outdoor lighting is working both for safety and security purposes.
- Check your fire extinguishers, smoke alarms, carbon monoxide detectors.
- Wear reflective clothing and/or belts when walking, jogging. Carry a cell phone, some ID and a whistle. Do not assume drivers can see you when crossing streets/roads.
- The MVCCA Transportation Committee met recently to hear the reports of VDOT and County DOT representatives regarding:
  - Improved crosswalk pavement marking and signage
  - Construction of a Mount Vernon Trail from Route One to the Mount Vernon Estate along 235 (Mount Vernon Memorial Highway), with a buffer area of eight feet between 235 and a proposed trail of 10 feet .

The VDOT report/survey crosswalks had not yet been signed off by VDOT but the VDOT representative estimates it will be released in early 2019. The FC DOT survey had been completed from Peartree Court to Southwood but there were some complications around drainage, and safety concerns regarding multiple crossings across 235. MVCA will be following up on the above and other related matters in the coming months.

**John A. Hurley**  
*Public Safety Representative*

## HEALTH & HUMAN SERVICES

Hello neighbors! In this submission, I will discuss a commonly seen dermatological problem: rosacea, an inflammatory disease of the face, which has an genetic (inhereditary) predisposition.

Although it is most commonly seen in fair skinned individuals, it can be seen in all races. Most commonly, rosacea occurs later in adulthood, but I've seen many teenagers with both acne and rosacea; as they age, the acne subsides but the rosacea persists.

There are four types of clinical presentations of rosacea: **Type One**, known as erythematelangectatic, presents as facial flushing (red face) with telangectasia (broken blood vessels); **Type Two**, papulopustular, resembles teenage acne with red bumps and pustules; **Type Three**, called rhinophymia, results in a swollen red bulb of the nose that can flare with exposure to triggers; and, **Type Four**, ocular rosacea, presents with clustered red bumps around the eyes.

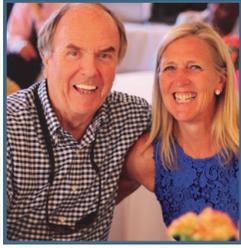
There is also a fifth type, perioral dermatitis, which is quite common, usually in young women and presents as red bumps and fine pustules around the mouth and corners of the nose. It is often mistaken as acne and incorrectly treated with acne topical medications,

resulting in unnecessary irritation. There are outside triggers for this type of rosacea that could cause a flare of the disease, for example, alcohol, caffeine, extreme heat or cold and stress. Treatment always includes avoidance of these triggers.

I divide medical intervention into topical and systemic. The common topical approach includes topical antibiotics metronidazole (metrogel), topical sulfur (my go-to) and azelaic acid (finacea).

Topical acne antibiotics can be used, but their bases (alcohol or gel) can lead to unnecessary drying. Mild topical cortisone also can be used for short durations, but should be for limited use to avoid side effects. Systemic therapy includes internal antibiotics, but the usage today is in submicrobial doses to avoid most side effects. Doxycycline is my favorite choice. Rosacea is not a health-threatening problem, but it can be life-altering and can be improved with the right therapy. The good news is that any dermatologist, physician (or P.A. or nurse practitioner) can help with options.

**Marvin Chadab, M.D.**  
*Health & Human Services Chair*



# CHRIS & PEGGY WHITE

## “THE AREA’S LEADING REAL ESTATE TEAM”



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★★★★★ Highly likely to recommend

02/18/2017 - [hirates](#)  
Sold a Single Family home in 2017 in Alexandria, VA.

- Local knowledge: ★★★★★
- Process expertise: ★★★★★
- Responsiveness: ★★★★★
- Negotiation skills: ★★★★★

Chris White is an exceptional real estate professional. In January 2017, Chris White sold our home three days after he listed it. Our home languished on the market for 6 months from June to December 2016, we made a change in agents, and Chris White sold our home at our full asking price.

He is a consummate professional. We highly recommend using him. We would use him again.[Less](#) ^

★★★★★ Highly likely to recommend

02/01/2017 - [viju nasir dilley](#)  
Bought and sold a Single Family home in 2017 for approximately \$475K in Alexandria, VA.

- Local knowledge: ★★★★★
- Process expertise: ★★★★★
- Responsiveness: ★★★★★
- Negotiation skills: ★★★★★

Chris and his team are simply the best! We talked to Chris back in November about making an offer on a house and getting our current house sold. Last week we settled on both properties and it would not have been possible without Chris. Anyone who knows the Mount Vernon area is familiar with the pages of properties The White Team is credited with selling in the weekly Gazette. Knowing how busy he is, everyday time we communicated with Chris either via email or phone we always felt as if we were his only customer, knowing full well he was very busy. He worked tirelessly on our behalf, negotiating with the other realtors and always had our best interests in mind. We have two small children and two dogs and would try to make showings as convenient and stress-free as possible. We have referred many friends to Chris who are looking to buy and sell just as we did. The Whites are the best realtors around, we could not have asked for better agents![Less](#) ^

Your home is your most valuable asset! When it is time to sell, don't take a chance—always call CHRIS & PEGGY WHITE — THE AREA’S PROVEN LEADERS!

CHRIS & PEGGY WHITE ● (703) 283-9028 ● [Chris.White@longandfoster.com](mailto:Chris.White@longandfoster.com)

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reservations@cedarknollva.com 9030 Lucia Lane Alexandria, VA 22308 www.cedarknollva.com

# Mount Vernon Civic Association, Inc.

## Officers

President: Sean McCarthy ..... 703-360-0372  
1st Vice President: Jason Leaver ..... 703-799-6739  
2nd Vice President: Karan Cerutti ..... 703-778-4442  
Secretary: Lisa Faustlin ..... 303-396-5164  
Treasurer: Mary Jo Jensen ..... 248-245-7224

## Directors

John Hurley ..... 703-799-9353  
Dan Rinzel ..... 703-360-4627  
Paul Schray ..... 703-619-9377

## Committee Chairs

Budget and Finance: Jason Leaver ..... 703-799-6739  
Education: VACANT  
Environment & Recreation: Gale Curcio... ..... 703-360-3621  
Health & Human Services: Marv Chadab..... 703-360-9537  
Membership/Directory: Maggie Jones ..... 703-360-4750  
Neighborhood Watch: Ted Thompson ..... 703-780-1972  
Planning & Zoning: Karen Cerutti ..... 703-778-4442  
Public Safety: John Hurley ..... 703-799-9353  
Transportation: John Reiser ..... 703-780-4824

## MVCA Membership Meeting

Wednesday, January 9, 2019

Washington Mill Elementary School  
7 p.m. pizza & soda; 7:30 p.m. program

Our guest speaker will be  
Doug MacCleery, who will discuss the  
recent wildfires in the west. Doug is a  
retired U.S. Forest Service policy analyst,  
former deputy assistant secretary of  
agriculture, and former California  
wildland firefighter.